Rothmund-Thomson syndrome: two case reports show heterogeneous cutaneous abnormalities, an association with genetically programmed ageing changes, and increased chromosomal radiosensitivity

B Kerr, G S Ashcroft, D Scott, M A Horan, M W J Ferguson, D Donnai

Abstract

Rothmund-Thomson syndrome is a rare, autosomal recessive disorder associated with characteristic cutaneous changes, sparse hair, juvenile cataracts, short stature, skeletal defects, dystrophic teeth and nails, and hypogonadism. Mental retardation is unusual. An increased incidence of certain malignancies has been reported. Clonal or mosaic chromosome abnormalities and abnormalities in DNA repair mechanisms have been reported in some cases. We report two cases of Rothmund-Thomson syndrome, both with intellectual handicap, associated in one with a previously undescribed histological appearance of involved skin, suggesting that the spectrum of abnormalities is even more heterogeneous than previously presumed. Both cases exhibited chromosomal radiosensitivity of lymphocytes which may be an indication of a DNA repair defect. This is the first report of an association between Rothmund-Thomson syndrome and unique, intrinsic, age related skin changes.

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Key words: Rothmund-Thomson; skin; photogeising; DNA repair.

The principal characteristics of what is now called the Rothmund-Thomson syndrome were established from the descriptions of the original families by August Rothmund and, 67 years later, by Seefelder.1 Rothmund, in 1868, after seeing a 5 year old boy in his clinic in Munich with a peculiar marmorisation of the skin and unilateral cataract, visited the isolated area of the Bavarian Alps in which the family lived. He found an affected family in several towns, all containing a number of children with poikiloderma with and without cataracts.1 Rothmund stated that the skin abnormalities were the most important and consistent changes but that the body habitus of all the affected people was the same. Seefelder reported that one of the affected persons was very short in stature with small hands and short fingers and very short forearms and lower legs. Some of the affected females in these original families had sparse hair1 and only one had had children.2

The principal clinical characteristics of the syndrome were thus established as universal skin changes, namely striae, atrophy, and abnormal pigmentation,1 short stature, variable cataract, hypogonadism, and sparse hair. Bloch and Stauffer3 in 1929 reported two cases with marked hypogonadism, dystrophic nails, and developmental abnormalities of the teeth. Thomson4 in 1923 published a report of two sisters with a previously undescribed disorder. In 1936,5 he reviewed these cases and reported a third case. He named the disorder “poikiloderma congenitale”, with poikiloderma meaning “variable skin”. His patients are the first reports of limb reduction defects, eye abnormalities other than cataract, and a distinctive facial appearance.4,6

Taylor1 in 1957 summarised most of the published cases of congenital poikiloderma with and without cataracts and suggested that the syndromes described by Rothmund and Thomson were the same. Since that time, patients with a similar constellation of findings are referred to as having Rothmund-Thomson syndrome, although it has been subsequently suggested that the disorders described by Rothmund and Thomson may not be the same.6

A number of reviews of Rothmund-Thomson syndrome have been published.7-9 From these, the estimated frequencies of the commonest characteristics are not always consistent (table 1). Mental retardation has been reported in 13% of patients6 but in only six patients in a review of 202 cases.9

Segregation analysis is consistent with autosomal recessive inheritance.9 Consanguinity has been reported in 16%10 to 27%11 and the condition as “familial” in 59 to 70%.19 A female excess has been reported by a number of authors,11 but not by others.9,10 Occurrence in a mother and child suggests the possibility of genetic heterogeneity or else pseudodominance.7,10

Clonal or mosaic chromosome abnormalities and abnormalities in DNA repair mechanisms have been reported in some cases.9,11-15

Table 1 Reported frequencies of commonest characteristics in Rothmund-Thomson syndrome

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<th>Characteristic</th>
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<tr>
<td>Poikiloderma</td>
<td>100%</td>
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<tr>
<td>Poikiloderma, onset in infancy</td>
<td>89%–90%</td>
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<td>Thin hair, sparse/absent eyebrows and lashes</td>
<td>60–65%</td>
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<tr>
<td>Cataracts</td>
<td>45–47%</td>
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<tr>
<td>Short stature</td>
<td>62–100%</td>
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<td>Musculoskeletal, bone defects, or small hands</td>
<td>78–95%</td>
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<td>Hypogonadism</td>
<td>29–94%</td>
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<td>Abnormal teeth</td>
<td>27–59%</td>
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<td>Dysplastic nails</td>
<td>22–42%</td>
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We report two isolated cases of Rothmund-Thomson syndrome, both with mental retardation, in whom the diagnosis was delayed owing to prominent non-dermatological manifestations.

