

# Value of Butyrylthiocholine Assay for Identification of Cholinesterase Variants

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Two unusual variants of cholinesterase (acylcholineacylhydrolase, 3.1.1.8) have been recognized by the use of differential inhibitors (Kalow and Genest, 1957; Harris and Whittaker, 1961). A third variant, the silent gene, determines an absent or greatly reduced serum cholinesterase level in the affected homozygote (Liddell, Lehmann, and Silk, 1962). These variants are alleles, and the affected homozygote is usually discovered because of an unexpected sensitivity to the muscle relaxant suxamethonium. Another variant, not an allele of the first group, is recognized by gel electrophoresis (Harris *et al.*, 1963) and has not been investigated in this paper.

Inhibitor studies on the first group have used an assay with benzoylcholine as substrate (Kalow and Lindsay, 1955). The results obtained with the different genotypes are summarized in Table I. Two nomenclatures have been proposed. Both are given in the Table, and that of Goedde and Baitsch (1964) has been used in this paper.

Ellman *et al.* (1961) described a cholinesterase assay using acetylthiocholine. This has the disadvantage that acetylthiocholine is hydrolysed by

acetylcholinesterase as well as cholinesterase, while the butyryl analogue is relatively specific for cholinesterase (Myers, 1953). This paper describes the use of a butyrylthiocholine assay for investigating the cholinesterase variants.

## Material and Methods

**Sera of known genotype.**  $Ch_1^U$  homozygotes were individuals with normal inhibition values in the standard benzoylcholine assay. The  $Ch_1^D$  homozygote used in the preliminary work had characteristic inhibition values in the benzoylcholine assay, and a family study was compatible with this genotype. The  $Ch_1^F$  homozygote has been previously reported by Liddell, Lehmann, and Davies (1963). The sera used in the latter half of the results had again been identified by the benzoylcholine assay, and were from suxamethonium-sensitive propositi or their relatives. Many of the samples were provided by Professor H. Lehmann, Addenbrooke's Hospital, Cambridge, and Dr. Mary Whittaker, King's College, London.

**Butyrylthiocholine assay.** The principle of the method is that thiocholine produced by substrate hydrolysis reacts with 5-5' dithio-bis (2-nitrobenzoate) (DTNB) to give the nitrobenzoate anion absorbing strongly at 408  $m\mu$ .

TABLE I  
NOMENCLATURE AND BIOCHEMICAL CHARACTERISTICS OF CHOLINESTERASE GENOTYPES AT  $Ch_1(E_1)$  LOCUS

Goedde and Baitsch (1964)	Motulsky (1964)	Dibucaine No.	% Inhibition by R02-0683	Fluoride No.	Alcohol No.
<i>Homozygotes</i>					
$Ch_1^UCh_1^U$	$E_1^UE_1^U$	77-83	95	57-68	156-189
$Ch_1^DCh_1^D$	$E_1^DE_1^D$	15-25	10	20-25	36-61
$Ch_1^FCh_1^F$	$E_1^FE_1^F$	64-67	75-86	34-35	—
$Ch_1^SCh_1^S$	$E_1^SE_1^S$	—	—	—	—
<i>Heterozygotes</i>					
$Ch_1^UCh_1^D$	$E_1^UE_1^D$	52-69	58-76	42-55	106-148
$Ch_1^UCh_1^F$	$E_1^UE_1^F$	71-78	97-95	50-55	145-166
$Ch_1^UCh_1^S$	$E_1^UE_1^S$	77-83	95	57-68	156-189
$Ch_1^DCh_1^F$	$E_1^DE_1^F$	47-53	47-61	31-39	99-122
$Ch_1^DCh_1^S$	$E_1^DE_1^S$	15-25	10	20-25	36-61
$Ch_1^FCh_1^S$	$E_1^FE_1^S$	64-67	75-86	34-35	—

