Mulvihill-Smith syndrome: case report and review

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Abstract

We report a 20 year old man with short stature, microcephaly, unusual facies, numerous pigmented naevi, hypodontia, immunodeficiency, and a high pitched voice. Tympner *et al* had assumed that the patient had a new syndrome of "progressive combined immunodeficiency and ectomesodermal dysplasia". We show here that the condition is identical to the Mulvihill-Smith syndrome (McKusick 176690), a progeroid disorder described in four or possibly five sporadic cases to date. We describe his clinical progress up to the age of 20 years. Our patient suffered from severe viral infections, allergic rhinitis and conjunctivitis, delayed puberty, visual loss, modest achievement in high school, and reactive depression. The immunological, facioskeletal, and dental abnormalities are presented in detail.

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The Mulvihill-Smith syndrome (McKusick 176690) is a rare sporadic condition. In 1975, Mulvihill and Smith reported a mildly mentally retarded 17 year old male with very short stature, microcephaly, numerous pigmented naevi and freckles, hypodontia, chronic infections, and insulin dependent diabetes mellitus, and diagnosed the same condition in a previously reported 4 year old mentally immature boy.¹⁻³ In 1988, Baraitser *et al*⁴ recognised another

boy with mild mental retardation and made the condition more widely known. Gorlin ascertained the first female case from an undiagnosed case report of a 14 year old girl with unusual appearance and normal intelligence.^{5,6} Recently, the Mulvihill-Smith syndrome was considered in a 30 year old Japanese woman with severe mental retardation and immunodeficiency.⁷

We describe here a 20 year old man with Mulvihill-Smith syndrome, who was previously assumed to have a new syndrome of "progressive combined immunodeficiency and ectomesodermal dysplasia".⁸ His intelligence is normal, but lower than that of his parents. We report in detail on the clinical course of the disease and the immunological, facioskeletal, and dental changes.

Case report

The proband, now a 20 year old man, is the only child of a 29 year old gravida 1 mother with tall stature (178 cm, +2.1 SD) and hypertelorism and a 33 year old father. The parents are of German-Austrian ancestry, healthy, unrelated, and have university degrees. There was no other affected person among 57 people in five generations of the family.⁸

The pregnancy was normal except for hyperemesis. After a prolonged labour and cardiac decelerations, the patient was born by vacuum extraction at 40 weeks' gestation. Length was 52 cm, weight was 3340 g. His initial condition was good. From the age of 9 months, he has had frequent episodes of viral diarrhoea and bronchitis. He had multiple anomalies including slow feeding, poor weight gain, scant subcutaneous fat, an unusual face, small teeth, and increased body hair. Pigmented naevi appeared around the age of 1 year.

At 4 years 6 months, his height was 105 cm (-0.9 SD) and weight 13.4 kg (-20% with regard to height). The subcutaneous fat was greatly diminished and numerous veins were visible in the infraorbital and abdominal regions. The skull was long and narrow, with mild alopecia diffusa, a small bird-like facies, downward slanting eyes, thin and cup shaped ears, and micrognathia. He had a narrow, highly arched palate, malocclusion (overbite), and malpositioned, hypoplastic deciduous teeth with enamel defects and congenitally absent first molars. The skin was dry. Numerous café au lait spots and dark brown naevi were present mainly on the face and shoulders, and mild hypertrichosis was found on the shoulders and extremities.

Developmental milestones were normal. He attended kindergarten from the age of 3 years

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Figure 1 Facial views of the patient aged 17 years, showing a prematurely aged, small, bird-like face, small, low, protruding ears with hypoplastic lobes, scant subcutaneous fat, microcephaly, numerous pigmented naevi, reduced lower facial height, micrognathia, and absent beard.

Figure 2 Hands and feet at the age of 17 years, showing long, slender fingers and toes, clinodactyly V, numerous naevus cell naevi, and mild hirsutism.

Figure 3 Skin histology at the age of 15 years, showing nested naevus cells within the basal stratum of the epidermis and within the corium. Diagnosis: melanocytic naevus (syn naevus cell naevus), compound type. The compound type melanocytic naevi have a significantly lower risk of malignant degeneration than the epidermal type melanocytic naevi, which are located more superficially.

and elementary school from 7 years. His temperament was pleasant, he was active, and had good verbal skills. Around the age of 8 years, the pigmented naevi increased in number.

He had good school reports and was admitted to the Gymnasium (the highest educational level in the German school system) at the age of 13 years.

