ORIGINAL ARTICLE

NLRP7 in the spectrum of reproductive wastage: rare non-synonymous variants confer genetic susceptibility to recurrent reproductive wastage

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Received 10 January 2011

Revised 27 April 2011

Accepted 29 April 2011

Published Online First

9 June 2011

ABSTRACT

Background *NLRP7* mutations are responsible for recurrent molar pregnancies and associated reproductive wastage. To investigate the role of *NLRP7* in sporadic moles and other forms of reproductive wastage, the authors sequenced this gene in a cohort of 135 patients with at least one hydatidiform mole or three spontaneous abortions; 115 of these were new patients.

Methods/Results All mutations were reviewed and their number, nature and locations correlated with the reproductive outcomes of the patients and histopathology of their products of conception. The presence of *NLRP7* mutations was demonstrated in two patients with recurrent spontaneous abortions, and some rare non-synonymous variants (NSVs), present in the general population, were found to be associated with recurrent reproductive wastage. These rare NSVs were shown to be associated with lower secretion of interleukin 1 β and tumour necrosis factor and therefore to have functional consequences similar to those seen in cells from patients with *NLRP7* mutations. The authors also attempted to elucidate the cause of stillbirths observed in 13% of the patients with *NLRP7* mutations by examining available placentas of the stillborn babies and live births from patients with mutations or rare NSVs. A number of severe to mild placental abnormalities were found, all of which are known risk factors for perinatal morbidity.

Conclusions The authors recommend close follow-up of patients with *NLRP7* mutations and rare NSVs to prevent the death of the rare or reduced number of babies that reach term.

INTRODUCTION

Hydatidiform mole (HM) is an aberrant human pregnancy characterised by abnormal embryonic development, hydropic degeneration of chorionic villi, and proliferation of the trophoblast. The common form of this condition occurs once in every 250 pregnancies in Western societies.¹ Common moles are sporadic, usually not recurrent, and have a complex aetiology involving both genetic and environmental factors. Among women with one

mole, 1–6% will develop a second mole,^{2–7} depending on populations and studies, and 10–25% will experience a second reproductive wastage, mostly as a spontaneous abortion (SA).^{2 4 8 9}

Molar pregnancies are first diagnosed on the basis of ultrasonography and high serum concentrations of β -human chorionic gonadotropin. Definitive diagnosis is made after histopathological examination of the evacuated products of conception (POCs), which allows them to be divided into complete and partial moles and distinguished from non-molar SAs. At the histopathological level, complete HMs (CHMs) do not contain embryonic tissues other than the chorionic villi and have excessive trophoblast proliferation.¹⁰ Partial HMs (PHMs) may contain other embryonic tissues (amnion, chorion or other) but have mild and focal trophoblastic proliferation.¹⁰ Non-molar SAs may contain embryonic tissues, but most do not have trophoblastic proliferation. Because histopathology is a qualitative science and lacks quantitative measurements to assess the degree and extent of trophoblastic proliferation (mild, excessive, focal, occasional, etc), there is wide interobserver and intraobserver variability, mainly in distinguishing PHMs from SAs and less often in distinguishing CHMs from PHMs.¹¹ In addition, epidemiological studies have shown that the frequency of moles is higher in patients with recurrent SAs than in women from the general population.^{12 13} Also, a history of recurrent SAs is a well-known risk factor for moles.¹⁴ Furthermore, women with recurrent moles may have CHMs, PHMs and SAs, indicating that these three histopathological entities have, at least in some cases, the same underlying aetiology and are a continuous spectrum of the same condition.

To date, one gene, *NLRP7*, has been shown to have a causal role in recurrent HMs and associated reproductive wastage.¹⁵ Mutations in this gene have been reported by various groups and in patients from several populations, demonstrating that *NLRP7* is a major gene for this condition^{16–22} (<http://fmf.igh.cnrs.fr/ISSAID/infervers/>). Patients with familial recurrent HMs have two defective alleles and can be homozygous for the same mutation or compound heterozygous for two different mutations. To date,

only seven patients with a single defective allele in *NLRP7* have been reported.^{16–17} *NLRP7* (NOD-like receptor proteins, pyrin containing domain 7) is formed from three main domains: a pyrin domain, a NACHT domain (found in the NAIP, CIITA, HET-E and TP1 family proteins), and 9–10 leucine-rich repeats (LRRs) depending on splice isoforms. NLRPs are a subfamily of proteins with roles in inflammation and apoptosis.²³ In vitro, *NLRP7* overexpression inhibits caspase-1-dependent interleukin 1 β (IL1B) secretion.²⁴ Recently, we demonstrated that peripheral blood mononuclear cells (PBMCs) from five patients with different *NLRP7* mutations secrete lower levels of IL1B and tumour necrosis factor (TNF) than PBMCs from controls (Messaed *et al*, unpublished work). We showed that, despite their low cytokine secretion, the intracellular levels of mature IL1B in PBMCs of one analysed patient was normal, comparable to that of control cells, indicating a defect after IL1B processing, most likely affecting its secretion into the extracellular milieu. We suggested that the impaired cytokine secretion and consequent inflammatory response of the patients, due to their *NLRP7* mutations, make them tolerant to the growth of the aberrant molar conceptions with no embryo, and the delayed rejection of these conceptions contribute to the molar phenotype.