Case reports

CASE 1
This was the second child of young, non-consanguineous parents of Anglo-Saxon origin. The maternal age was 28 years at delivery. The pregnancy was complicated by bleeding at 18 weeks' gestation and premature rupture of the membranes at 31 weeks' gestation. She was delivered vaginally with a breech presentation. The birth weight was 1590 g, length 44 cm, and head circumference 29 cm, all 50th to 75th centile. There were no neonatal problems and no concerns about her growth or development at 4 months of age. There is one male sib who is well.

She was re-referred for developmental assessment aged 3 years. Growth parameters were all on the 3rd centile and developmental assessment gave an intelligence quotient of 67. She had a history of diarrhoea and was investigated for malabsorption but no cause was found.

When seen in the genetic department aged 11, a history was given of recurrent respiratory tract infections and diarrhoea in the first years of life. She had walked at 3 years. Her first teeth were reported as black and stubby. There was a history of huge fluid filled blisters on slight exposure to the sun. The abnormal features noted on examination were short stature, a dorsal kyphosis, thin facial skin with broken veins and many freckles, dysplastic finger nails, mild ataxia, and marked dysdiadochokinesis.

Her growth failure was investigated at the age of 13. A photosensitive dermatitis, short thumbs, and thin sparse hair were noted. Menarche had occurred at the age of 12 and her menstruation was and remains regular. Bilateral embryonic nuclear cataracts were seen with visual acuity of 6/24 in both eyes.

Normal investigations included routine biochemistry and haematology, growth hormone, adrenal function, thyroid function, and gonadotrophins. On x ray, facial bone size was small in comparison with the size of the skull vault, there was mild right sided coxa vara, and dense lumbar vertebral bodies with abnormal texture and translucencies. Bone age had been consistent with chronological age on several occasions.

She was reinvestigated at the age of 19 because of obesity. Routine biochemistry, haematology, thyroid function, 24 hour urine cortisol, and dexamethasone suppression test were all normal.

She presented for review in the genetic department at the age of 27 (fig 1). She was short and microcephalic: weight 49.6 kg (25th centile), height 139 cm (−4 SD), and head circumference 51 cm (<3rd centile). The fingers were all short (mid-finger length less than the 3rd centile) but the thumbs most obviously so. She had a dorsal kyphosis and immature facies with a high pitched voice. The forehead was centrally prominent, the palpebral fissures were upward slanting, and the eyes deeply set and small (palpebral fissure length 2.5 cm, less than the 3rd centile). The nose was long and pointed and the philtrum short. The palate was high arched and the ears protruberant. There was truncal obesity. Pubertal development was normal. The scalp hair was sparse and the nails dysplastic but the teeth were normal.

On radiography, there was a short first metacarpal, increased density of the lumbar spine with premature degenerative changes, and increased density of the skull vault and base with pronounced hyperostosis frontalis.

Macroscopic skin changes

The skin on the face was atrophic with telangiectasia, broken veins, and scarring. Marked atrophic, depigmented changes and small telangiectatic lesions were apparent over the extensor areas of both lower limbs (fig 1). Skin appearance was normal elsewhere.

Microscopic cutaneous changes (fig 2)
A 3 mm punch biopsy specimen was obtained from the atrophic, depigmented area on the right shin and from skin which appeared macroscopically normal from the right upper inner arm (a non-sun exposed site). Tissue sections were fixed in 10% formal saline, embedded in paraffin wax, and cut at 7 μm thickness on a Leitz microtome. Haematoxylin and eosin (H&E) and aldehyde fuchsin stained slides...
viewed using polarising microscopy showed a normal appearance of fine network of collagen in the papillary dermis with thick wavy collagen bundles in the reticular dermis in the skin from the upper inner arm. Skin from the affected area showed a marked reduction in collagen content in the reticular dermis with atrophic fibre bundles, and a normal epidermal architecture. The atrophic skin was relatively acellular and avascular with no evidence of a dermal inflammatory infiltrate and with thin walled irregular blood vessels observed in the papillary dermis. Elastin fibres were arranged in thick parallel bundles following the course of collagen fibres with a fine network of arcades approximating the dermoepidermal junction in the skin from the arm. In marked contrast, there was an increase in fragmented elastin orientated in a parallel fashion in the reticular dermis of the atrophic skin with a loss of the arcade network.

