Genetic and clinical patterns of heritable cerebellar ataxias in adults. II Clinical manifestations

K. KONDO, K HIROTA*, AND T KATAGIRI*

From the Department of Neurology, Brain Research Institute, Niigata University, Niigata 951, Japan.

SUMMARY Clinical data on 244 probands with spinocerebellar types, 163 with late cortical cerebellar atrophies (LCCA), and 180 with olivopontocerebellar atrophies (OPCA) were analysed. Spinocerebellar cases were divided into three according to their estimated genetic mechanisms: recessive, dominant, or sporadic. Ages of onset were identical in sporadic spinocerebellar types, LCCA, and OPCA, the average being about 50. They showed highly correlated clinical patterns. In the light of other evidence, these diseases may represent a premature aging process in the central nervous system, probably determined multifactorially. Recessive spinocerebellar cases were very few. There were 127 cases of spinocerebellar types with dominant inheritance, characterised by age of onset around 33, colourful ocular signs, and spasticity. A large family with this disease was described in which 34 patients were affected through five generations. The computed tomograms showed an almost normal cerebellum and electronystagmograms indicated patterns of vestibuloculomotor impairment. No necropsied case was available among the present material, but in pathological reports of similar cases, major lesions were found in the ventral and the dorsal spinocerebellar tracts, Clarke's columns, and the posterior columns in the spinal cord. This disease, or hereditary spastic ataxia, represented a fairly well-defined entity inherited dominantly among a group of cases with spinocerebellar types, and it was separable from LCCA or OPCA, not only on clinical and genetic grounds, but by a predominantly spinal involvement.

The phenotypes of spinocerebellar degenerations (SCD) are poorly correlated with their genetic patterns. In the first report,1 family patterns were analysed in 844 probands with SCD. Only 151 of these represented well-defined genetic entities, including 52 cases of Friedrich's ataxia, and the majority were cases of cerebellar ataxia which were difficult to define clinically and pathologically. Of these cerebellar ataxias, 299 were spinocerebellar types which were inherited in at least three ways, and there were 163 and 180 cases with late cortical cerebellar atrophies (LCCA) and olivoponto-cerebellar atrophies (OPCA), respectively, which showed weak familial aggregation compatible with no particular single gene inheritance.

These results were based on overall statistical analyses of the family patterns in groups of the cases classified on purely clinical grounds. In the present report, clinical patterns were analysed in groups of probands with cerebellar ataxias classified purely on estimated genetic mechanisms, in an attempt to recognise subtle clinical differences, define the disease more precisely, and, if possible, identify separate clinical-genetic entities in these cases.

Materials and methods

Clinical information on spinocerebellar types, LCCA, and OPCA was analysed in relation to the estimated genetic patterns. When available, results of examinations including computed tomograms (CT) and electronystagmograms (ENG) were used. Collection of probands, procedures and criteria of diagnosis, and tentative classification were described in the first report of this series by Kondo and Sobue.1

Genetic analysis in spinocerebellar types suggested that few cases with a young age of onset were recessively inherited. The majority were dominantly inherited, but there were quite a few sporadic cases among the elderly, hardly attributable to mutation or chance isolation in single gene heredities. Therefore,
clinical patterns in spino cerebellar types will be evaluated classifying the patterns into these three groups. Seven cases with age of onset before 20 and with normal and inbred parents were accepted as recessive cases, based on the evidence shown in the first report. In 127 cases with one affected parent, evidence showed them to be dominant cases. There were 110 cases with no affected relative which were pooled to comprise a group in which multifactorial inheritance was suspected. These three groups included 244 cases. The remaining 299 with spino cerebellar types were multiplex cases with normal parents for which no single genetic mechanism could be assumed. Thus they were rejected from the present clinical analyses.

Totals of 163 and 180 cases of LCCA and OPCA, respectively, showed overall family patterns suggesting multifactorial inheritance, and no further division was made in the two diseases.