Because of the diagnostic overlap between moles and SAs, we widened our selection criteria for *NLRP7* sequencing and included patients with at least one HM (≥ 1 HM) or three SAs (≥ 3 SAs). Here we report *NLRP7* mutation analysis in 135 unrelated patients with a spectrum of reproductive wastage. We show that the highest frequency of *NLRP7* mutations is found in patients with ≥ 2 HMs and the lowest in patients with ≥ 3 SAs. We demonstrate a significant association between complete moles and the presence of at least one protein-truncating mutation. We show that rare non-synonymous variants (NSVs) in *NLRP7* confer genetic susceptibility for recurrent reproductive wastage. Finally, we show that patients with *NLRP7* mutations and rare NSVs have variable degrees of placental abnormalities associated with increased perinatal morbidity.

PATIENTS AND METHODS

Patients and controls

The study was approved by the institutional review boards of McGill and collaborating institutions. All patients and controls provided written consent to participate in this study. Patients were ascertained by (i) referral to us from various collaborators for genetic testing, (ii) recruitment from the miscarriage clinic of the McGill University Health Centre, and (iii) referral from the Quebec and Montpellier registries of trophoblastic diseases. Selection criteria were either at least one HM (≥ 1 HM) or one trophoblastic disease or the occurrence of at least three SAs (≥ 3 SAs). For most patients, clinical information was collected using standard pro forma recapitulating complete reproductive, medical and family histories. One patient, 428, with one *NLRP7* mutation previously reported by our group¹⁶ had a prematurely born baby at 28 weeks in her last pregnancy. The baby was later diagnosed to have several congenital abnormalities including bilateral clubfoot, intraventricular haemorrhage grade II on the left side of the brain, developmental delay, mild tracheomalacia and patent ductus atresia which required several operations. Blood karyotype analysis, at a resolution level of 400 bands, revealed a 46,XY normal karyotype in 11 analysed metaphases.

For mutation analysis, control DNA was from women either from the Centre d'Étude du Polymorphisme Humain (CEPH) families or families of European descent with various inherited conditions, unrelated to pregnancy losses, and with 5–16 children. Beside women from the CEPH families, most controls

were of Canadian origin, with a significant number being of French ancestry. However, their complete reproductive history and whether they had had reproductive wastage is not known.

Mutation analysis and annotation

Mutation analysis was performed, as previously described,²⁰ by PCR amplification of genomic DNA of the 11 *NLRP7* exons followed by direct sequencing in the two directions. Sequences were analysed using DNASTAR. In the text, we use the term mutations to indicate DNA changes, leading to protein truncations or non-synonymous changes that were not found in any of the tested controls including those of the same, or related, ethnicities to the patients. We use the term non-synonymous variants (NSVs) to indicate coding DNA changes leading to amino acid changes that were found in controls from any ethnic group. When possible, identified mutations and variants were phased by genotyping available parents and other family members. Nucleotide numbering for mutations and variants uses cDNA numbering with +1 corresponding to the A of the ATG translation initiation codon in the reference sequence, NM_001127255.1.

Cytokine secretion and western blotting

PBMCs were separated using Ficoll, counted, and cultured in the absence or presence of ultrapure lipopolysaccharides (1 μ g/ml; Cedarlane 423(LB) from *Escherichia coli* 0552:B5) for 24 h. Supernatants were collected and assayed by ELISA for IL1B and TNF secretion (BD Biosciences, Becton Dickinson Canada Inc, ON, Canada). Statistical analyses were performed using analysis of variance single-factor analysis, as it is the appropriate comparison test to deal with a single independent variable between all the compared values. $p < 0.05$ was considered to be significant. Western blot analysis was performed using monoclonal antibodies directed against human IL1B (Cell Signaling Technology, USA), α -tubulin (Cell Signaling Technology, New England Biolabs, ON, Canada) (1:1000 dilution) and β -actin (Chemicon International, Millipore, Massachusetts, USA). Protein bands were revealed using Hyperfilm ECL Western blotting detection reagents (GE Healthcare, Mississauga, ON, Canada) and quantified by Image J software (<http://rsb.info.nih.gov/ij/>).

Histopathology

For histopathological diagnoses of CHM, PHM and SA, 105 tissue sections from 31 POCs were stained with H&E, examined independently by two pathologists with expertise in early pregnancies, scored for four parameters (presence of nucleated red blood cells inside chorionic villi, presence of fetal membranes or tissues beside chorionic villi, degree of trophoblast proliferation, and degree of hydropic change), and classified as CHM, PHM or SA. For late and term placentas, tissues were screened independently by two other pathologists with expertise in term placentas.