From 13 years 3 months he was treated with

growth hormone (GH) because of short stature (139 cm, -2.6 SD) and subnormal results in a GH stimulation test.

Visual acuity declined and was corrected by contact lenses. Findings included myopia, astigmatism, keratoconus, dystrophy of the corneal endothelium, and chronic conjunctivitis. At 15 years 5 months, he had severe varicella with a fever above 40°C for a week. He recovered with antiviral medication (acyclovir). School achievement decreased despite his best efforts. Contacts with his peers became fewer, indicating depression. At 16 years, LEOPARD syndrome was diagnosed. There was a spontaneous fracture of a protuberance from the left hip bone (the apophysis spina iliaceae anterior inferior sinistra) during school sports, requiring three weeks of immobilisation.

We saw the patient at the age of 17 years (figs 1, 2). He closely resembled the patient of Mulvihill and Smith¹ and suffered from school problems, short stature, delayed puberty, visual loss, severe allergic rhinitis, frequent infections, and depression. Height was 160.2 cm (-2.6 SD), weight 44 kg (-11% with regard to height), and OFC 51.8 cm (-3.1 SD). Vision was corrected by contact lenses. The skin was dry. He had severe chronic conjunctivitis and stomatitis, small brittle teeth with enamel defects, and absent second bicuspid. Numerous naevi measuring 2 to 10 mm in diameter (fig 3) were located mainly on the face and shoulders, with some even on the palms and soles.

There was mild hirsutism and clinodactyly V of the hands and feet. Puberty was delayed. The voice had not changed, testis size was reduced (left 5 ml, right 6 ml), pubic hair was stage Ph IV, and penis was stage G II-III (Tanner). Bone age was estimated at 17 years 6 months using a hand radiograph (Greulich and Pyle), and GH treatment was finished. Relative height had remained constant with GH administration, resulting in a final height of 160.2 cm (-2.6 SD).

At 19 years he failed in class and left school, having completed 10 school years with success. He took supportive psychotherapy. At the age of 20 years, he began to learn a profession in a sheltered institution. He received corneal transplants. The voice was still high pitched.

IMMUNOLOGICAL FINDINGS AND LABORATORY STUDIES

At the age of 15 months, combined immunodeficiency with constant lymphopenia and reduced IgA and IgG was diagnosed. At 4 years he had lymphopenia of 384–1677/ μl (normal 1500–4000) and low-normal leucocytes at 3200–9600/ μl . Of the lymphocyte subpopulations, B cells and mature T cells were reduced at 0% (normal 4–14) and 54% (normal 60–80), respectively; T suppressor cells were relatively increased at 30% (normal 11–29). T cell function by [^3H] thymidine incorporation after stimulation and mitogen exposure was greatly reduced at 787 cpm with phytohaemagglutinin (controls 32 000–50 000), at 6823 cpm with concanavalin A (controls 40 000–49 000), and at 2623 cpm with

pokeweed mitogen (controls 15 000–26 000). Lymphotoxin activity after phytohaemagglutinin stimulation was also reduced. IgA and IgG were decreased at 0.095 g/l (normal 0.32–1.8) and 2.88–6.1 g/l (normal 5.2–13.7), respectively; IgM was normal at 0.34–1.05 g/l (normal 0.4–2.06) and IgE was increased at 444–523 U/ml (normal <15). Granulocytes were normal in number and function. Quantitative and qualitative B and T cell deficiency was diagnosed.

At 17 years, serum IgA and IgG were normal. IgM and IgE were increased at 5.0 g/l (normal 0.49–3.20) and 1420 U/ml (normal <28), respectively. CD3+ T cells and CD4+ T helper

cells were reduced. Serum cholesterol was moderately increased at 6.19, 6.73, and 6.86 mmol/l (normal <5.18). Triglycerides and lipid electrophoresis indicated type IV hyperlipidaemia on one occasion and were normal on another occasion. Normal routine laboratory tests included RBC, WBC, and leucocyte differentials. FSH was increased, LH was normal, and serum testosterone was decreased. Standard chromosome analysis in 1977 had been normal.

RADIOGRAPHS

An orthopantomogram at the age of 11 years 7 months (fig 4) showed cone shaped upper second incisors 12 and 22. The bicusps 15, 25, 35, 45 and the lower third molars 38 and 48 were absent (hypodontia). The lower first molars 36, 46 and the anlagen of the upper third molars 18 and 28 were tilted forwards. The molars had enlarged coronal pulp and reduced roots (hypotaurodontism).