Other investigations
Skin fibroblast karyotypes were normal in biopsies taken from both normal and abnormal skin in 30 cells examined. No structural chromosome aberrations were seen in 50 lymphocyte metaphases.

The sensitivity of lymphocytes to chromosome damage and mitotic inhibition after X irradiation was investigated. Details of the method are given in Scott et al. Briefly, phytohaemagglutinin stimulated lymphocytes were cultured for 72 hours, exposed to x rays (0.5 Gy), colcemid added 30 minutes later, and cells harvested at ice temperature 90 minutes after irradiation. Cells in metaphase at this time would have been in the G$_2$ phase of the cell cycle at the time of irradiation. The assay was applied to lymphocytes of both patients on different occasions, each being run in parallel with a healthy control sample. Fifty metaphase cells were analysed for chromosome damage, comprising mainly chromatid gaps and breaks. The mitotic index (% cells in mitosis) was determined from counting 1000 cells. Radiation induced mitotic inhibition was expressed as the percentage reduction in mitotic index of irradiated compared with unirradiated cells. Mitotic inhibition is maximal at 90 minutes after irradiation.

Our previous studies and those of Sanford and Parshad have shown that between 5% and 10% of healthy controls are sensitive to the induction of chromosome damage in G$_2$ cells and that sensitivity is seen in a wide range of cancer predisposing conditions (see Discussion). The vertical dashed line, at 105 aberrations per 100 cells in fig 3, indicates the discrimination between a normal and a sensitive response; 7/74 controls were sensitive (top panel). The patient was within the sensitive range (134 aberrations/100 cells, middle panel) whereas the parallel control was not (94/100 cells, bottom panel). There was no difference in mitotic inhibition between the patient (89%) and parallel control (87%).

CASE 2
She was born at term with a birth weight of 2500 g in comparison with her sibs' weights of 3900 and 4150 g. Her non-consanguineous parents were aged 24 and 25 at the time of her birth and are of British ancestry. There were no perinatal problems although she fed poorly and had poor weight gain. She has had multiple urinary tract infections, the first at 3 months. Repair of vesicoureteric reflux was undertaken at the age of 4 years. She subsequently developed bladder stones. She has had no further urinary tract infections since their removal and her growth improved. She has had a fractured humerus with no history of trauma and three further limb fractures following minimal trauma. Recently she developed ataxia and transient right hemiparesis in association with a viral encephalitis.

All her milestones were delayed; she walked at 21 months and had only two words by the age of 3. She is now in special school. Clinically she functions in the moderately intellectually
Rothmund-Thomson syndrome

A

Control (n = 74)

Rothmund-Thomson (n = 2)

Parallel controls (n = 2)

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Remain white when she cried. Dry facial skin was also noted and erythema down the side of her face. A red rash was noticed on her hands at the age of 7. She has very sparse hair and is very blonde for her family. She is very sun sensitive but has never blistered.

On examination at 9 years 11 months (fig 4), she was short with a height of 119 cm (approximately 3 SD less than the mean), weight 22.9 kg (3rd centile), and a head circumference of 49 cm (below the 3rd centile). She had deep set eyes and a high rounded forehead with a receding hairline. She had a thin nose and short philtrum with mild micrognathia, teeth crowding, and simple protuberant ears. She was hyperextensible at the elbows and had small hands and short big toes. Her teeth and eyes were normal. On x ray of hand, foot, and forearm, the first metatarsal was short.

Macroscopic skin changes (fig 4)
She had reticular and linear erythema with atrophy on her face and extensor surfaces of the hands. A 4 x 3 cm atrophic, depigmented, inverted lesion was present on the forehead, with erythematous patches on both cheeks.

