Further delineation of the Yunis-Varon syndrome

RAOUL C M HENNEKAM* AND CHRISTINA VERMEULEN-MEINERS†
*Clinical Genetics Center Utrecht, and †Sint Elisabeth Ziekenhuis, Amersfoort, The Netherlands.

SUMMARY A boy with intrauterine growth retardation, microcephaly, dysostosis of the skull, hypoplastic facial bones, labiogingival retraction, agenesis of the clavicles, distal aphalangia, and severely hypoplastic thumbs and halluces is described. The features are consistent with the Yunis-Varon syndrome. Review of published reports shows this to be a generalised disorder with variable manifestations in the skeletal, ectodermal, and cardiovascular systems. The consanguinity of the parents of the present case is in agreement with autosomal recessive inheritance.

In 1980, Yunis and Varon described five patients with cleidocranial dysostosis, severe micrognathia, bilateral absence of thumbs and first metatarsal bones, and distal aphalangia. They suggested that this was a newly recognised syndrome. Hughes and Partington described a similar case in 1983 and proposed the name Yunis-Varon syndrome. A seventh patient was recently seen in Australia (M W Partington, 1987, personal communication). To the best of our knowledge, no other cases have been published since. Here we report another male patient in order to delineate the syndrome further. The consanguinity of the parents of the present case points to a probable autosomal recessive mode of inheritance. The dysmorphic features of the mother could be explained as expressions of the gene in the heterozygote.

Case report

The patient was the second born child of healthy, consanguineous parents of Dutch descent (fig 1). Their first born child was healthy. Both parents were 29 years old at the birth of the proband. A brother of the father was known to have ataxia telangiectasia. The mother noticed few fetal movements during the pregnancy which was otherwise normal. After 37½ weeks, delivery started spontaneously at home. After rupture of the membranes the umbilical cord bulged out, prompting urgent referral to hospital. On arrival, a stillborn boy was delivered who had multiple congenital anomalies (fig 2). Weight was 2350 g (3rd centile), length was 45 cm (3rd centile), and OFC was 30 cm (<3rd centile). His skull was soft with wide fontanelles and sutures, sparse scalp hair, and no eyebrows or eyelashes. The brain weighed 240 g (normal 340 g) and had a normal macroscopic and microscopic appearance. He had small eyes, but the shallow orbital fossae resulted in some protrusion of the eyeballs. He had mongoloid palpebral fissures, anteverted nostrils, short upper lip, labiogingival retraction, and severe micrognathia with moderate glossoptosis. The palate was closed. The ears were low set, posteriorly rotated, and dysplastic. He had loose skin around the neck, absent clavicles, and absent nipples. Section of the internal organs showed no anomalies. There was hypospadia with descended testes. There was also nearly total agenesis of the thumbs, with short, pointed fingers showing little or no nail formation. He had rocker bottom feet, minimally formed nailless halluces, pointed toes, and agenesis of the nails of the third, fourth, and fifth toes.

Laboratory investigations included screening for congenital infections (TORCH, syphilis, Listeria) with normal results. Chromosomal analysis of lymphocytes and fibroblasts gave a normal karyotype,
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FIG 2 Present patient (postmortem photographs). Note sparse hair, craniofacial disproportion, labiogingival retraction, micrognathia, dysplastic and low set ears, hypospadias, absent thumbs and halluces, and short pointed fingers.

FIG 3 X ray of right hand. Note nearly complete absence of first ray and distal aphanalia of fingers.

FIG 4 Right hand of proband's mother. Note short distal phalanges, especially of the thumb.

46,XY. No increased frequency of chromosome breaks or premature centromere separation was found.

Radiological investigations showed delayed ossification of calvarial bones, marked thickening of the nasal septum, hypoplastic facial bones, bilateral agenesis of the clavicles, no sternal ossification, slender ribs and long bones, almost complete bilateral absence of ossified bones of the first rays and absence of the distal phalanges of all other fingers (fig 3). X rays of the pelvis showed hypoplasia of the iliac bones and probable bilateral hip dislocation. The feet had no first metatarsal bones and hypoplastic proximal and distal phalanges of the big toes.