2.9 ml. aliquots of 0.27 mM DTNB (Sigma) in 0.067 M phosphate buffer, pH 7.4, were dispensed in 5 ml. disposable plastic containers. 10 or 20  $\mu$ l. plasma and 100  $\mu$ l. 225 mM butyrylthiocholine iodide (Koch-Light Laboratories) were added. The increase in optical density at 408 m $\mu$  was measured in a Unicam Sp 800 recording spectrophotometer. The constant temperature cell housing was maintained at 25° C. The final concentration of butyrylthiocholine iodide was 7.5 mM. One unit of activity was that producing the hydrolysis of 1 micromole substrate in 1 minute at 25° C. The molar extinction coefficient of the thiocholine DTNB reaction product at 408 m $\mu$  was found to be 13,600. Therefore: units/ml. =  $\Delta$ /min  $\times$  221/ $\mu$ l. of sample. The  $Q_{10}$  of cholinesterase in this assay was found to be 1.9. Temperature correction could therefore be made by adding or subtracting 9% for each °C. variation of the reaction mixture from 25° C.

The spontaneous hydrolysis of butyrylthiocholine under these conditions was found to give an increase in optical density of less than 0.005/minute. This could usually be ignored but was measured and used to correct the results when appropriate. Red cell haemolysates had a hydrolytic activity of approximately 0.3% of normal plasma.

**Inhibitors.** The following inhibitors were used: dibucaine hydrochloride (Koch-Light); sodium fluoride, AR (BDH); R02-0683 (Hoffman La Roche); the dimethylcarbamate of (2 hydroxy-5-phenylbenzyl) trimethyl ammonium bromide; n-Butanol (Fison; May and Baker; BDH; AR, special for chromatography and specially purified for the determination of 17-ketosteroids).

## Results

**Substrate concentration.** The effect of the substrate concentration on the cholinesterase activity of sera from  $Ch_1^U$ ,  $Ch_1^D$ , and  $Ch_1^F$  homozygotes was determined (Fig. 1).

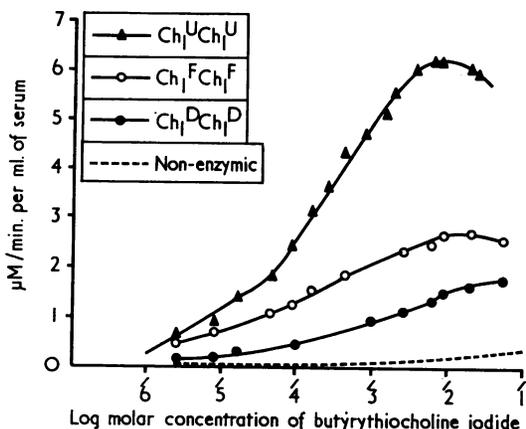


FIG. 1. The effect of butyrylthiocholine concentration on the rate of hydrolysis produced by sera from  $Ch_1^UCh_1^U$  ( $\blacktriangle$ ),  $Ch_1^DCh_1^D$  ( $\bullet$ ),  $Ch_1^FCh_1^F$  ( $\circ$ ) individuals.

TABLE II

VALUES FOR  $K_m$  AND OPTIMAL SUBSTRATE CONCENTRATION

Genotype	$K_m$ (mM/litre)	Optimal Substrate Concentration (mM/litre)
$Ch_1^U$ $Ch_1^U$	0.145	7.5
$Ch_1^D$ $Ch_1^D$	0.895	14
$Ch_1^F$ $Ch_1^F$	0.095	8.0

The values for  $K_m$  and optimal substrate concentration are given in Table II.

A concentration of 7.5 mM butyrylthiocholine was chosen for the subsequent investigations. With all three genotypes the change in the optical density with time was found to be linear up to 0.40. Variation in DTNB concentration in the range 0.1 to 0.8 mM/litre was found to produce no significant change in the result.