Microscopic skin changes (fig 5)
A 2 mm punch biopsy specimen was removed from a poikilodermatous region from the dorsum of the right hand. Tissue processing was as previously described. H&E staining showed hyperkeratosis with thick bundles of collagen arranged in a parallel fashion throughout the dermis. Numerous dilated, tortuous blood vessels in the papillary dermis were associated with a mild perivascular inflammatory infiltrate. Elastin fibres highlighted by aldehyde fuschin stain appeared fragmented with a loss of the dermoepidermal network and an increase in mid-dermal fibres.

Other investigations
Karyotypes from lymphocyte cultures were normal on several occasions. The skin biopsy for fibroblast karyotype failed to grow. Only one chromosome break was seen in 50 lymphocyte metaphases, which was well within our normal range. Sensitivity in the G2 chromosomal radiosensitivity assay (130 aberrations/100 cells) was similar to that of case 1 and greater than the parallel control (98/100 cells, fig 3). Mitotic inhibition was similar in the case (94%) and parallel control (93%).

Discussion
We present two cases with clinical features of Rothmund-Thomson syndrome in both of whom the diagnosis was delayed and the clinical picture dominated by developmental delay and poor growth. Both have poikilodermatous skin changes affecting predominantly extensor skin surfaces, sparse hair, short stature, microcephaly, and small hands and feet with a short first metatarsal in one and short first metacarpal
Figure 5. Microscopic cutaneous changes. Scale bar = 100 µm. (A) H&E from affected area, right hand. (B) Aldehyde fuchsin from affected area, right hand.

in the other. In case 1, bilateral embryonic nuclear cataracts are present and the nails are dysplastic. Both are isolated cases and there is no history of parental consanguinity.

A number of authors have reported that the non-dermatological manifestations of Rothmund-Thomson syndrome can dominate the clinical picture, particularly intrauterine growth retardation affecting both height and weight, severe short stature, 21 failure to thrive, 20-23 and skeletal deformity. 24

MENTAL RETARDATION
Mental retardation is an uncommon feature of Rothmund-Thomson syndrome. It has been suggested that patients with severe growth retardation, major skeletal abnormalities, and ectodermal dysplasia and no cataract represent a subgroup, some of whom have mental retardation. 25

A review of the previously reported cases with mental retardation 21 21 23 25 does not indicate specific associated phenotypic features. Skin biopsy was not reported in two cases. 21 23 All the children were short but not all were small at birth, bone x rays were abnormal in three of the five cases in whom they were performed, and in one of these 21 there was asymmetrical bone shortening. Cataracts were present in four cases but the remaining two cases were both less than 2 years old at the time of the report. Five of the cases were said to have a flat nasal bridge with or without frontal bossing. Microcephaly was present in most but not all cases. 11

FACIAL FEATURES
A distinctive facial appearance in this condition was first described in the report of Thomson 5 and a number of different facial features have since been described in patients of different ages. Our cases have certain facial features in common which are not those reported in the other patients with developmental problems. They most resemble case 1 of Hall et al. 21 a patient with normal intelligence, flat supraorbital ridges, a flat high forehead, a long, thin, and prominent nose, and mild micrognathia. Skin biopsy was not reported in this case. Part of the variability in facial features may reflect variable ages of reporting. A long and prominent nose with a short philtrum is illustrated in case 1 of Thomson whereas in the earlier photograph of the same case and her affected sib 4 a "saddle nose" is a more appropriate description.

EYE ABNORMALITIES
That cataracts are not always present was established in the reports of the original families and the cases of Thomson. 1459 When present, cataracts usually develop before the age of 6 years, but may not occur until the third decade. 23 They are bilateral, of rapid onset, and subcapsular in type, unlike the embryonic nuclear cataracts in our case 1. A variety of other eye abnormalities have been reported, including congenital glaucoma, corneal atrophy, iris colobomata, 27 retinal colobomata and atrophy, 9 microphthalmia and photophobia, 27 and Rieger anomaly. 24

SKELETAL ABNORMALITIES
Small hands and feet have been reported frequently. 27 Absent metacarpals and phalanges of the thumbs bilaterally with reduction deformities of the ulnae and radii or total absence of the radii have been reported in a number of patients. 5 21 24 Hyperextensibility of the small joints of the hand, 24 28 contractures of the large joints, 24 bilateral subluxation of the knees, 21 and kyphoscoliosis have been reported. 21 24

