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ORIGINAL ARTICLE

Oral pharmacological chaperone migalastat compared with enzyme replacement therapy in Fabry disease: 18-month results from the randomised phase III ATTRACT study

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ABSTRACT

Background Fabry disease is an X-linked lysosomal storage disorder caused by *GLA* mutations, resulting in α -galactosidase (α -Gal) deficiency and accumulation of lysosomal substrates. Migalastat, an oral pharmacological chaperone being developed as an alternative to intravenous enzyme replacement therapy (ERT), stabilises specific mutant (*amenable*) forms of α -Gal to facilitate normal lysosomal trafficking.

Methods The main objective of the 18-month, randomised, active-controlled ATTRACT study was to assess the effects of migalastat on renal function in patients with Fabry disease previously treated with ERT. Effects on heart, disease substrate, patient-reported outcomes (PROs) and safety were also assessed.

Results Fifty-seven adults (56% female) receiving ERT (88% had multiorgan disease) were randomised (1.5:1), based on a preliminary cell-based assay of responsiveness to migalastat, to receive 18 months open-label migalastat or remain on ERT. Four patients had non-amenable mutant forms of α -Gal based on the validated cell-based assay conducted after treatment initiation and were excluded from primary efficacy analyses only. Migalastat and ERT had similar effects on renal function. Left ventricular mass index decreased significantly with migalastat treatment (-6.6 g/m^2 (-11.0 to -2.2)); there was no significant change with ERT. Predefined renal, cardiac or cerebrovascular events occurred in 29% and 44% of patients in the migalastat and ERT groups, respectively. Plasma globotriaosylsphingosine remained low and stable following the switch from ERT to migalastat. PROs were comparable between groups. Migalastat was generally safe and well tolerated.

Conclusions Migalastat offers promise as a first-in-class oral monotherapy alternative treatment to intravenous ERT for patients with Fabry disease and amenable mutations.

Trial registration number: NCT00925301; Pre-results.

INTRODUCTION

Fabry disease is a rare, progressive and devastating X-linked disorder, affecting both males and females, caused by the functional deficiency of lysosomal α -galactosidase (α -Gal).¹ The resultant accumulation of glycosphingolipids, including globotriaosylceramide (GL-3) and globotriaosylsphingosine (lyso-Gb₃), can lead to multisystem disease and early death.²

Migalastat, a small-molecule pharmacological chaperone, reversibly binds to the active site of α -Gal. In patients with Fabry disease, migalastat stabilises specific mutant forms of the enzyme and promotes trafficking to lysosomes where α -Gal catabolises accumulated disease substrates.^{3–8} These mutant forms of α -Gal are defined as amenable to migalastat.

In patients with amenable mutations, orally administered migalastat is a potential alternative treatment to intravenous enzyme replacement therapy (ERT). The burden of lifelong biweekly intravenous infusions may dissuade patients from being treated with ERT or delay ERT initiation and potentially increase the risk of end-organ damage.^{9–10} In a 5-year retrospective analysis in patients treated with ERT, 40% of males had serum-mediated antibody inhibition of agalsidase activity, which was associated with higher lyso-Gb₃, greater left ventricular (LV) mass and decreased renal function.¹¹ An orally administered small molecule, migalastat would avoid ERT-associated immunogenicity and infusion-associated reactions. Additionally, the higher volume of distribution of migalastat (76.5–133 L)¹² relative to ERT^{13–14} suggests enhanced penetration of organs and tissues.⁴ Theoretically, the chaperoning of α -Gal by migalastat to lysosomes may better mimic natural enzyme trafficking and result in more constant α -Gal activity than biweekly ERT infusions.



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We report on the results from the first phase III study that compared the safety and efficacy of migalastat to ERT in male and female patients with Fabry disease and amenable mutations previously treated with ERT.

MATERIALS AND METHODS

Study design and participants

Study AT1001-012 (ATTRACT) (NCT00925301) comprised an 18-month open-label comparison between migalastat and ERT, followed by a 12-month open-label extension with migalastat (figure 1). Patients were maintained on the baseline dose of either agalsidase alfa (0.2 mg/kg) or beta (1.0 mg/kg) biweekly. Following written informed consent, eligibility and baseline assessments, patients were stratified by proteinuria and gender and randomised into the 18-month controlled period. Patients previously treated with ERT (agalsidase alfa and agalsidase beta) for >12 months were randomised 1.5:1 to switch to migalastat HCl (150 mg every other day) or continue ERT. Patients were randomised using interactive response technology (Almac Clinical Technologies). The study received ethics committee/institutional review board (EC/IRB) approval and was conducted according to International Conference on Harmonisation/Good Clinical Practice (ICH/GCP) and the Declaration of Helsinki. This report will focus on the completed 18-month randomised comparison between migalastat and ERT.

