Case reports

A familial syndrome of microcephaly, sparse hair, mental retardation, and seizures

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Abstract
A family is described in which the father and three of his seven children have microcephaly, mild to moderate mental retardation, and sparse hair. The two affected boys have generalised seizures in addition.

Alopecia or sparse hair with microcephaly or mental retardation is a well recognised association. Moynahan reported brothers with mental retardation and congenital alopecia. One of the brothers had generalised seizures. Pfeiffer and Völklein described a brother and sister with universal alopecia, microcephaly, and mental retardation. Wessel et al. reported three sibs with alopecia, seizures, and mental retardation. Baraitser et al. reported three cousins with mental retardation and alopecia in an inbred family. Shokeir published a four generation family with a dominantly inherited syndrome of alopecia, epilepsy, dental anomalies, and mental retardation. We describe a family with a new combination of sparse hair, microcephaly, mental retardation, and seizures in two generations.

Case report
The family pedigree is shown in fig 1. The two brothers, VI.3 and VI.4, were referred to the genetic clinic for consideration of a syndrome diagnosis.

The older boy VI.3 was 7 years old. His head circumference (OFC) was 44.5 cm (4 cm below the 3rd centile) and his height was 112 cm (10th centile). He attended a school for children with severe learning difficulties. Seizures developed at the age of 5 months. They are now well controlled, but his initial fit was prolonged, lasting for about 30 minutes. He had sparse hair on his scalp and eyebrows. Although the hair was sparse it grew at a normal rate. The nails and teeth were normal. There was a small skin tag anterior to the right ear.

His brother VI.4 also had sparse hair that grew normally. His seizures began at the age of 5 years. The fits were initially difficult to control and he had a mild left hemiplegia. There was mild developmental delay. At 5 years of age his OFC was 45 cm (3 cm below the 3rd centile) and his height was 96.2 cm (2 cm below the 3rd centile).

The boys came to the clinic with their father (fig 2). His facial appearance is shown in fig 3. His height was 160 cm (2 cm below the 3rd centile) and his OFC was 50 cm (4 cm below the 3rd centile). He has not had seizures. He attended school in Bangladesh but always had more difficulty with academic work than his brothers and sisters. Like his two sons described above his hair has always been sparse. Examination of his teeth and nails was normal.
This man and his wife originate from the same small town in Bangladesh and are distantly related (fig 1). None of his brothers and sisters has sparse hair, seizures, or developmental delay.

We went on to examine the rest of the family. The oldest affected girl (VI.1) has learning difficulties. She is also microcephalic (OFC -4 SD) and has sparse hair. She has never had any seizures. Electroencephalograms on the two affected boys showed frequent discharges. They both have normal chromosomes without any evidence of fragile sites. Microscopic investigation on the hair of one of the boys was normal.

Discussion

The London Dysmorphology Database listed 28 conditions with the combination of alopecia, microcephaly, and mental retardation. Because most of these conditions have important additional manifestations not present in our patients, only those which most closely resemble our family will be discussed.

Moynahan\(^1\) reported two mentally retarded brothers with alopecia until the ages of 2 and 3 years. They were not microcephalic. The parents were of normal intelligence but there was a history of alopecia in infancy on both sides of the family. One boy had seizures and his EEG showed an unusual amount of slow wave activity but no discharges. This patient had been investigated at Great Ormond Street Hospital and the original EEG was compared to the EEG of the boys in our family. There was no similarity.

Autosomal recessive inheritance of alopecia/mental retardation syndromes has been proposed by several authors. Pfeiffer and Volklein\(^2\) reported a brother and sister with universal alopecia, microcephaly, and mental retardation. They had no seizures. The three sibs described by Wessel et al\(^3\) also had universal alopecia. They had seizures that started in the neo-
A familial syndrome of microcephaly, sparse hair, mental retardation, and seizures
cannot be excluded because of the consanguinity in
the pedigree. The parents are distantly related and it
is possible that the affected father’s spouse could be a
carrier.

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4 Baraitser M, Carter CO, Brett EM. A new alopecia/mental
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epilepsy, pyorrhea and mental subnormality. Clin Genet 1977;
11:13-17.