**Dibucaine inhibition.** The inhibition produced by varying concentrations of dibucaine on sera from the  $Ch_1^U$ ,  $Ch_1^D$ , and  $Ch_1^F$  homozygotes was measured using the above assay (Fig. 2). The results were similar to those obtained with benzoylcholine as substrate. Optimum differentiation of the three sera was obtained with 100  $\mu$ M dibucaine instead of the 10  $\mu$ M concentration used with benzoylcholine.

**R02-0683 inhibition.** The inhibition produced by varying concentrations of this inhibitor on sera from the three homozygotes was measured (Fig. 3). The inhibitor and serum were added to the DTNB in phosphate buffer and pre-incubated for 2 hours at room temperature before adding substrate. The activity was compared with sera similarly pre-incubated without inhibitor. The results were identical with those obtained using benzoylcholine.

**Fluoride inhibition.** The effect of fluoride was investigated in a manner similar to that for dibucaine (Fig. 4).

When benzoylcholine was used, the usual enzyme was strongly inhibited, the  $Ch_1^D$  variant weakly inhibited, and the inhibition of the  $Ch_1^F$  variant was intermediate (Table I). With butyrylthiocholine the  $Ch_1^D$  variant was most strongly inhibited, the usual enzyme less so, and the  $Ch_1^F$  variant least of all.

**Butanol inhibition.** Whittaker (1968a, b) showed that low concentrations of alcohols activated cholinesterase, and higher concentrations inhibited when benzoylcholine was used as a sub-

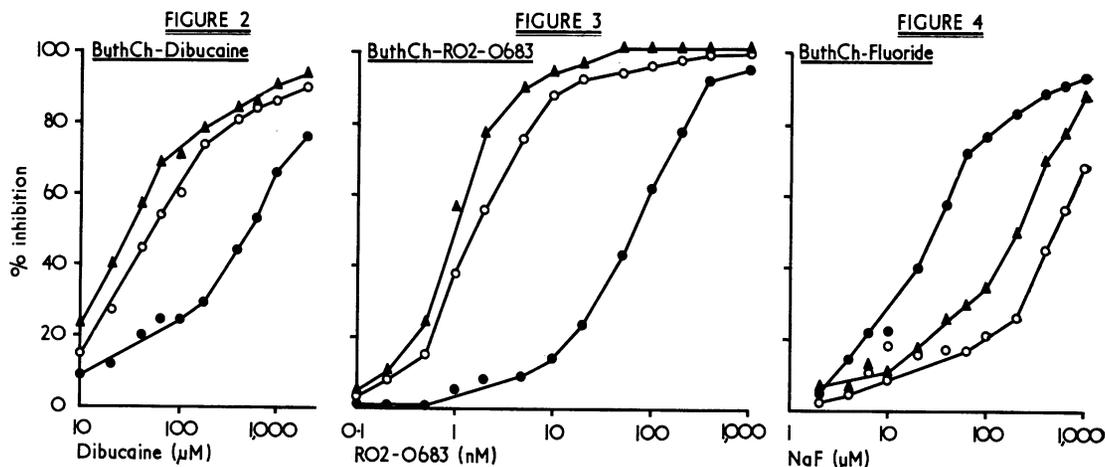


FIG. 2. The effect of dibucaine concentration on butyrylthiocholine hydrolysis by sera from  $Ch_1^UCh_1^U$  (▲),  $Ch_1^DCh_1^D$  (●), and  $Ch_1^FCh_1^F$  (○) individuals.

FIG. 3. The effect of R02-0683 concentration on butyrylthiocholine hydrolysis by sera from  $Ch_1^UCh_1^U$  (▲),  $Ch_1^DCh_1^D$  (●), and  $Ch_1^FCh_1^F$  (○) individuals.

FIG. 4. The effect of fluoride concentration on butyrylthiocholine hydrolysis by sera from  $Ch_1^UCh_1^U$  (▲),  $Ch_1^DCh_1^D$  (●), and  $Ch_1^FCh_1^F$  (○) individuals.

strate. There was a differential effect on the variants and 1% butanol gave the clearest distinction between the  $Ch_1^U$  and the  $Ch_1^D$  variant. The  $Ch_1^F$  variant was not clearly distinguished from  $Ch_1^U$ .