A number of different x ray anomalies have been described including osteoporosis, patchy sclerosis, and cystic changes of long bones. 12 24 shallow olecranon fossa with dislocation of the radial heads, upward subluxation of humeral heads, flattened capital femoral epiphyses with short femoral necks, undertubulation of the metaphyses, and elongation of the lumbar vertebral bodies with irregular concave endplates. 24 Symmetry of limb size, 12 24 cleft hand and cleft foot, 1 achilles tendon contractures, and talipes have also been reported. 9 Bone age may be markedly delayed and pathological fractures, as in case 2, have been reported. 24 29 Fibroblast production of type I, II, and III collagen has been normal in two patients. 24

CHROMOSOME ABNORMALITIES
There is some phenotypic overlap between Rothmund-Thomson syndrome and both the chromosome instability syndromes and the premature ageing syndromes. The chromosome instability syndromes, Bloom syndrome, Fanconi anaemia, ataxia telangiectasia, and xeroderma pigmentosum are characterised as a group by hypersensitivity to the chromosome damaging effects of certain chemical and physical agents and a predisposition to neoplasia.
Clinically, these disorders produce varying combinations of skin, immune or haematological, and neurological symptoms with an increased risk for malignancy.29

In Rothmund-Thomson syndrome, clonal chromosome abnormalities in involved skin have been reported twice11,12 and interpreted as representing in vitro chromosome instability.11 In one of these patients, there was stable trisomy 8 mosaicism in blood lymphocytes.12 In a third patient, instability of both lymphocyte and fibroblast chromosomes from an area of involved skin have been found.13

No evidence of clonal chromosome abnormalities has been found in our patients although the reported mosaicism is often of very low frequency and only 30 cells from skin fibroblast cultures were examined in our patients. In addition, in case 2, the cells from involved skin did not grow.

Neither case showed a raised level of spontaneous chromosome breakage but both exhibited chromosomal radiosensitivity to x-rays, which is seen in many cancer predisposing conditions, such as ataxia telangiectasia (AT), homozgyotes,30,31 heterozygotes,32 Bloom syndrome,33,34 Fancioni anaemia,35 xeroderma pigmentosum34 (homozgyotes and heterozygotes), hereditary retinoblastoma,35 Li-Fraumeni syndrome,36 and others.18 The levels of damage in cases 1 and 2 (134 and 130 aberrations per 100 cells, respectively) were considerably lower than our mean value of 341 (range 232–715) for AT homozgyotes, but overlapped those for AT heterozygotes (mean = 145, range 106–176).18

Parshad et al.37 have provided evidence that, in at least some cancer prone groups, chromosomal radiosensitivity is a consequence of defects in DNA repair. An alternative explanation, that sensitivity may arise from defects in cell cycle checkpoint control, allowing insufficient time for repair,37 38 does not appear to be the case for these two patients because both exhibited mitotic inhibition levels well within the normal range17 and similar to their parallel controls.

Sensitivity to the lethal effects of ionising radiation and decreased DNA repair capacity has been reported in two of four fibroblast strains from Rothmund-Thomson cases.15 Most studies of cellular response to ultraviolet radiation have detected no abnormality,4 although there have been two reports of radiation sensitivity and reduced repair.14 38

SKIN CHANGES

The macroscopic skin changes of Rothmund-Thomson syndrome are a universal finding and consist of reticulated, linear, or punctate atrophy, telangiectasia, and depigmentation or hyperpigmentation which may be smudged or reticulated. The initial phase is erythematous, and involves predominately sun exposed skin with initial involvement of the cheeks, forehead, ears, and neck with spread to extensor aspects of the hands, legs, and buttocks.9 Sun sensitivity, which improves with age, may occur with bullae formation on even slight exposure,7 both features present historically in case 1.