Physical examination of the mother showed a slightly asymmetrical face, bilateral shortened thumbs, especially of the distal phalanges, and mildly shortened distal phalanges of all fingers (fig 4). The toes were normally formed. Radiologically, the distal phalanges of all digits were shortened. The
skull and clavicles were normally formed. Physical and radiological examination of the father showed no anomalies.

**Discussion**

The clinical and radiological features of the present patient are compared with previously reported patients in the table. The main characteristics of the Yunis-Varon syndrome are prenatal and postnatal growth deficiency, craniofacial disproportion, agenesis or hypoplasia of the clavicles, digital anomalies, especially extreme hypoplasia of the first rays, and usually a lethal course in the neonatal period.

The hypoplastic facial bones can give the impression of macrocrania, although two patients were in fact microcephalic, and cause shallow orbital fossae with moderate exophthalmia and anterior placement of the temporomandibular joint. Together with the micrognathia it can also cause glossoptosis. The labiogingival retraction can give rise to the diminished nasolabial distance and ‘thin lips’.  

The severity of the digital anomalies varies; most patients had complete or nearly complete agenesis of the thumbs and big toes. All other fingers and
This patient can dysostosis, but phalanges. The patient had a dry skin with episodic peeling over the fingers. This patient also had a cardiomyopathy, which caused an irregular heart rhythm in utero. One of the surviving patients is severely retarded, but the other seems to have normal intellectual development at the age of three years.

The differential diagnosis includes cleidocranial dysostosis, but there is also some overlap with Roberts' syndrome. A more extensive review of anomalies associated with clavicular hypoplasia or agenesis can be found elsewhere. The presence of the syndrome with equal severity in sibs of both sexes, the similarity of symptoms in all cases, the absence of reports of the syndrome in more than one generation, and the consanguinity in three of the six families described point to an autosomal recessive mode of inheritance. The finding of shortening of the thumbs and distal phalanges in the mother of the present patient could be interpreted as an expression of the gene in the heterozygote. No such anomalies were found in the parents of the other patients, but radiological investigations were not performed, so it remains uncertain whether these anomalies could occur more often.

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References


Correspondence and requests for reprints to Drs R C M Hennekam, Clinical Genetics Centre, Utrecht, Postbox 18009, 3501 CA Utrecht, The Netherlands.

A case of interstitial deletion of 10q25.2→q26.1

D E ROONEY*, K WILLIAMS*, D V COLEMAN*, AND A HABEL+*Cytophleas Unit, St Mary's Hospital, London; and +Department of Paediatrics, West Middlesex University Hospital, London.

SUMMARY A de novo interstitial deletion of chromosome 10, del(10)(pter→q25.2::q26.1→qter), was detected in a newborn female with facial anomalies, failure to thrive, and subsequent developmental delay. This case is compared with 10 previous reports of monosomy 10q within the q25→qter region.

Case report

The proband (fig 1) was the first child of unrelated parents, both in their twenties and from large families with no history of congenital malformation. The pregnancy was uneventful except for a varicella infection at six weeks, and labour was induced five days after term producing a liveborn, 2960 g female. Respiratory effort was poor with Apgar scores of 5 at one minute, 6 at five minutes, and 9 at 10 minutes. There was some meconium staining of the liquor.

The baby was noted to be of unusual appearance, microcephalic, and brachycephalic. She also had poor muscle tone. Facial features included hypertelorism, prominent, broad nasal bridge, thin, bony shaped upper lip, long philtrum, long, narrow faces, and poorly developed jaw angles. The only other abnormal finding was bilateral, flat, hypoplastic labia majora. The baby failed to thrive for 10 days after birth.

Later review at six months of age showed that...