RESULTS

NLRP7 mutations in the spectrum of reproductive wastage

In this study, we sequenced *NLRP7* in 135 unrelated patients with ≥ 1 HM or ≥ 3 SAs; 115 of these were new patients. Of the 135 unrelated patients, 45 had had ≥ 2 HMs, 64 had had only one HM (with or without other reproductive wastage), and 26 had had ≥ 3 SAs (figure 1). The highest frequency of mutations was found in patients with ≥ 2 HMs (60%; 26/45 patients), followed by patients with one HM (13%; 8/64 patients), then patients with ≥ 3 SAs (8%; 2/26 patients). Of the eight patients with one HM and *NLRP7* mutations, six (75%) had had at least two additional instances of reproductive wastage, one had had one mole and two live births, and the remaining had had one

Figure 1 Summary of *NLRP7* mutation analysis of 135 unrelated patients with a spectrum of reproductive wastage. HM, hydatidiform mole; NSV, non-synonymous variant; SA, spontaneous abortion.

mole, but no data are available about her other reproductive outcomes. This indicates that *NLRP7* mutations predispose patients to recurrent reproductive wastage rather than sporadic moles. Of the 26 women with ≥ 3 SAs, two had *NLRP7* mutations. One had had two live births and seven SAs and was heterozygous for R156Q. The second patient had had four SAs, one of which led to a gestational trophoblastic disease that required methotrexate treatment, and was heterozygous for A719V. Both mutations, R156Q and A719V, were previously seen in women with moles¹⁶ and were not found, respectively, on 300 and 200 chromosomes from control women of matching ethnicity to that of the two patients (both of European descent). This demonstrates that *NLRP7* is also responsible for some cases of recurrent SAs and that the variability in the reproductive outcomes of patients with the same mutation may be due to the genetic background of the patients, environmental factors, or both. Our data are in agreement with previous epidemiological data showing the occurrence of a second case of reproductive wastage in 10–25% of women with a prior HM.^{2 4 8 9}

Eight new mutations and variants including three protein-truncating ones

Of 135 unrelated patients sequenced, 36 had at least one protein-truncating mutation or NSV that were not seen in controls of matching ethnicity. Among these mutations/variants, there were 28 different mutations/variants, 20 of which have previously been reported,^{15–22 25} and eight were new mutations or variants. Three of the new mutations were protein-truncating (c.930_931del, p.Gln310HisfsX38; c.1018_1020delinsCAAAA, p.Glu340GlnfsX11; c.2791_2792delTG, p.Cys931X) and most likely pathogenic. The remaining five were missense (c.750C→A, p.Phe250Leu; c.1018G→A, p.Glu340Lys; c.1169G→A, p.Arg390His; c.1237C→T, p.Arg413Trp; c.2444G→A, p.Arg815His), and none was found in controls from several ethnic groups (online supplementary table 1). These five missense variants could (i) be pathogenic, (ii) increase the susceptibility of the patients to reproductive wastage, or (iii) be simply very rare variants that were not seen in our cohort of controls from the general population. Future studies are needed to clarify their status with respect to reproductive wastage. We note that none of these new missense variants is reported on the 1000 Genome Database website. Using Polyphen 2 software that predicts possible effects of an amino acid substitution on the structure and function of a protein using structural and comparative considerations, two missense mutations, Glu340Lys and Arg413Trp, were predicted to be probably damaging, while the remaining three, Phe250Leu, Arg390His and Arg815His, were predicted to be benign (table 1). The reproductive outcomes of the patients with the new mutations and variants are shown in online supplementary table 2.

Genotype–phenotype relationships of mutations in *NLRP7*

Patients with one *NLRP7* defective allele have better reproductive outcomes

Of the 36 unrelated patients with mutations from the three groups (≥ 2 HMs, 1 HM or ≥ 3 SAs), 24 had two defective alleles

and 12 had a single defective allele. Comparing the reproductive outcomes of patients with one or two defective alleles (including related patients in familial cases) revealed that patients with one defective allele had significantly more live births (18.4% vs 2.5%), more SAs (37% vs 17.4) and fewer HMs (34.1% vs 73.5% of their pregnancies) than patients with two defective alleles (Fisher exact test, p value=2.809e–06) (figure 2A). Of the 12 patients, each with one defective allele, seven had had a single mole with other forms of reproductive wastage. These data indicate that patients with one identified defective allele most likely have a single defective allele and consequently better reproductive outcomes than those with two mutated alleles, who have a much greater chance of having recurrent molar pregnancies.

Protein-truncating mutations are associated with repeat CHMs

To investigate possible correlations between the nature of the mutations and the histopathological types of the molar tissues, 105 tissue sections from 31 POCs from 13 patients (from 12 unrelated families) with *NLRP7* mutations were examined, scored and diagnosed independently by two pathologists. Both pathologists noted that recurrent molar tissues from patients with *NLRP7* mutations have, in general, less trophoblastic proliferation than common sporadic moles. There was an agreement between the diagnoses of the two pathologists in 80% of the cases. Of 10 HMs from patients with at least one protein-truncating mutation, nine were diagnosed as CHMs by the two pathologists (figure 2B). Patients with missense mutations had more variability in the histopathological diagnosis of their POCs (figure 2B). These data show that repeat CHMs is the most severe phenotype caused by *NLRP7*.