All analyses were made for both sexes separately with appropriate age division before overall pooled patterns were evaluated.

CT scans were examined in ten cases with spino cerebellar types, five with LCCA, and 20 with OPCA along with other types of SCD, as well as control cases. Scanning was done 15th to 20th obliquely to the orbitomeatal line with an EMI scanner mark I or a Delta scanner 507S2 or a General Electric CT/T.

Vestibular and ocular functions were examined by ENG in 16 cases of spino cerebellar types, five of LCCA, and eight of OPCA along with cases of other types of SCD. The methods included records of spontaneous, positional, and gaze nystagmus, eye tracking test (ETT), and elicitation of optokinetic nystagmus (OKN) as well as caloric nystagmus. Evaluation of rebound nystagmus was made as a part of the gaze nystagmus test, and the failure of fixation suppression (FFS) was also included in the caloric test.

Results

Clinical statistics are presented first, followed by findings of CT and ENG, and efforts were made to separate recognisable subgroups of cerebellar ataxias. In these results, observations of little genetic interest are kept to a minimum.

Clinical Patterns

Age of onset patterns were identical in LCCA and OPCA, as described in the first report. The average ages were 49.1 and 50.0 for male and female cases of LCCA, respectively, while they were 48.0 and 48.6 in OPCA. The ages were distributed with a steep peak and a negative skewness, that is, the curves had longer tails on the younger side. Age of onset ranged from 9 to 64 in spino cerebellar types, the overall averages being 34.0 and 36.8, respectively, for males and females, around which ages the curves had rather wide plateaux. In seven spino cerebellar cases in which recessive transmission was assumed, the age of onset was 10 to 20. In dominant cases, pooling the two sexes, it was 32.5 on average, and in 110 sporadics the figure was 50.2. Sex difference in the age of onset was negligible in these three spino cerebellar types.

Neurological manifestations other than ataxia are summarised in Table 1 for all ages and with the two

| TABLE 1 Neurological manifestations in cerebellar ataxias in Japan |
|-------------------|-------------------|-------------------|-------------------|
|                   | Spino cerebellar types | LCCA | OPCA |
|                   | (n=7) | (n=127) | (n=110) | (n=163) | (n=189) |
| Ocular signs       | 6/7   | 84.1 | 64.5 | 60.5 | 70.6 |
| Nystagmus          | 4/6   | 83.0 | 77.5 | 70.4 | 78.7 |
| Paresis of ocular muscles | 1/6 | 11.3 | 7.0 | 8.2 | 3.1 |
| Gaze paralysis     | 6     | 8.5  | 4.2  | 4.1  | 7.9  |
| Optic nerve atrophy |       | 2.8  |      |      | 0.8  |
| Retinitis pigmentosa |       |      |      | 2.0  |      |
| Cataracts          | 7/7   | 3.8  | 4.2  | 4.1  | 4.7  |
| Other              | 1/6   | 23.6 | 14.1 | 18.4 | 11.0 |
| Dysarthria         | 17    | 96.8 | 93.5 | 80.9 | 94.4 |
| Atrophy of the lower limbs | 1/7 | 17.7 | 6.5  | 6.9  | 10.8 |
| Paresis of the lower limbs | 1/7 | 17.1 | 19.8 | 11.5 | 25.3 |
| Patellar reflex    |       |      |      | 1.7  | 1.5  |
| Lost or diminished | 1/7   | 6.3  | 2.7  | 16.6 | 11.1 |
| Normal             | 2/7   | 22.8 | 9.1  | 54.0 | 28.9 |
| Exaggerated        | 4/7   | 70.9 | 88.2 | 29.4 | 60.0 |
| Babinski's reflex  | 2/7   | 33.3 | 34.0 | 6.3  | 22.0 |
| Muscle tone        |       |      |      | 36.7 | 35.2 |
| Diminished         | 2/7   | 50.0 | 40.4 | 52.7 | 35.2 |
| Normal             | 4/7   | 38.1 | 44.7 | 42.6 | 35.2 |
| Spastic            | 1/7   | 10.2 | 13.8 | 2.0  | 3.8  |
| Rigid              | 1/7   | 1.7  |      | 2.0  | 22.6 |
| Other              |       |      |      | 0.7  | 3.1  |
| Involutionary movements | 1/7 | 14.5 | 15.2 | 7.5  | 15.3 |
| Tremors            | 3/7   | 31.7 | 25.5 | 25.0 | 38.8 |
| Sensory disorders  | 3/7   | 25.2 | 20.6 | 9.2  | 15.6 |
| Mental disorders   | 0/7   | 14.5 | 18.3 | 6.8  | 23.9 |
| Epileptic disorders| 0/7   | 3.3  | 1.9  | 1.3  | 1.7  |
| Autonomic disorders| 1/7   | 15.1 | 5.1  | 17.3 | 79.5 |