It was found that higher concentrations of butanol were required to produce a comparable effect when butyrylthiocholine was used as substrate. For instance, 5% butanol activated usual cholinesterase to about 140% of the original activity and inhibited the activity of the enzyme from a  $Ch_1^D$  homozygote to 30% of the original level. This concentration of butanol in the benzoylcholine assay produced virtually complete inhibition of all three variants.

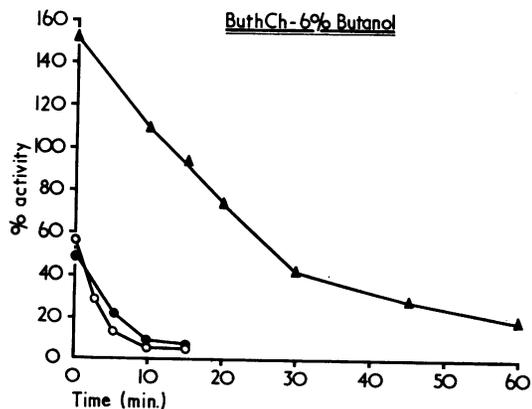


FIG. 5. The effect of varying periods of preincubation with 6% butanol on the butyrylthiocholine hydrolysis by sera from  $Ch_1^UCh_1^U$  (▲),  $Ch_1^DCh_1^D$  (●), and  $Ch_1^FCh_1^F$  (○) individuals.

With 6% butanol (the limit of solubility of butanol), there was a progressive loss of activity when the serum was pre-incubated with the DTNB/butanol/phosphate buffer mixture before the addition of butyrylthiocholine. This loss of activity was slower with the usual enzyme, than with both the  $Ch_1^D$  and  $Ch_1^F$  homozygotes (Fig. 5). After 15 minutes, about 90% of the activity of the usual cholinesterase remained, and less than 10% with the  $Ch_1^D$  and  $Ch_1^F$  variants. Identical results were obtained with butanol from 3 different manufacturers, including that purified for steroid estimations and for chromatography. Purification of the butanol by distillation did not affect the results. The activity could not be recovered by dialysis against DTNB/phosphate buffer.

A similar result was obtained with 25% ethanol.

**Differentiation of genotypes.** The effect of the above inhibitors on the butyrylthiocholine assay of a number of sera of different genotypes was investigated.

The following conditions were used:

(1) *Dibucaine HCl*. The addition of 30  $\mu$ l. 10 mM solution to 2.9 ml. DTNB phosphate buffer giving a final concentration of 100  $\mu$ M.

(2) *R02-0683*. 30  $\mu$ l. 1  $\mu$ M R02-0683 was added to 2.9 ml. DTNB/phosphate buffer. 10 or 20  $\mu$ l. sera was added and incubated at room temperature for 2 hours. The activity was compared with that produced by similar incubation in the absence of inhibitor.

(3) *Fluoride*. Estimated as for dibucaine HCl, giving a final concentration of 100  $\mu$ M sodium fluoride.

(4) *Butanol*. The DTNB was dissolved in 6% butanol in phosphate buffer. 10 or 20  $\mu$ l. serum was added to 2.9 ml. butanol/DTNB/phosphate buffer at room temperature. 100  $\mu$ l. substrate was added precisely 15 minutes later. The activity was compared to that of the same sera incubated in the absence of butanol.

The results are shown in Table III.