The association between CHMs and protein-truncating mutations prompted us to compare the frequencies of protein-truncating mutations in all reported familial and singleton cases of recurrent moles with the hypothesis that, if protein-truncating mutations were associated with the severe phenotype, we would expect them to be higher in familial than singleton cases, since their presence would have favoured the manifestation of moles in all family members carrying them. A recapitulation of these cases showed a higher frequency of protein-truncating mutations in familial than singleton cases (52.17% vs 32.71%; online supplementary table 3). Although this association is not statistically significant, it indicates that some missense mutations are less penetrating and consequently not all family members carrying them manifest moles.

Distribution of mutations and variants in the three *NLRP7* domains

The distribution of the different mutations and variants found in the three *NLRP7* domains is shown in figure 2C, D. In this cohort of patients, protein-truncating mutations were only found in patients with at least two HMs. Patients with only one HM or at least three SAs had only missense variants (figure 2D). The distribution of all *NLRP7* mutations and variants in our

Table 1 Correlation between predicted effects of missense mutations and variants and reproductive outcomes of the patients

Substitution	Polyphen 2 score	Our patients			General population
		Reproductive wastage	Live birth	Number of unrelated patients	
C399Y	0.999	1 HM	Yes†	1	No
P716A	0.997	≥2 HMs	No	1	No
N913S	0.994	≥2 HMs	Exceptionally‡	5	No
G380R	0.987	1 HM	No	1	No
L398R	0.968	≥2 HMs	No	1	No
L964P	0.968	≥2 HMs	No	1	No
E340K	0.962	1 HM	No	1	No
R693W	0.959	≥2 HMs	No	3	No
D657V	0.951	≥2 HMs	No	1	No
A719V	0.942	1 HM or ≥3 SAs	No	2	No
R413W	0.915	1 HM	Yes	1	No
C84Y	0.909	1 HM	No	1	No
R693P	0.906	≥2 HMs	Exceptionally‡	10	No
K277Q*	0.843	≥2 HMs	No	1	No
M192L*	0.701	≥2 HMs	No	1	Yes
D722G	0.677	≥2 HMs	No	1	No
K379N	0.663	≥2 HMs	No	2	No
T1028A	0.478	≥2 HMs or 1 HM	Yes	2	Yes
R701C	0.419	≥2 HMs	No	1	No
F250L	0.280	1 HM	Yes	1	No
R693Q	0.273	≥2 HMs	No	1	No
M427T	0.189	1 HM	Yes	2	Yes
L750V	0.110	≥2 HMs	No	2	No
R156Q	0.103	≥2 HMs or ≥3SAs	Yes	2	No
K511R	0.087	≥3 SAs	Yes	3	Yes
R390H	0.041	1 HM	Yes	1	No
F430L	0.033	1 HM	Yes	2	Yes
L311I	0.025	1 HM or ≥3 SAs	Yes	2	Yes
Q310R	0.007	1 HM or ≥3 SAs	Yes	2	Yes
A481T	0.007	≥2 HMs or 1 HM or ≥3 SAs	Yes	22	Yes
V319I	0.005	≥2 HMs or 1 HM or ≥3 SAs	Yes	47	Yes
V699I	0.003	1 HM	NA	1	Yes
G487E	0.002	1 HM or ≥3 SAs	Yes	19	Yes
R815H	0.001	1 HM	NA	1	No

Polyphen 2 scores vary between 1 (for the most severe substitution) and 0 (for the most benign) and are listed by decreasing severity from top to bottom. NA indicates no available data on the other reproductive outcomes of the patient. Different outcomes in different patients are indicated by 'or'.

*Missense variants found in patients on haplotypes carrying other mutations.

†Presence of several congenital malformations in the live birth which are described in the Materials and Methods section.

‡A single live birth in one patient who is compound heterozygous for N913S and R693P among six patients with N913S (who had had a total of 24 pregnancies) and 10 patients with R693P (who had had a total of 36 pregnancies).

HM, hydatidiform mole; SA, spontaneous abortion.

patients is similar to those reported by all groups (including ours), which are listed on INFEVERS (<http://fmf.igh.cnrs.fr/ISSAID/infevers/>) (figure 2D). The highest number of missense mutations (62%) is observed in the LRRs, which represent only 36% of the total size of the protein. These data confirm the importance of the LRRs for the normal function of *NLRP7*, as previously suggested.²² This suggestion is further corroborated by the fact that only one NSV, V699I, in the LRRs was seen among all controls we analysed from several ethnic groups compared with 12 in the NACHT domain (319 amino acids), which is even 15% shorter than the LRR domain (369 amino acids) (figure 2D).

The functional consequences of all missense mutations predicted by Polyphen 2 (<http://genetics.bwh.harvard.edu/pph/>) showed the association of missense variants with mild predicted functional consequences with the category of one HM or ≥3 SAs, while severe mutations were associated with the occurrence of ≥2 HMs (table 1).