The proportion (%) of cases showing a positive sign are represented, excluding those not known, for various neurological signs for four groups of cerebellar ataxias. For the recessive spino cerebellar group of seven cases, the numbers of cases with a positive sign are represented. For each ocular sign, the proportion was calculated from the total of the cases showing one or more of any ocular sign. Other ocular signs in the dominant spinocerebellar cases included: reduced visual acuity (2), constricted visual field (2), anisocoria (5), loss of the convergence reflex, diplopia (9), strabismus, Parinaud's sign (3), impaired smooth pursuit movements (2), impaired saccadic movements (2), viscosity with saccadic eye movement, blepharospasm, and impairment of eye opening (1 each).
sexes pooled, because there was no appreciable difference by age and sex in any group.

LCCA cases, strictly speaking, should not show neurological abnormalities except cerebellar ataxia. There were about 50 of these cases, but as stated in the first report, LCCA was rather broadly defined in the present material to obtain a sufficient number of probands for age-specific analyses. LCCA and OPCA showed considerable differences which were merely a reflection of the differences in their diagnostic criteria, apart from ocular signs which were not included in the criteria.

This is predictable because, owing to the broadened definition of LCCA, some cases of OPCA with mild or insufficient clinical manifestations of multisystemic involvement are grouped in LCCA. Patterns in table 1 supported the concept that LCCA and OPCA represent a disease spectrum. Western readers will probably be surprised at the high proportions of ocular signs in LCCA and OPCA in Japan.

In spinocerebellar types, sporadic cases showed very similar patterns to OPCA, with differences predictable because of the diagnostic criteria, but in dominant cases, ocular manifestations were frequent and varied. On average, they were severer in this group. Recessive cases were too few to draw conclusions.

**COMPUTED TOMOGRAMS**

The details are published by Nagai et al. with the following major conclusions. (1) In all cases of LCCA, the cerebellar hemispheres were grossly atrophic even in early cases, but there was little evidence of pontine atrophy. (2) In most cases of OPCA, the pons and the brain stem were apparently atrophic even at earlier stages, and some later cases showed varying extents of cerebellar atrophy. (3) Sporadic spinocerebellar types showed variable changes from case to case, more or less comparable with OPCA, the patterns being similar in cases from the same family. (4) Dominant cases in the spinocerebellar group had more pontine atrophy but the cerebellum was almost normal.