TABLE III

EFFECT OF DIBUCAINE, R02-0683, SODIUM FLUORIDE, AND BUTANOL ON BUTYRYLTHIOCHOLINE HYDROLYSING ACTIVITY OF 36 SERA OF KNOWN GENOTYPE: IN EACH CASE RANGE OF RESULTS IS GIVEN, WITH MEAN IN BRACKETS

Genotype	No. of Sera	% Inhibition			% Activity with 6% Butanol
		Dibucaine 100( $\mu$ m)	R02-0683 (10nm)	Fluoride (100 $\mu$ m)	
Ch <sub>1</sub> <sup>U</sup> Ch <sub>1</sub> <sup>U</sup>	10	82-88 (84)	94-99 (97)	40-50 (45)	94-108 (100)
Ch <sub>1</sub> <sup>D</sup> Ch <sub>1</sub> <sup>D</sup>	12	14-30 (22)	5-12 (7)	70-81 (76)	3-7 (5)
Ch <sub>1</sub> <sup>F</sup> Ch <sub>1</sub> <sup>F</sup>	3	60-73 (64)	71-75 (73)	30-35 (32)	1-5 (3)
Ch <sub>1</sub> <sup>U</sup> Ch <sub>1</sub> <sup>D</sup>	5	60-68 (63)	66-74 (70)	44-60 (52)	70-78 (74)
Ch <sub>1</sub> <sup>U</sup> Ch <sub>1</sub> <sup>F</sup>	4	70-79 (75)	81-92 (87)	37-41 (39)	70-77 (74)
Ch <sub>1</sub> <sup>D</sup> Ch <sub>1</sub> <sup>F</sup>	2	59-63 (61)	58-69 (63)	47-52 (50)	10-12 (11)

### Discussion

The butyrylthiocholine assay is inherently more sensitive than the benzoylcholine method because the hydrolytic activity against the former is greater, and because the molar absorptivity of the nitrobenzoate anion is greater than that of benzoylcholine. The method can also be made much more sensitive by increasing the volume of serum up to 200  $\mu$ l. if DTNB is first allowed to react with free thiol groups in the serum. This is impossible with benzoylcholine because protein absorbs strongly at 240  $\mu$ . A butyrylthiocholine assay therefore requires only 2 minutes in a recording spectrophotometer instead of at least 5 minutes with benzoylcholine. This is important in survey work. The method is also sufficiently sensitive to detect the small cholinesterase-like activity in the sera of Ch<sub>1</sub><sup>S</sup> homozygotes.

The inhibitions of butyrylthiocholine hydrolysis by both dibucaine and R02-0683 were similar to that with benzoylcholine.

Fluoride produced different effects in the two

methods. With benzoylcholine the variants are inhibited in the order Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>F</sup>Ch<sub>1</sub><sup>D</sup>, while with butyrylthiocholine the order was Ch<sub>1</sub><sup>D</sup>Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>F</sup> (Fig. 4). Results similar to those with butyrylthiocholine were found when 5 mM acetylthiocholine was substituted for the former. A theoretical explanation of the effect of the positively charged inhibitors such as dibucaine and R02-0683 is that the anionic site of the enzyme is less negatively charged in the Ch<sub>1</sub><sup>D</sup> variant than in the usual cholinesterase. The fact that the negatively charged fluoride anion differentially inhibits benzoylcholine hydrolysis in a similar manner has been used as an argument against this hypothesis. The results with butyrylthiocholine weaken the objection. The mechanism of fluoride inhibition of enzymes is not known, and the difference between the inhibition of butyrylthiocholine and benzoylcholine cannot be explained.

The results obtained with butanol incubation may be due to denaturation of the enzyme and not to inhibition. The effect is not likely to be due to the presence of an unrecognized contaminant, as the same result was obtained with butanol from several different manufacturers and a redistilled sample. The failure to recover cholinesterase activity by dialysis and the similar result obtained with 25% ethanol both support the concept of denaturation. Surgenor and Ellis (1954) precipitated a cholinesterase-containing fraction of human serum with 18% ethanol at pH 3.85 and -5° C.