Rare NSVs in *NLRP7* are associated with recurrent HMs and SAs

To investigate whether the non-synonymous *NLRP7* variants predispose women to reproductive wastage, we removed from our cohort of 135 women those with at least one mutation and those of non-European origin and compared the frequencies of NSVs in 53 European patients with no mutations in *NLRP7* and 155 controls of European descent (table 2). This analysis revealed a statistically significant association between c.1441G→A, p.A481T and reproductive wastage ($\chi^2=6.24$, $p=0.012$). Of the 53 patients, 12 had had a single HM with either no data about their other reproductive outcomes or with normal pregnancies. When these cases were removed from the sample and only cases with one mole and at least another case of reproductive wastage or patients with ≥3SAs were included, the association with A481T was more significant ($\chi^2=7.435$, $p=0.0063$). Five other rare NSVs were more common in the patients than the controls, but did not individually

Figure 2 (A) Comparison of reproductive outcomes between patients with one or two defective alleles. *n* indicates the total number of pregnancies of patients from each category. In this figure, only major categories of reproductive wastage are shown; the other rare forms (blighted ovum, ectopic pregnancy, elective abortion, malformed baby) observed in small numbers (between 2 and 6) were either removed or merged with related categories. (B) Correlation between the nature of *NLRP7* mutations and the histopathological diagnosis of products of conception (POCs) established by two pathologists. (C) Genomic and protein structures of *NLRP7*. (D) Distribution of the different types of *NLRP7* mutations in its three domains. Distribution of mutations and variants found in our three categories of patients and of mutations listed on INFEVERS (<http://fmf.igh.cnrs.fr/ISSAID/infevers/>). After, indicates amino acids after the LRR domain; CHM, complete hydatidiform mole; Conflict, indicates two different diagnoses by the two pathologists; HM, hydatidiform mole; Inter, indicates amino acid between two domains; LRR, leucine-rich repeat; NACHT, found in the NAIP, CIITA, HET-E and TP1 family proteins; PHM, partial hydatidiform mole; PYD, stands for the Pyrin domain; SA, spontaneous abortion.

reach statistical significance (table 2). We then looked for association between the presence of any of the NSVs or any of the rare NSVs, listed in table 2, and reproductive wastage and found significant association with patients with one HM or ≥ 3 SAs ($p=0.0003$), which was even higher after removal of cases with one HM and no other reproductive wastage ($p=0.000012$). We note that none of the patients with two *NLRP7*-defective alleles had any of the rare NSVs. Among patients with a single defective allele, three had one or several rare NSVs. Parental DNA was available in one case, which allowed us to show that the rare variant is inherited on a different parental haplotype from the mutation. Taken together, our data support the role of A481T and the other rare NSVs in the genetic susceptibility for recurrent reproductive wastage.

Low IL1B and TNF secretion by mononuclear blood cells from patients with A481T

Recently, we have shown that PBMCs from five patients with *NLRP7* mutations have reduced levels of IL1B and TNF secretion despite the fact that they have normal concentrations of intracellular mature IL1B (Messaed *et al*, unpublished work). To investigate the potential functional consequences of A481T and the other rare NSVs on IL1B and TNF secretion, PBMCs from five patients (698 (p.[V319I;A481T;G487E];[=]), 754 (p.[A481T];[=]), 819 (p.[A481T];[=]), 821 (p.[Q310R(;L311I(;A481T)]), 830 (p.[A481T];[=])) carrying A481T with and without other NSVs and seven different controls without A481T and any of the other rare NSVs were stimulated *ex vivo*, and cytokine concentrations were determined by ELISA. This analysis showed that patients' cells secrete significantly lower levels of IL1B and

Table 2 Frequencies of non-synonymous *NLRP7* variants in patients and controls of European descent

Variant	Minor alleles	Controls (n = 105–155)	≥1 HM or ≥3 SA			≥1 HM and another RW or ≥3 SA		
			Patients (n = 53)	χ^2	p Value	Patients (n = 40)	χ^2	p Value
Q310R*	R	0.006	0.018	1.261		0.024	2.043	
L311I*	I	0.009	0.018	0.551		0.024	1.098	
V319I	I	0.185	0.169	0.725		0.183	0.002	
M427T*	T	0.009	0.009	0.987		0.012	0.038	
F430L*	L	0.004	0.009	0.237		0.012	0.469	
A481T*	T	0.064	0.132	6.24	0.012	0.159	7.435	0.0063
G487E*	E	0.035	0.056	0.899		0.061	1.076	
K511R*	R	0.018	0.028	0.338		0.037	0.904	
Any of the above		0.479	0.66	4.52	0.033	0.750	8.401	0.0037
Any rare NSV		0.177	0.471	13.018	0.0003	0.550	19.198	0.000012

A total of 155 controls were analysed for all variants, except M427T, F430L and K511R, for which 105 controls were analysed. A two by two contingency table was used for minor allele frequency higher than five in patients or controls, and Fisher exact test for values ≤ 5 (<http://www.quantitativeskills.com/sisa/distributions/binomial.htm>). Only significant p values are indicated (in bold). Rare NSV indicates those with minor allele frequency ≤ 0.064 and is indicated by asterisks.