**ELECTRONYSTAGMOGRAMS**

The results, which have been reported separately by Katagiri et al. were as follows. (1) Friedreich’s ataxia, a disease showing spinal ataxia, presented basically normal patterns except in a few advanced cases with some clinical features of cerebellar involvement. (2) In spinocerebellar types, LCCA, and OPCA, in which there was clinical ataxia of the cerebellar type, ENG also disclosed cerebellar patterns with positive FFS. In other words, caloric nystagmus, which is normally suppressed by caloric stimuli to the external auditory meatus, and which is normally suppressed by voluntary fixation of the eyes when the cerebellum is functioning, was not adequately suppressed in these diseases. (3) In LCCA, ETT was ataxic, OKN was suppressed, and horizontal gaze nystagmus was prominent, indicating pure cerebellar patterns, and rebound nystagmus was seen, suggesting hemispheric disorders. (4) In OPCA, ETT was more or less saccadic as in Parkinson’s disease, OKN was suppressed particularly in the vertical direction, gaze nystagmus was observed in half of the cases, and no rebound nystagmus was elicited, indicating disturbed vestibuloculocurrar functions. (5) In spinocerebellar types, the patterns were more or less similar to OPCA, as explained later for dominant cases.

**CLINICAL-GENETIC CORRELATIONS**

Recessive spinocerebellar cases were few, but were separable on grounds of very young age of onset and evidence of recessive heredity.

LCCA and OPCA, as discussed fully in the first report, are known to represent both extremes of a correlated disease spectrum, not only from the pathological point of view, but by showing identical family patterns suggesting a multifactorial aetiology. The results in table 1 were compatible with these concepts.

Sporadic spinocerebellar types are probably heterogeneous, but the age of onset was identical to LCCA and OPCA, and clinical patterns, particularly ocular signs, were remarkably similar to OPCA. As quoted in the first report, most necropsied cases of Marie’s ataxia, to which the present spinocerebellar types are almost equivalent, showed findings of OPCA. The latter is a multisystemic degeneration showing extremely variable clinical manifestation, and it may be that most sporadic spinocerebellar cases are in fact, pathologically speaking, cases of OPCA, in which pyramidal tract signs were prominent but other features of typical OPCA were less evident clinically.

Dominant spinocerebellar cases are characterised not only by a specific mode of transmission, but by onset in middle age and rather colourful ocular manifestations, and are reasonably separable from the rest of the spinocerebellar cases. Although it was unclear whether the cases represented one and the same disease entity, they were tentatively given a special name and are described separately in the following section.

**DOMINANT SPINOCEREBELLAR ATAXIA WITH SPASTICITY AND VESTIBULOCULAR IMPAIRMENT**

Of a total of 110 cases with this condition, 42 were
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personally examined, among which there were 11 cases belonging to one large family. Fig 1 shows the K family pedigree. The family was ascertained around the city of Niigata among 27 other families which included fewer but similarly affected cases. The family was first observed by Tsujimura and updated by the present authors. There were 34 patients in five generations and autosomal dominant transmission was definite.

Age of onset was 15 to 51, the average being 31, with no sex difference. The initial manifestation was instability of gait in all cases. The disease was relentlessly progressive and showed the following clinical patterns in the cases directly examined. Unexamined cases showed similar patterns, according to the medical records we could review.

Ataxia was of cerebellar origin, symmetrical, and more pronounced in the lower than in the upper limbs. Dysarthria was a feature in all 11 cases examined, and mild to moderate ataxic dysphagia was observed in half of the cases. Mild Romberg's sign was observed in six cases.

Ocular manifestations were protein. All cases showed horizontal nystagmus. Fine pendulous upward gaze nystagmus was observed in seven cases, limitation of upward gaze in four, abducens paresis with diplopia in lateral gaze in five, various other diplopias in seven, and difficulty in eye opening in one.

Muscle atrophy was observed in four cases in the distal legs. Muscle tone was spastic in some cases but no case showed other types of hypertonicity except two cases with occasional dystonic movements. Pyramidal tract signs of varying severity were noted in all but three cases and Babinski reflex was observed in five. Sensory impairment characterised some cases. Superficial sensation was reduced in five cases mostly in the distal lower limbs. Vibration senses were reduced in eight, which included these five cases. Mild sphincteric disturbances were seen in four fairly advanced cases.

These patterns represented overall statistics, and advanced cases were likely to manifest more or less all of the possible disorders, whereas earlier cases showed only ataxia and one or more ocular signs.