The benzoylcholine assay with different inhibitors does not clearly distinguish all genotypes. It is difficult to distinguish Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>F</sup> individuals from Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>U</sup> and Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>D</sup>, while Ch<sub>1</sub><sup>F</sup> homozygotes may be confused with the Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>D</sup> heterozygote (Table I). The butyrylthiocholine assay gave improved differentiation of most of these genotypes (see Table II). The best differentiation was obtained by using both the R02-0683 inhibition and butanol inactivation (Fig. 6). The only genotypes which are not clearly distinguished are Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>D</sup> and Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>F</sup>. These can be differentiated by fluoride inhibition, though, as with the benzoylcholine assay, the distinction may not be easy in some cases. Butanol inactivation appears to be the most suitable method of detecting Ch<sub>1</sub><sup>F</sup> gene frequencies in population surveys, as Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>F</sup> individuals can be clearly distinguished from the normal population. Both benzoylcholine and butyrylthiocholine assays are not reliable for detecting the presence of the Ch<sub>1</sub><sup>S</sup> gene as Ch<sub>1</sub><sup>S</sup> heterozygotes are phenotypically similar to the corresponding homozygote, i.e. Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>S</sup> individuals have the same inhibitor values as Ch<sub>1</sub><sup>U</sup>Ch<sub>1</sub><sup>U</sup> subjects, while there is a conspicuous overlap in cholinesterase levels.

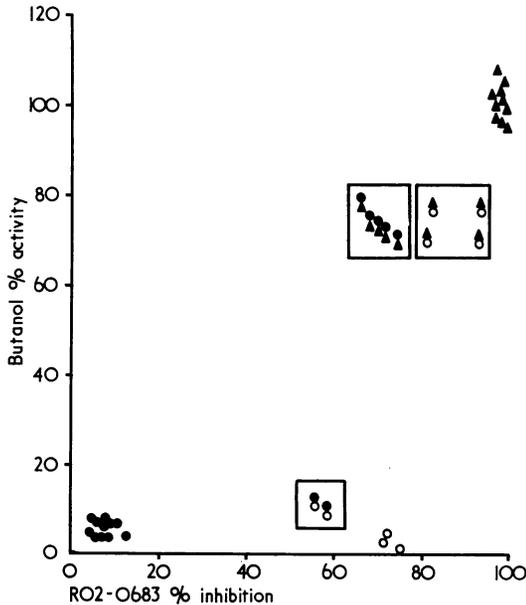


FIG. 6. A graph of the percentage inhibition produced by 10 nM/litre R02-0683 and activity remaining after 15 minutes' incubation with 6% butanol for 36 sera of known genotypes.

- |   |                 |   |                 |
|---|-----------------|---|-----------------|
| ▲ | $Ch_1^U Ch_1^U$ | ● | $Ch_1^U Ch_1^D$ |
| ● | $Ch_1^D Ch_1^D$ | ▲ | $Ch_1^U Ch_1^F$ |
| ○ | $Ch_1^F Ch_1^F$ | ○ | $Ch_1^D Ch_1^F$ |

### Summary

A cholinesterase assay using butyrylthiocholine as substrate has been investigated. It was found to be more rapid and convenient than the benzoylcholine technique.

The effect of dibucaine, R02-0683, fluoride, and butanol on sera from  $Ch_1^U$ ,  $Ch_1^D$ , and  $Ch_1^F$  homozygotes was investigated. Dibucaine and R02-0683 gave similar results to those obtained with benzoylcholine.

Fluoride inhibition of butyrylthiocholine activity

was more obvious with  $Ch_1^D$  than with  $Ch_1^U$  homozygote sera, the reverse of that found with benzoylcholine. Incubation with 6% butanol produced a rapid loss of activity with  $Ch_1^D$  and  $Ch_1^F$  homozygotes and a slow loss with normal sera.

The effect of 100  $\mu$ M dibucaine and fluoride, 10 nM R02-0683, and 6% butanol on the butyrylthiocholine activity of 36 sera of known genotypes was investigated. These techniques gave a more precise identification of the cholinesterase genotype than the usual benzoylcholine assay.

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