The erythematous phase is followed after several years by the chronic poikilodermatous stage affecting predominantly extensor surfaces. However, the erythematous phase does not always occur,11 and while the onset of cutaneous change is within the first year of life in 89% of cases, skin changes can be present at birth9 and may not appear until 2 to 3 years of age.8 Calcifications, hyperkeratosis, and actinic keratoses have been reported only rarely; however spontaneous remission has not. In case 2, in retrospect, an area of atrophy and mild erythema of facial skin was present in the first year of life but the changes were not obvious and the diagnosis was not apparent before the development of striking chronic skin changes.

Other inherited syndromes associated with poikilodermat, photosensitivity, and abnormal DNA repair include Cockayne syndrome, in which cachexia and moderate to severe mental retardation are characteristic, and progeria which has sclerodermatous-like changes and a median lifespan of 13 years with death resulting from cardiovascular disease. The latter has been termed a "premature aging syndrome", because of observed similarities with the normal ageing process, including a reduced fibroblast life span in vitro. However, the skin changes are similar to photoaging with fibrotic, thickened collagen, and not intrinsic ageing as reported in case 1. Other premature ageing syndromes not associated with poikilodermat but with manifestations of cutaneous ageing, such as Werner syndrome, pseudoxanthoma elasticum, and elastodermat, are all associated with thickened collagen fibres and the accumulation of elastic material as seen in photoaged skin.39

Two syndromes (cutis laxa and the wrinkly skin syndrome) have been reported to show only one manifestation of intrinsic cutaneous ageing, generalised fragmented dermal elastin fibres.39

The macroscopic abnormalities of atrophy and dyspigmentation are similar to those seen in photoaging. Photoaging is a pathological process owing to a combination of intrinsic skin ageing coupled with accumulated UV damage.40 Ageing itself is defined as a loss of cellular homeostasis secondary to a failure to maintain cellular repair mechanisms, such as DNA repair. There are obvious parallels between the microscopic changes found in photoaged skin and those seen in case 2, such as hyperkeratosis, densely packed papillary collagen, inflammatory infiltrate, and mid-dermal elastosis. Thus, the cutaneous manifestations seen in Rothmund-Thomson syndrome may be the result of photodamage, a theory supported by the site predilection for sun exposed skin, the reported abnormality of fibroblast DNA repair after UV or gamma ray exposure in affected subjects,14,15 and the increased incidence of UV induced cutaneous malignancies.14 This does not explain why some of the first changes that are described occur in non-sun exposed sites.

An increased incidence of skin cancer, predominantly SCC, and bone cancer has been reported.7 9 There is no general increase in malignancy with osteogenic sarcoma and squamous cell carcinoma of the skin both rep-
representing an occasional development in tissue that is commonly dysplastic in this condition.24 While the reported skin cancers have earlier onset than in the general population, the age of onset of the reported bone malignancies is within the usual age range.

The histological abnormalities observed in case 1 parallel those reported for intrinsic cutaneous ageing (that is, skin changes associated with ageing alone, determined in non-sun exposed sites): reduced collagen content, acellularity, relative avascularity, increase of fragmented dermal elastin, with a lack of inflammation and hyperkeratosis. The dermal and epidermal architecture of the skin specimen removed from the non-sun exposed site were similar to age matched controls, with rete ridge formation, cellular dermis with no inflammation, fine papillary network of collagen with thicker bundles in the reticular dermis, and with a network of elastin arcades at the dermoepidermal junction.

We propose that Rothmund-Thomson syndrome is a heterogeneous group of disorders which can manifest as photoageing changes, possibly associated with abnormal DNA repair, but also as site specific genetically programmed cutaneous ageing. Non-sun exposed skin appeared normal when compared to age matched controls, with rete ridge formation, cellular dermis with no inflammation, fine papillary network of collagen with thicker bundles in the reticular dermis, and with a network of elastin arcades at the dermoepidermal junction.

This is the first report of intrinsic ageing changes in Rothmund-Thomson syndrome, and indicates that a subgroup of subjects within this syndrome could potentially serve as a model to study genetically programmed cutaneous ageing. These case reports also show that Rothmund-Thomson syndrome is even more heterogeneous than previously assumed.

The authors would like to thank Mrs A Spreadborough for expert technical assistance in the chromosomal radiosensitivity studies, the Cancer Research Campaign for continuing support of Dr C Smith for referring case 2, and case 2 herself and her family for their cooperation. GSA is supported by the Welcome Trust.


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