Identification of an expanded CAG repeat in the Huntington’s disease gene (IT15) in a family reported to have benign hereditary chorea


Abstract
Benign hereditary chorea (BHC) is a rare autosomal dominant disorder characterised by the onset of non-progressive chorea in childhood and the absence of cognitive impairment. Using primers flanking the (CAG)n repeat in IT15, expansion of which is associated with HD, we have detected an abnormal PCR product in four affected members from one family where affected subjects were originally reported to have BHC. The expanded allele contains 38 repeats in the affected parent and this undergoes further enlargement to 39 and 45 repeats in the two affected offspring. We conclude that the diagnostic criteria for BHC should include a normal result from analysis for the (CAG)n expansion identified in HD.

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The recent identification1 of a gene (IT15) located at 4p16.3 of the expansion of a trinucleotide repeat (CAG)n sequence in subjects affected by Huntington’s disease (HD) prompted us to re-examine families where the movement disorder had been labelled benign hereditary chorea (BHC) rather than HD. Quarrell et al2 reported five families examined for evidence of linkage between the disease and the locus D4S10 (probe G8), concluding that BHC and Huntington’s disease (HD) were not allelic. We have reported our findings that in four of these five families there were no expanded repeat sequences in the Huntington’s disease gene.1 In this paper we report the clinical and molecular findings in the single family where expansions in the repeat sequence were identified.

Clinical details
The pedigree is shown in fig 1. All persons are identified as females, except where molecular data are available on both subjects where the disease is transmitted from father to child. This allows relative anonymity for the family but permits us to display data on any sex differences in the mutotic instability of the mutation.

Subject I:1 was reported to have developed facial twitching in childhood. No other clinical details are known and death was at 75 years.

II:1 developed facial twitching in adolescence and was said to have always been ‘fidgety’. Examination showed some dysarthria, a wide based gait, and some finger–nose and heel–shin incoordination. There is no evidence of cognitive decline nor progression of symptoms at 85 years of age.

II:2 had a long history of ‘benign’ chorea until at the age of 66 progressive chorea and muscle wasting developed. At the age of 71 this subject showed minimal evidence of cognitive decline.

III:1 is reported to have always been ‘fidgety’. By the age of 56, there had been no progression of the chorea but there was evidence of minimal limb and gait ataxia and dysarthria.

III:2 had always tended to be clumsy, tripping a lot as a child. From the age of 35 increasing unsteadiness of gait and dysarthria had become evident but memory and intellect were preserved. Examination at the age of 39 found evidence of cerebellar degeneration.
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The clinical diagnosis for affected subjects in this family was initially thought to be benign hereditary chorea in view of the early onset and apparently non-progressive nature of their movement disorder. In addition there was no evidence of cognitive decline in the oldest surviving affected subject at 85 years of age. The progression, from the age of 35, of the disorder in subject III-2 after the onset of symptoms in childhood prompted clinical doubt as to the exact nature of the disease in this family. The original DNA analysis could not exclude linkage to 4p16 in this family because of a combination of small family size and un informativeness of the G8 typing. The identification in subjects with Huntington's disease of expansion of the trinucleotide repeat sequence in the IT15 gene and the availability of a specific molecular test has enabled us to resolve the diagnostic uncertainty in this family. The results illustrate the unstable nature of the expansion and it is of relevance that the transmitting parent in each case is the father. We and others have shown previously that there is significantly greater variability in the repeat length in the affected offspring of affected fathers with Huntington's disease compared with offspring of affected mothers. The two subjects (II-2 and III-2) with progressive disease are also those with the longest repeats (45 in both). There is, however, 31 years' difference in the ages at which the disease in these subjects became progressive suggesting that other factors modify the progression and confirming that repeat length is not of value in predicting age at disease onset.

The application of this molecular genetic test in the assessment of movement disorders in general neurological practice, and more especially in psychiatric practice, will have significant impact on diagnostic accuracy in many such difficult clinical situations.

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Results
Fig 2 shows the results of the molecular analysis of the CAG repeat sequence in the HD gene in affected subjects in this family. Subject II-1 has CAG repeat lengths of 38 and 16; the disease associated allele undergoes expansion to 39 repeats in III-1 and 45 in III-2. Subject II-2 also has 45 copies of the repeat on the disease associated allele.

Discussion
The clinical diagnosis for affected subjects in this family was initially thought to be benign (limb and gait ataxia) in addition to choreiform movements in the limbs.

**Figure 2.** Lanes 1 to 4 show the sequencing ladder used to size the alleles. Lanes 5 to 8 correspond to the subjects shown in the pedigree. The alleles are labelled with the appropriate repeat number calculated from the sequencing ladder.