HM, hydatidiform mole; n, number of subjects in each category; NSV, non-synonymous variant; RW, reproductive wastage; SA, spontaneous abortion.

TNF than control cells ($p < 0.001$) (figure 3A). We then looked at the levels of intracellular production of pro and mature IL1B by cells from these five patients and one control using western blot analysis. We found variable concentrations of intracellular pro and mature IL1B in different patients (figure 3B) similar to those reported in healthy subjects.²⁶ In all the analysed patients, the intracellular concentrations of mature IL1B mirrored those of pro-IL1B, demonstrating that NSVs in *NLRP7* do not impair IL1B cleavage. This result is in agreement with our previous observation in one patient with a mutation, G380R, in *NLRP7* (Messaed *et al*, unpublished work). We then looked at the ratios of intracellular and extracellular IL1B between cells from each of the five patients and the same control cultured, stimulated and assayed at the same time. We found that the ratios of secreted IL1B by patient cells relative to control cells (patient/control) were lower than the ratios of their intracellular mature IL1B (figure 3C). These findings are in agreement with our previous observation in a patient with a mutation in *NLRP7* and demonstrate that A481T and the other rare NSVs have functional consequences and reduce cytokine secretion upon stimulation with lipopolysaccharides. Taken together, these data show the association of A481T and rare NSVs with lower cytokine secretion similar to those observed in patients with *NLRP7* mutations, and support further the role of these rare NSVs in conferring genetic susceptibility for reproductive wastage.

Increased perinatal morbidity and placental abnormalities in patients with *NLRP7* mutations or rare NSVs

To date, six of our 46 patients with at least one *NLRP7* mutation (13% of our patients) had had seven stillbirths (3.4% of their pregnancies). Tissues from all the placentas of these stillborn babies were not available to us for evaluation. The descriptions provided by the patients for four cases indicated the death of morphologically normal babies (online supplementary table 5). Medical reports were available for two cases (online supplementary table 6). In one case, the patient manifested, at 26 weeks of gestation, pre-eclampsia and placental abruption. Infarction and calcification were diagnosed by histopathological examination of the placenta of the delivered baby, who died later. In the second case, a placental haematoma was diagnosed by ultrasonography after the intrauterine demise of the baby.

In an attempt to understand what caused the death of these babies, we retrieved placental tissues from one stillbirth and eight live births from six patients with *NLRP7* mutations or rare NSVs, all of whom were living in Canada. Histopathological

evaluation of the placentas by two pathologists with extensive expertise in term placentas revealed a number of abnormalities (table 3). This evaluation showed that only two of the nine analysed placentas did not have any abnormality, and six had one to several abnormalities of variable severity. These abnormalities included: mild to severe chorioamnionitis, inflammation of the chorion and amnion, which was seen in three placentas (online supplementary figure 1); mild chorangiosis, a placental sign associated with prolonged hypoxia, which was seen in three placentas; decidual necrosis, which was seen in three placentas; and dysmature stem chorionic villi, seen in two placentas (online supplementary figure 1). The abnormalities seem to correlate with the severity of the allele, with severe abnormalities in patient 428, who had a mutation and milder abnormalities than patients with rare NSVs.

We have previously shown that patients with *NLRP7* mutations and variants have postzygotic cleavage abnormalities. To investigate whether the abnormalities observed in the placentas from the stillborn and malformed male babies of patient 428, with a mutation in *NLRP7*, were caused by placental mosaicism and the presence of androgenetic cells with two X chromosomes, we used fluorescent in situ hybridisation and probes for the Y and X chromosomes. This analysis did not reveal any XX cells in five available sections from the two placentas, and all cells from the two placentas had normal numbers of sex chromosomes with one X and one Y. We then searched for other chromosomal aneuploidies with probes from four autosomes and did not identify mosaicism or aneuploidies in the available tissues from the two placentas of patient 428.

DISCUSSION

In this study, we report *NLRP7* mutation analysis in a cohort of 135 women with at least one HM or three SAs, of which 115 were new patients. We show genotype–phenotype correlations between the number of defective alleles, their nature and their locations with the reproductive outcomes of the patients. We found that two defective alleles were associated with more severe reproductive outcomes than one defective allele. Also, protein-truncating mutations were associated with CHM and were more common in familial than singleton cases of recurrent moles. Because of their severity, protein-truncating mutations are less likely to be modulated by the genetic background of the patients or environmental factors and consequently manifest as CHM in all family members carrying two protein-truncating alleles. In addition, the relatively more important trophoblastic

