Balanced t(6;8)(6p8p;6q8q) and the CHARGE association

J A Hurst, P Meinecke, M Baraitser

Abstract
A girl is described with bilateral retinal colobomata, Fallot's tetralogy, unilateral choanal atresia, abnormalities of the external ears, bilateral sensorineural deafness, a unilateral facial nerve palsy, and a tracheo-oesophageal fistula. A clinical diagnosis of the CHARGE association was made. She had an apparently balanced whole arm translocation involving chromosomes 6 and 8. Parental karyotypes were normal.

Case report
This girl was born at 38 weeks' gestation. Her birth weight was 2640 g, length 49 cm, and head circumference 35 cm. The pregnancy was complicated by premature labour at 30 weeks, which was treated with parenteral tocolytic agents. She had good initial Apgar scores of 10 at one minute and 9 at five minutes, but she rapidly deteriorated at 2 hours of age and required ventilation for hypoxia and circulatory support. In addition, it was suspected that she had a generalised seizure. Dysmorphic facial features were noted. She was transferred to a neonatal surgical unit where a tracheo-oesophageal fistula was diagnosed and corrected surgically at 9 hours. Postoperatively her heart size increased and echocardiography showed a large ventricular septal defect, an overriding aorta, and mild infundibular pulmonary stenosis. Her chest X rays also showed hemivertebrae. EEG showed abnormalities in the left hemisphere and an ultrasound examination of the brain indicated a postpartum haemorrhage. Her karyotype was abnormal: 46,XX,t(6;8)(6p8p;6q8q). The parental chromosomes were normal. As her parents were British she was transferred from Germany to the UK for further management. On examination she was not cyanosed. Her facial appearance is shown in fig 1. She had a round face with a prominent forehead, slightly protruding eyes, retrognathia, and low set, simple, cup shaped ears. The nursing and medical staff were unable to pass any catheters through the left nostril. She had a right facial nerve palsy. She was hypotonic but there were no focal neurological signs. Ophthalmological examination showed bilateral choroidal and mesenchymal colobomata with disc involvement on the left. Her hearing was tested by brain stem evoked response audiometry and there was no response in either ear at 100 dB. She was discharged home but died suddenly. Necropsy confirmed the structural abnormalities described. The cause of death was pneumonia with septicaemia and signs of early meningitis.

Discussion
In 1981, Pagon et al\(^1\) coined the term CHARGE to describe the association of choanal atresia with other anomalies. These are C=coloboma of the iris, choroid, or retina, H=heart anomaly, A=atresia choanae, R=retardation of growth and development,
a large head, and posteriorly rotated ears who had such a deletion of chromosome 4: 46,XY,del(4)(q31).
A girl reported by Tomkins et al\(^2\) had choanal atresia and cardiomegaly with a 4(q33–qter) deletion, but we do not consider that either child had the CHARGE association. Other published reports of children with some features of CHARGE and a chromosomal anomaly either do not fully satisfy the clinical criteria to make the diagnosis, or the chromosomal change is probably not significant.

In the neonatal period, the differential diagnosis included the VATER association because of the tracheo-oesophageal fistula, Fallot’s tetralogy, and hemivertebrae. There is some clinical overlap between the CHARGE and VATER associations but we consider that the diagnosis of the CHARGE association can confidently be made in the girl we report here. Karyotype analysis using G banding techniques showed an apparently balanced translocation between the centromeric areas of chromosomes 6 and 8 (fig 2).

Parental chromosomes were normal. Prometaphase banding has not shown any chromosomal loss, but this does not exclude a submicroscopic deletion. Alternatively, the translocation breakpoint may be through a gene of relevance in the aetiology of the CHARGE association. This girl may therefore show the location of the gene or chromosomal change necessary for the development of the CHARGE phenotype.

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Figure 2. Partial karyotype of the patient showing an apparently balanced whole arm translocation (t(6;8)), \(t_1\) representing the translocation chromosome 6p8p and \(t_2\) representing 6q8q.