CT examination was performed in six cases. Evidence of cerebellar atrophy was absent or very mild even in advanced cases. Changes in the cerebrum were also negligible. In all cases, on the other hand, the brainstem, particularly the pons, was grossly atrophic, as seen in fig 2. Incidentally, one of the cases in this family died of a stroke many years ago. At necropsy pathologists were interested only in the vascular disease, but there was a statement that the cerebellum was not atrophic. No specimen was available.

ENG showed basically identical patterns among
six cases with increasing severity in later cases. Spontaneous nystagmus was seen in two cases, gaze nystagmus in all cases in horizontal as well as vertical directions, and rebound nystagmus was observed in three cases. In caloric tests, the response was poor in five and lost in one, and FFS was positive in three. Diminution of OKN was evident particularly in the vertical direction. ETT was slightly saccadic, smooth pursuit movements being impaired. Audiometry was totally normal. These patterns were unique and indicated impaired vestibulococular functions.

Discussion

Clinical characteristics were compared among five groups of cerebellar ataxias classified by estimated genetic mechanisms.

TWO MAJOR GROUPS OF CEREBELLAR ATAXIAS IN ADULTS

Excluding a few recessive spinocerebellar cases, abiotrophic cerebellar ataxias appeared to fall into two major groups: one comprising LCCA, OPCA, and sporadic spinocerebellar types, the other comprising dominant spinocerebellar ataxia with spasticity and vestibulococular impairment. The former cases are probably related with systemic ‘aging process’ of the central nervous system conditioned multifactorially, whereas the latter is a definable monomorphic genetic disease entity.

This hypothetical division is based on the estimated genetic mechanisms, as well as clinical patterns, including ages of onset, CT, and ENG, but pathological information was not considered. The latter was absolutely necessary for adequate division, but impossible for technical reasons, as stated in the first report.

LCCA, OPCA, AND SPORADIC SPINOCEREBELLAR TYPES

These are abiotrophic diseases sharing common features such as (1) age of onset in later life, (2) low familial aggregation compatible with a multifactorial aetiology, (3) clinical manifestations interconnected with ‘mixed’ or ‘intermediate’ cases, and (4) correlated pathological findings indicating multi-systemic involvement especially of basal ganglia, brainstem nuclei, and the cerebellum and its tracts.

Splitting and lumping have been the two extremes of attitude in classifying abiotrophic diseases of the central nervous system.

Even though they share these common features, LCCA, OPCA, and cases labelled as sporadic spinocerebellar types in this study may appear as different diseases, which could even be split further for various observed or conjectured reasons. Several reports have been published on this topic. For instance, five ‘subtypes’ of OPCA were separated by Koningsmark and Weiner. These publications are not reviewed here, but it appears that efforts to subdivide the categories are more likely to add further controversy to the nosological debate, rather than to solve the problem, or to propose universally acceptable hypotheses.

CT and ENG may provide new clues for better antemortem diagnoses or classification among and within these interrelated diseases. They are repeatable, non-invasive, and highly effective in evaluating anatomical and functional impairments of the neural structures in the posterior fossa, as shown in the present cases, and in a few works quoted by Nagai et al. and Katagiri et al. It is accepted, in the meantime, that homovanillic acid (HVA) in the cerebrospinal fluid reflects activities of the central dopaminergic neurones. Mizuno and Ariga, among others, investigated HVA in SCD, particularly to distinguish LCCA from OPCA, a disease in which the dopaminergic extrapyramidal system is involved. Values of HVA were lower in OPCA than in other types of SCD. Although they are still evolving, CT, ENG, and metabolic information including HVA may in the near future be used to diagnose these diseases, which at present are only diagnosed on clinical signs and symptoms. The delineation of these
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diseases, however, would still not be clear cut, but it is probable that, viewing preliminary data, these techniques may provide more evidence of their complex interrelations.