Figure 3 (A) Interleukin 1 β (IL1B) and tumour necrosis factor (TNF) secretion by ex vivo stimulated peripheral blood mononuclear cells (PBMCs) with lipopolysaccharides (LPS) from five patients with A481T and other rare non-synonymous variants (NSVs) in *NLRP7*. The patients included in this analysis were 698, 754, 819, 821 and 830. Each patient had one copy of A481T with or without other rare NSVs (online supplementary table 4 and supplementary figure 2). PBMCs from seven subjects without A481T and any of the other rare NSVs were used as controls. Patients carrying A481T and other rare NSVs secrete significantly lower amounts of IL1B and TNF than controls not carrying these variants ($p < 0.0001$). (B) Cell lysates of LPS-stimulated PBMCs from five patients and the same control were subjected to immunoblotting to determine the concentrations of pro-IL1B and mature IL1B. The concentrations of mature IL1B were normalised to those of β -actin. IL1B is not constitutively expressed by PBMCs. Upon stimulation, PBMCs from the patients and control produced variable amounts of intracellular pro and mature IL1B as reported in healthy subjects, and none had defective IL1B processing. (C) Comparisons were performed between the patient/control ratios of intracellular mature IL1B, quantified by the Image J software, and the patient/control ratios of secreted IL1B in the extracellular milieu measured by ELISA. This analysis shows that patients' cells secrete lower amounts of the produced mature intracellular IL1B than those of controls.

proliferation in patients with protein-truncating mutations will favour the histopathological diagnoses of the POCs as complete moles by pathologists and consequently favour their familial manifestation. However, missense mutations were, in general, less severe and associated with more variability in the reproductive outcomes of the patients. For instance, mutations R156Q and A719V, found here in two patients with several SAs, were previously reported in two patients with moles, 647 and 636.¹⁶ Of the two previously reported patients with moles, one had had one live birth and three moles, two of which were PHMs, and the second patient had had two live births, one partial mole and one SA, and other earlier forms of fetal loss.¹⁶ Moreover, variants Q310R, L311I and A481T were found in one patient with one CHM and one ectopic pregnancy, while her mother and sister carrying the same variants on the same haplotype had had only SAs (case MoSw177, online supplementary figure 2). Taken together, these data confirm the overlap between the aetiologies of SAs and moles and indicate that other genetic and environmental factors modulate the defect.

Of the patients analysed, 41.9% did not have any mutation, but had one or several NSVs. Comparing the frequencies of each of the NSVs, individually or combined, in our cohorts of European patients and controls showed a significantly higher

association in the patients. These associations were stronger when patients with sporadic moles and no other reproductive wastage were removed. Despite the fact that we included in this analysis all the patients referred to our laboratories who fitted our criteria (≥ 1 HM or ≥ 3 SAs), two factors may have biased the ascertainment of our samples: (i) our historical interest in the pathology of recurrent moles and (ii) the excellence of McGill Reproductive Centre in reproductive medicine. These two factors may both have favoured the ascertainment of severe cases with an underlying genetic defect. Nevertheless, our data indicate that *NLRP7* is not only a major gene for recurrent moles, but may also be associated with recurrent SAs and a wider spectrum of reproductive wastage. Another interesting finding in this study is that the clinical entity of recurrent SAs, despite its emotional and economic burden to the patients, seems to be, at least in some cases, a milder form of the more severe molar phenotype. This provides an explanation of the lack of Mendelian inheritance of recurrent SAs in families and consequently the lack of success in identifying genes responsible for this clinical entity.

Our cytokine data for patients with A481T with and without other rare NSVs show that these patients, regardless of their reproductive outcomes, with or without HMs, have impaired

Table 3 Summary of histopathological evaluations of the placentas of patients with *NLRP7* mutations and at least one rare non-synonymous variant

Case ID	Patient ID	Mutation or variant	N	Clinical information and gross morphology	Pathologist 1	Pathologist 2
MoCa57	428	p.[V319I;G487E]; [V319I;C399Y]	2	GA 22 weeks. SB of a morphologically normal male fetus, baby weight 465 g, 27 cm length, placenta 10×10 cm, 163 g, cord inserted centrally and measures 11 cm. No histopathology done on the baby. The patient had <u>vaginal spotting since 10 weeks</u> , high β HCG 160,625 U/l, <u>vaginal infection</u> , antibiotic treatment, <u>bleeding again around 21 weeks</u> , <u>lower abdominal pain</u> few days before the stillbirth and was admitted to the hospital. Placenta removed manually	Immature placenta, mild <u>chorioamnionitis</u> , <u>decidual necrosis</u>	<u>Chorionitis</u> , <u>subchorionic haemorrhage</u>
			4	GA 28 1/7 weeks, male live birth. <u>True knot</u> . Cervical incompetence, <u>complete microbiology workout negative</u> , <u>cerclage</u> , <u>bed rest</u> , and antibiotic treatment. Preterm labour and rupture of membranes. <u>Chorioamnionitis</u> . Caesarean section. Accessory lobe. The baby was later diagnosed with several congenital malformations described in Patients and Methods	Immature placenta, marked <u>chorioamnionitis</u> , <u>surface vasculitis</u> , <u>funisitis</u> , <u>deciduitis</u> ; <u>mural thrombosis of surface vessels</u>	Advanced villous maturation, <u>acute vasculitis</u> and <u>funisitis</u> . <u>Severe acute chorioamnionitis and deciduitis</u>
MoCa209	804	p.[V319I(=); R156Q]	2	GA 40 6/7 weeks, 3.3 kg female, 615 g, 18×14×2.5, cord 30 cm, 3 vessels	Normal	Normal
			2	GA 39 3/7 weeks, 530 g, 17×16×3 cm, cord 44 cm, 3 vessels, false knot	Normal	Normal
MoCa182	754	p.[A481T];[=]	1	Live birth of a girl	Normal placenta with <u>minimal necrosis of decidua</u>	<u>Dysmature stem villi and mild chorangiosis</u>
MoCa207	802	p.[G487E];[=]	2	GA 41 weeks, 824 g	<u>Chorangiomias</u> in the surface near the insertion of the cord	<u>Prominent perivillous fibrin aggregates</u> , <u>chorangiosis</u>
MoCa210	806	p.[V319I(=); A481T]	1	GA 35 1/7 weeks, spontaneous vaginal delivery of a male baby, 720 g, 21×18.5×2.8, 76 cm, 1.4 cm, cord twisted, <u>one knot</u> , 3 vessels eccentrically	Normal	<u>Chorangiotic changes identified</u>
MoCa186	758	p.[V319I;G487E];[V319I;G487E]; [F250L(=);A481T]	3	GA 40 5/7 weeks, birth weight 3670 g, female, spontaneous vaginal delivery, placenta 20×20, cord 50 cm with 3 vessels, central insertion	<u>Very minimal chorangiosis and focal decidual necrosis</u>	<u>Chorangiotic changes identified</u> , <u>subamniotic cyst</u>
			2	GA 38 2/7 weeks, birth weight 4045 g, placenta weight 650 g, cord 53 cm and 1.2 cm, 3 vessels	<u>Minimal chorangiosis and mild chorioamnionitis</u>	<u>Oedematous and dysmature stem villi</u> , <u>chorangiosis</u>