The lateral skull radiograph at the age of 12 years (fig 5) showed marked hypoplasia of the vertical facial skeleton, mainly affecting the alveolar processes of the mandible and maxilla. Horizontally, the maxillary basis was slightly reduced as compared to the basinasal length, while the body and ramus of the mandible were significantly reduced (–2 SD). This resulted in micrognathia, supraocclusion (overbite), compensatory forward tilt of the lower incisors, and compression of the soft parts of the lips and chin.

AP and lateral skull radiographs at the age of 16 years showed dolichocephaly, thick calvaria, facial skeletal hypoplasia, nasal septum deviation, hypoplastic dental lamina, micrognathia, and swollen mucous membranes of the maxillary sinuses. Radiocephalometry (Bergen method) indicated a biparietal diameter of 15 cm, skull length of 21.5 cm, height from base to vertex of 17.5 cm, maxillary depth 9 cm, mandibular depth of 10.5 cm, and facial skull height 12.5 cm. The cephalic index of 70 indicated dolichocephaly (normal 75–84); the three dimensional brain skull index of 54 indicated normal brain volume, and the three dimensional facial skull index of 32 indicated reduced facial skeleton. A cranial CT scan at the age of 16 years showed no cerebral abnormalities.

Metacarpophalangeal pattern profile analysis at the age of 5 years (fig 6, upper curve) showed an unusual growth pattern with normal mean bone length (0.09 SD).⁹ At the age of 12 years (fig 6, lower curve) the pattern was remarkably similar (correlation between patterns: $r=0.71$, $p<0.001$), but marked growth failure had resulted in shortness of the metacarpals and phalanges (mean bone length –1.8 SD). The growth failure was more clearly seen in the distal phalanges, most markedly affecting the distal phalanx of the thumb (–3.54 SD).

Discussion

This man was described in 1978 in a German paediatric journal as having a new syndrome.⁸

Figure 4 Orthopantomogram at the age of 11 years 7 months. The upper second incisors 12 and 22 have cone shaped crowns. There are no bicusps 15, 25, 35, and 45 (hypodontia). The lower first molars 36 and 46 are tilted forwards. The molars have shortened roots (taurodontism). The anlagen of the upper third molars 18 and 28 are tilted anteriorly, and there are no anlagen of the lower third molars 38 and 48.

Figure 5 Lateral skull radiograph at 12 years, showing marked hypoplasia of the vertical facial skeleton, especially affecting the alveolar process of the mandible and maxilla, slight horizontal reduction of the maxillary basis as compared to the basinasal length, and significant horizontal reduction of the body and ramus of the mandible. This results in micrognathia, an overbite, forward tilted lower incisors, and compression of the soft parts of the lips and chin.

Figure 6 Metacarpophalangeal pattern profiles of the patient at 5 years (upper curve) and 12 years (lower curve), showing significant similarities between the patterns (correlation $r=0.71$, $p<0.001$) and marked growth failure between the ages of 5 and 12 years.

Three years earlier, the syndrome of “premature aging, growth and mental retardation, and peculiar facies”, today the Mulvihill-Smith syndrome, had been established,¹ but it received no attention until the next case was recognised in 1988.⁴ Thus the syndrome was delineated independently by the Americans Mulvihill and Smith and the Germans Tympner, Belohradsky, Eife, and Klose.

The Mulvihill-Smith syndrome is a rare condition; only five or possibly six patients including our proband have been described to date. We confirm here that it represents a separate entity among at least 30 progeroid syndromes. The clinical features of the syndrome are summarised in the table.

LEOPARD syndrome (McKusick 151100), another disease with numerous pigmented skin lesions, resembles the present syndrome in short stature and hypogonadism. Patients with LEOPARD syndrome, however, have lentigines and not naevus cell naevi.

The Mulvihill-Smith syndrome is a clinically complex disease, in that numerous different tissues of the body are affected. A single gene mutation is possibly the cause of the diverse symptoms. The striking resemblance between the different cases of Mulvihill-Smith syndrome supports the idea of a mutation at a single locus as the cause of the disease. Autosomal recessive inheritance has been suggested by parental consanguinity in the case of Ohashi *et al.*⁷ We cannot add support to this suggestion, but it is of possible interest that our patient and the patient of Mulvihill and Smith are of German-Austrian descent.¹

Ohashi *et al.*⁷ considered Mulvihill-Smith syndrome in its advanced stage as the most likely diagnosis in their patient, but did not establish a definite diagnosis because the syndrome had not been associated previously with severe mental retardation, severe T cell dysfunction, and brachydactyly.⁷ Comparison of the metacarpophalangeal pattern profiles of our proband at the age of 12 years and their patient showed significant similarity ($r=0.63$, $p<0.01$), supporting their tentative diagnosis of Mulvihill-Smith syndrome.