Associations with HLA haplotypes is another method of evaluating heterogeneity of various diseases. A few HLA studies of SCD have been published and reviewed by Pedersen et al., who observed that three of their own families of 'cerebellar ataxia' were linked with the HLA system with a combined lod score of 2.13. Negative lod scores were obtained for the remaining family. Cases in this family were characterised by younger ages of onset and higher incidences of dementia and spasticity. HLA studies of SCD are still experimental but here also we see a potential improvement in classification of this perplexing group of diseases.

For those who prefer to amalgamate various seemingly different diseases, on the other hand, even differences such as shown in table 1 may be superficial, and the cases seem to represent one and the same disease continuum. Such a view is eccentric, however, because it cannot explain why, although interrelated, there are different clinical-pathological types. At least in clinical practice, we find little reason to reject time-honoured concepts of these diseases, particularly of LCCA and OPCA.

These considerations are relevant not only to the three diseases discussed, but to other abiotrophic diseases in the elderly: presenile dementias, amyotrophic lateral sclerosis, progressive bulbar paralysis, spinal progressive muscular atrophies, Parkinson's disease, striatonigral degeneration, progressive supranuclear palsy, etc. In these diseases, familial aggregation is not prominent, Mendelian inheritance is not tenable, incidence increases with increasing age, associations with environmental factors are poor, clinical symptoms are similar to the characteristics of aging, and pathological changes, particularly of neurones, are almost identical to those in 'physiological aging'.

Neurones are postmitotic cells, which are highly specialised and which undergo no further cell division. With increasing age of the host, they show a numerical reduction and morphological changes in surviving cells including lipofuscin, senile plaques, amyloid body, Alzheimer's neurifibrillary tangles, etc. Although pathological changes in the aforementioned diseases are marked, systematic, progress more rapidly, and represent serious and irreversible neurological deficits, true differences from 'physiological aging' are quite few. The cause of these diseases is still one of the major enigmas in neurology, but a likely hypothesis is that they are the result of premature and accelerated aging occurring in some systems of the central nervous system in a few genetically predisposed subjects, perhaps influenced by some environmental conditions.

**DOMINANT SPINOCEBELLAR ATAXIA WITH SPASTICITY AND VESTIBULOCULAR IMPAIRMENT**

This disease appeared to be separable from other spinocebellar cases on grounds of hereditry, age of onset, and clinical features. No pathological information was available among the present material, however.

The original concept of Marie's ataxia was based on four reports by Brown, Frazer, Klippel and Durante, and Nonne which appeared to Marie to represent a disease entity, hérédotoaxie cérébélleuse, uniformly characterised by late onset, eye signs, spasticity, and ataxia of cerebellar origin. This 'disease' was thus proposed as it differed from Friedrich's ataxia, the only inherited ataxia known at that time, in which onset is younger, ataxia is of the spinal type, and tendon reflexes are diminished.

No two cases were necropsied in these four families when the disease was proposed, but later necropsied cases of the families of Frazer and Nonne disclosed conditions resembling cerebellar hypoplasia. In Brown's family, three necropsied cases showed degeneration in the posterior columns, spinocebellar tracts, and Clarke's columns in all three cases, some atrophy of the anterior horn cells in one case, but little if any degeneration of the brain stem or the cerebellum. Contrary to Marie's presumption, the cases represented ataxia resulting from involvement predominantly in the spinal cord. Four cases necropsied in the family of Klippel and Durante presented marked changes in the spinal cord, and to a lesser extent in the brain stem and the cerebellum. According to Holmes, the cases bore more resemblance to those of Brown and should be grouped with the spinal ataxias not the cerebellar ataxias, because the only constant lesions were found in the spinal cord.