Abnormal features are underlined.

N, number of available histopathology blocks and slides; GA, gestational age; HCG, human chorionic gonadotrophin; SB, stillbirth.

IL1B and TNF secretion similar to that seen in patients with *NLRP7* mutations. These data demonstrate that rare NSVs in *NLRP7* have functional consequences and support further their role in conferring susceptibility for recurrent reproductive wastage.

To further investigate the functional consequences of *NLRP7* mutations and rare NSVs, we wanted to know what happened in the other term pregnancies of these patients. Histopathological examination of eight placentas from four patients revealed chorioamnionitis, chorangiosis and necrosis, all of which reflect the known functions of *NLRP* genes, inflammation and apoptosis, and are known factors associated with gynaecological morbidities and perinatal mortalities. Also, among our patients with *NLRP7* mutations, six had had seven stillbirths. To investigate the causes of these stillbirths, we examined the histopathology of available placentas and looked for mosaicism and aneuploidies. The absence of identified mosaicism and aneuploidies in two studied placentas does not exclude their presence in other regions of these placentas, but the apparent cause of these stillbirths is the various placental abnormalities. The most severe identified abnormality in the two placentas of patient 428 with C399Y was chorioamnionitis, which is a well-known cause of stillbirth and perinatal mortality. This suggests that normal *NLRP7* has other roles in late gestation (22–40 weeks), probably in downregulating normal physiological,

or pathogen-induced, inflammation, which seems to be severely or mildly impaired by mutations and rare NSVs. Also, the impaired cytokine secretion and consequent inflammatory response of PBMCs from patients with *NLRP7* mutations and variants may favour ascension of lower reproductive tract microorganisms and contribute to the preterm rupture of membranes seen in some patients and the occurrence of stillbirths. Taken together, our data indicate that patients with *NLRP7* mutations and variants are at higher risk of pregnancy complications and perinatal mortality, an understudied area of medicine affecting a large number of pregnancies. Our data are in agreement with a previous study showing an increased incidence of gynaecological morbidity and perinatal mortality in women with recurrent SAs.¹³ In addition to the psychological and emotional burden on couples, perinatal mortality constitutes an important economic burden on health systems. Therefore pinpointing its association with *NLRP7* mutations and variants will open new avenues of research to better dissect the exact role of *NLRP7* in these conditions and help to identify other genes and mechanisms underlying perinatal mortality.

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Acknowledgements We thank the patients, their families and control subjects for their cooperation. We thank Dr Kevin Watters and Nancy Impala at the Department of Pathology of the McGill University Health Centre, the Departments of Pathology of the following hospitals, Sacré-Coeur, Södersjukhuset, Cite de la Santé, Ste Mary, Ste Eustache, Hotel Dieu d'Arthabaska, Anna Laberge, Charles Le Moyne, and Dr Kristofer Delfani for providing paraffin blocks. We also thank Dr W Foulkes for his critical comments on the manuscript, and Dr Martin Laberge for providing clinical information.

Funding RS is supported by a Chercheur Boursier Salary Award, Senior from the FRSQ. CM was supported by a trainee award from the McGill Centre for the Study of Reproduction. RDRB was supported by a CREATE Scholarship from the 'Réseau Québécois en Reproduction'. This work is supported by the CIHR (grant number MOP 86546) and the French Ministry of Health to IT.

Competing interests None.

Patient consent Obtained.

Ethics approval This study was conducted with the approval of the McGill Institutional Review Board.

Provenance and peer review Not commissioned; externally peer reviewed.

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