Our patient undoubtedly has the Mulvihill-Smith syndrome, in that he has the characteristic facies, numerous naevus cell naevi, high pitched voice, hypodontia, and delayed puberty. In addition, he has immunodeficiency, as seen by subnormal B and T cell counts, changes in immunoglobulin levels, functional T cell defects, severe allergic rhinitis, and frequent viral infections. This supports the notion that severe combined immunodeficiency can be a characteristic of the syndrome.

The pathogenesis of the naevus cell naevi is unknown. Pigmented naevi occur in a number of genetic immunodeficiency syndromes, including Fanconi pancytopenia (McKusick 227650), Maraschio-Peretti type chromosomal instability (McKusick 251260), and N syndrome (McKusick 319465). Naevus cell naevi of the junctional type were described after ther-

Clinical and laboratory findings in four cases of Mulvihill-Smith syndrome, ^{1-4,6} one possible case, ⁷ and the proband						
	1 ¹	2 ^{2,3}	3 ⁴	4 ⁶	5 ⁷	Present case
Sex	M	M	F	M	F	M
Age (y)	17	4	7	14	30	20
Low birth weight	+	+	+	+	—	—
Short stature	+	+	+	+	— (−1.9SD)	+
Multiple pigmented naevi	+	+	+	+	+	+
Mental retardation	mild	mild	mild	—	severe	—
Microcephaly	+	—	+	+	+	+
Bird-like face	+	+	+	+	—	+
Lack of facial subcutaneous fat	+	+	+	+	+	+
Broad forehead	+	+	+	+	+	+
Mild hypertelorism	±	+	—	—	+	—
Prominent ear lobes	+	+	+	+	+	+
Sensorineural hearing loss	+	—	+	+	+	—
Hypodontia, irregular teeth	+	—	+	+	—	+
Taurodontism	—	—	—	—	—	+
High pitched voice	+	—	+	—	—	+
Small, pointed chin	+	+	+	+	+	+
Micro-/retrognathia	+	+	+	+	—	+
Normal subcutaneous tissue elsewhere	+	+	+	+	+	+
Brachydactyly	—	—	—	—	+	± (see text)
Hypospadias	+	+	+	—	—	—
Hepatomegaly	—	+	—	+	+	—
Abnormal Ig levels	+	—	+	—	+	+
T cell dysfunction	—	—	—	—	+	+
Abnormal lymphocyte subpopulation counts	—	—	—	—	+	+

apy for leukaemia in a monozygotic twin, where the possibility of mutagenic effects of cytostatic therapy on somatic cells in a state of induced immunoincompetence was considered.¹⁰ Thus, immunodeficiency and naevi are possibly related in Mulvihill-Smith syndrome.

It is well known that lipid metabolism disorders can occur in the progeroid syndromes, for example, in Hutchinson-Gilford progeria. Hypercholesterolaemia was observed in another case of Mulvihill-Smith syndrome⁶ and in our patient. More observations are needed to clarify whether hypercholesterolaemia represents a typical manifestation of the syndrome.

Taurodontism (taurus: steer) has not been described in Mulvihill-Smith syndrome to date; however, incomplete dental root development and reduced alveolar height was reported in the case of Wong *et al.*⁶ Mesotaurodontism, that is, the more marked form of taurodontism, has been described in fossil humans (*Homo Heidelbergensis*), while the milder form of hypotaurodontism can occur in modern human populations (American Indians, South African Bantu-Boskop-hybrids). Taurodontism results from delayed development of the Hertwig-Bruhn'sche epithelial division between the dental roots. The trait may be of diagnostic value in future cases. Interestingly, taurodontism has been associated with autosomal dominant inheritance and Klinefelter's syndrome.

Our patient and his mother were disturbed to learn that Mulvihill-Smith syndrome has

been associated with mental retardation. They were afraid of early onset progressive mental deterioration because of his increasing failure in school. This point deserves further attention. Follow up studies of the previously described patients at older ages can help to obtain more information on the long term outcome of the condition.

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