Consequently, the material on which Marie based his concept of 'hereditary cerebellar ataxia' has proved to be very heterogeneous and to give little support for his thesis. In his book, Greenfield evaluated pathological findings in hereditary cerebellar ataxia, and found that they fall more or less sharply into either OPCA or LCCA categories, but he realised that the same clinical syndrome can also develop in degenerative disease predominantly affecting the spinal cord, at least in Brown's cases.

Reports of pedigrees involving one or more necropsies of such cases are rare. Available reports are summarised in tables 2 and 3. The families of Brown as well as of Klippel and Durante have already been mentioned. There are reports of five
TABLE 2 Neurological manifestations in reported cases of hereditary spastic ataxia

| Sex, age at onset/-death | Initial symptoms | Nystagmus | Paresis of ocular muscles | Gaze paralysis | Optic nerve atrophy | Other ocular signs | Dysarthria | Atrophy of the lower limbs | Paresis of the lower limbs | Patellar reflex | Babinski reflex | Muscle tone | Involuntary movements | Sensory disorders, superficial | Sensory disorders, deep | Romberg’s sign | Mental disorders | Autonomic disorders | Others |
|-------------------------|------------------|-----------|--------------------------|---------------|-------------------|-------------------|-----------|-------------------------|------------------------|--------------|---------------|-----------|---------------------|----------------------|----------------------|----------------|----------------|----------------|----------|-------------------|
| Brown (case 6)          | Female, 45/67    | Unsteady gait | Horizontal, vertical    | Unsteady gait | Weak vision, ptosis, slow eye opening | Spastic          | Slow but distinct | Asymmetry | ±                  | +                       | +           | +               | +         | +                   | Eyelid, lip, Tongue | ?                   | +               | +            | Mild dysuria | Dysphagia |
| Klippel and Durante (case III.1) | Female, 30/57 | Unsteady gait | -                        | Vertical      | -                  | +                | +         | -                      | -                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | Mild dysuria | Dysphagia |
| Matsuyama et al 13      | Male, 29/39      | Unsteady gait, suicidal | Horizontal, vertical | VI | Anisoconia, impaired eye opening, lagophthalmos | -                | +         | +                      | +                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | -             | Dysphagia |
| Boiler and Segarra (case 2) | Male, 27/41   | Unstable gait, diplopia | +                        | +             | +                 | +                | +         | +                      | +                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | Mild dysuria | Dysphagia |
| Ishino et al 17         | Male, 25/36      | Unstable gait, hand clumsiness | Horizontal, vertical | Unsteady gait, diplopia | +                  | -                | +         | +                      | -                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | Mild dysuria | Dysphagia |
| Taniguchi and Konigsmark 18 | Female, 35/54 | Unsteady gait, diplopia | +                        | +             | +                 | +                | +         | +                      | +                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | Mild dysuria | Dysphagia |
| Kurachi et al 19        | Male, 41/56      | Unsteady gait, diplopia | Horizontal, vertical    | +             | +                 | -                | +         | +                      | +                      | +           | +               | +         | +                   | -                   | -                   | +               | +            | Mild dysuria | Dysphagia |

One case each is presented for seven families of hereditary spastic ataxia. The cases of Brown and Klippel and Durante are shown first, because they were prototypes of the disease. Other cases are shown in the order of the year of publication. Clinical abnormalities appearing in the final stage only are not presented so that the table is comparable with clinical statistics such as shown in table I. Further clinical information of case III.1 of Klippel and Durante was supplied by the report of Crouzon and Mathieu (Rev Neurol 1922:38-925).

(−−) no or normal, (+) yes or moderate, (±) mild, (+ +) hyperactive patellar reflex, (?) equivocal findings.

more families published, besides several congress abstracts which are not quoted here. The family of Taniguchi and Konigsmark included Negro cases, and those of Matsuyama et al., Ishino et al., and Kurachi et al. were Japanese. Thus three major ethnic groups of man, Caucasians, Mongoloids, and Negroids are affected by this disease.

