LETTERS TO THE EDITOR

Monozygotic twins with 22q11 deletion and discordant phenotypes

I was interested to read the report of Goodship et al (J Med Genet 1995;32:746–8) of monozygotic (MZ) twins with a 22q11 deletion who were discordant for cardiac defects. I have recently met a similar family where all the affected members have had a 22q11 deletion detected by FISH.

Twin 1 has a typical facial appearance of the velocardiofacial syndrome (figure) with nasal speech but no cardiac defect detectable clinically or on ECG. Twin 2 required a pharyngoplasty for nasopharyngeal insufficiency and had surgery for an ASD during childhood. She has a very similar face and both had mild learning difficulties during childhood.

CTG repeat length in muscle from patients affected with myotonic dystrophy (DM)

We read with interest the publication of Martorell et al.4 “Comparison of CTG repeat length expansion and clinical progression of myotonic dystrophy over a five year period”, which appeared in the August issue of this journal. These authors found that the CTG expansion length in peripheral blood cells of DM patients (with varying clinical severity of symptoms and various sizes of repeat amplification) increased over a time span of five years. They compare their data with a similar follow up study comparing CTG expansion sizes in muscle4 in which those authors observed no progression in the size of the CTG length in repeated muscle biopsies from three adult DM patients. According to Martorell et al.,4 one possible explanation for this finding would be a negative selection in muscle above a maximum size limit. In this case continued CTG expansions would be seen only in relatively young DM patients.

We have compared the size of the CTG expansion in muscle and lymphocytes in 19 DM patients of different ages (including three children) and varying clinical severity and our data support such a hypothesis.

In accordance with previous publications5 we have found that the size of the expansion was always greater in muscle than in blood, with no correlation in adults with age at onset or severity of the phenotype.6 However, surprisingly, the smallest difference between the size of the expansion in muscle and the size of the expansion in lymphocytes was observed in the affected children (two with congenital DM and in one 11 year old patient with onset in early childhood). In these three young patients, this difference ranged from 2.1 kb to 4.2 kb while in adult patients it ranged from 5.3 kb to 9.0 kb. A significant correlation (r = 0.64, p < 0.05) was found between patients’ age and the difference in the expansion between muscle and lymphocytes.

In summary, although we have not analysed repeated biopsies from the same person (owing to the difficulty of obtaining such samples), we would like to point out that our data suggest that the size of the CTG repeat in muscle increases with age in young DM affected patients, apparently reaching a plateau in adulthood. Moreover, in young DM cases, it seems that the progression in the size of the CTG expansion in muscle may be greater than that observed in peripheral blood. It would be interesting to observe if this finding is confirmed in other studies.

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Selection for presymptomatic testing for Huntington’s disease: who decides?

With the transfer of presymptomatic testing for Huntington’s disease from research to clinical service, the conflict between making judgements about the candidate’s eligibility to receive a test result and the non-directive ethos of clinical genetics has been felt by many of us. Evidence for adherence to eligibility criteria, rather than reliance on self-selection among at risk subjects, is apparent in published reports. In a survey of all centres offering presymptomatic testing in the United States,7 the majority of the centres (18 out of 26) had postponed or denied testing at least once. Reasons for this included “inappropriate requests” for testing (eg, to confirm a diagnosis of possible HD), as well as decisions based on personal or situational factors affecting the individual which indicate that more caution should be exercised8.

The practice of withholding testing from applicants is clearly at odds with the psychotherapeutic model of genetic counselling, as discussed by Sharpe;9 “the geneticist must explicitly acknowledge that at all times decision making remains under the control of the patient; that the geneticist must act in accordance with a patient’s decisions irrespective of how the geneticist would have proceeded if he or she was the patient”. It also contradicts the notion of providing information in response to the counsellor’s specific questions: an applicant for predictive testing who is suspected to be symptomatic may want to know whether (s)he carries the gene for HD, rather than whether (s)he is currently affected.

There are clearly occasions when the clinician’s concern to “do no harm” is perceived

* It is unclear whether these requests came from clinicians or individual people.