In all families, the pattern of transmission was clearly compatible with autosomal dominant inheritance. Both sexes were equally represented. Ages of onset were in the third to fifth decade. The clinical picture was characterised by colourful eye signs, spasticity, and cerebellar ataxia, basically identical to the patterns for dominant spinocerebellar ataxia with spasticity and vestibuloculocurricular impairments which were described in the previous section.

Pathological findings varied among the cases, but major changes were observed in the spinal cord, particularly in the ventral and the dorsal spino-cerebellar tracts, Clarke’s columns, and the posterior tracts, that is, in the cerebellar afferent systems. Variable, but generally milder, changes were encountered in the nuclei or tracts connected with vestibuloculocurricular functions. The cerebellum was mildly affected if any lesion was found.

These patterns totally differ from those in LCCA and OPCA. In LCCA, major changes occur in the cerebellar cortex, greatest in the superior parts of the vermis in typical cases, with a severe loss of Purkinje cells and some loss of the granule cells. Cerebellolivary fibres are often affected. That is, the key change is observed in the cerebellar efferent system. In OPCA, severe changes are usually seen in the nuclei in the pons and in the middle cerebellar peduncles which contain the pontocerebellar fibres and other cerebellar peduncles from the brainstem, but the lesions are not limited to these systems and involve various structures in the central nervous system in a variety of distributions and severity, representing a widespread multisystemic involvement.
In conclusion, clinical, pathological, and genetic evidence indicated that this disease is an entity separable from the LCCA/OPCA spectrum and sporadic spinocerebellar cases occurring at elderly ages. Necropsy cases are rare, apparently because of its benign nature, but the disease may constitute a considerable proportion of spinocerebellar cases in middle age.

Nomenclature is confused as shown by the titles of the reports quoted in table 2. Using several clinical and pathological characteristics, Taniguchi and Konigsmark\(^{18}\) suggested that the disease might be named ‘dominant spinopontine atrophy’. The present authors tentatively refer to this disease, on clinical and genetic grounds, as ‘dominant spinocerebellar ataxia with spasticity and vestibuloculocarpal impairment’, to separate it from other cerebellar ataxias. We do not, however, propose this name for this clinicopathological entity, but suggest calling it simply ‘hereditary spastic ataxia’ after Greenfield who, from the pathological point of view, separated this condition from the LCCA/OPCA spectrum by grouping it in his ‘spinal forms’.

The best account of this condition is probably a review by Eadie\(^{22}\) who stated that it bridges the gap between two of the better established entities, Friedreich’s ataxia and Menzel’s type of OPCA. After a comprehensive description of Brown’s family,\(^{8}\) he included the cases of Klippel and Durante,\(^{10}\) Boller and Segarra,\(^{16}\) Taniguchi and Konigsmark,\(^{18}\) and Ishino et al\(^{17}\) in the same disease, but whether such a broadened view of hereditary spastic ataxia will prove valid is a matter for future judgement.

Although some differences were observed from case to case, similarities were far greater among our cases of dominant spinocerebellar ataxia with spasticity and vestibuloculocarpal impairment. The authors found this disease essentially identical to the concept of hereditary spastic ataxia, as broadened by Eadie with the cases of Brown as paradigms, and found no reason to subdivide it into smaller groups. It is advisable to pool the cases into one disease until evidence of its heterogeneity is discovered.

**PROBLEMS UNSOLVED**

The present study was able to answer most of the problems which emerged from the first report. However, various types of SCD have been defined pathologically, and even though this typing is used clinically, antemortem diagnoses require pathological verification. In the first report and this one,
family patterns of clinically defined diseases have been analysed. This makes it absolutely necessary to analyse pertinent aspects of necropsied cases, to evaluate whether conclusions in these studies are compatible with the patterns in the verified cases.

This analysis will be made in the third report of the present series.

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Requests for reprints to Dr K Kondo, Department of Neurology, Brain Research Institute, Niigata University, Asahimachi 1, Niigata 951, Japan.