The sample size was determined based on literature reports that the annual decline of iohexol glomerular filtration rate (GFR) in the ERT group was expected to be between 2 and

4 mL/min/1.73 m² with an SD of approximately 7.5–8.5 mL/min/1.73 m².^{15 16}

Eligible patients were 16–74 years of age and had the following: a genetically confirmed diagnosis of Fabry disease; initiated ERT ≥12 months before the baseline visit; a responsive *GLA* mutation based on the preliminary human embryonic kidney-293 (HEK) assay; and an estimated GFR (eGFR) ≥30 mL/min/1.73 m². Patients taking ACE inhibitors and/or angiotensin II receptor blockers had to be on a stable dose for ≥4 weeks before the screening visit. The primary objective of the study was to determine the comparability of migalastat to ERT in their effects on renal function.

Determination of amenability of *GLA* mutation

Enrolled patients were required to have responsive mutant α -Gal forms based on a preliminary HEK assay.¹⁷ Determination of amenability of the mutant α -Gal forms was based on testing with the Good Laboratory Practice (GLP)-validated HEK assay (GLP HEK assay), which became available during the study. The GLP HEK assay includes several modifications to increase precision and consistency compared with the preliminary assay. Amenable mutant α -Gal forms had to meet the following criteria in the GLP HEK assay: relative increase in α -Gal activity ≥1.2-fold above baseline and absolute increase in α -Gal activity ≥3% of wild type in HEK cells after incubation with 10 μ M migalastat.¹⁸ The concentration of 10 μ M used in the GLP HEK assay is the approximate plasma maximum concentration of migalastat in patients with Fabry

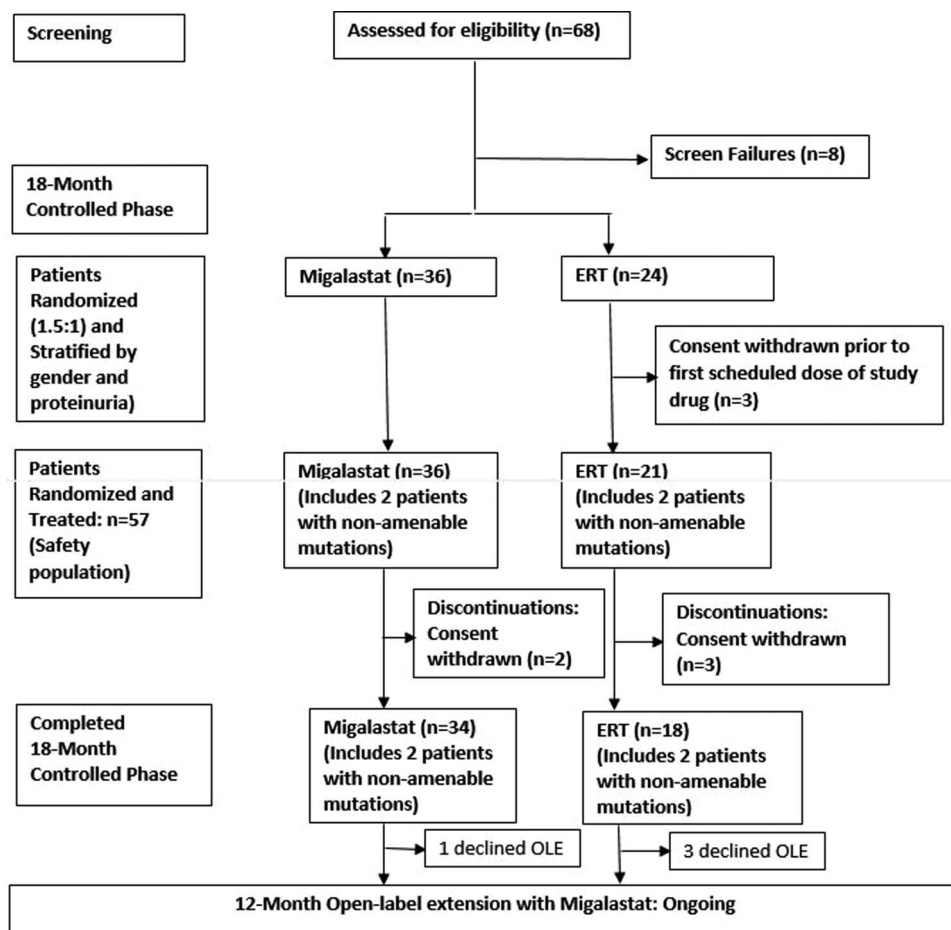


Figure 1 Study design and patient disposition. ERT, enzyme replacement therapy; OLE, open-label extension.

Therapeutics

disease following a single oral dose of 150 mg.¹² α -Gal increases of approximately 1–5% of normal activity in vivo were considered clinically meaningful in patients with Fabry disease.¹⁹

Baseline assessment of disease severity and disease course prior to enrolment

The proportion of patients with Fabry multiorgan system disease involvement was determined based on medical history significant for angiokeratoma, neuropathic pain, renal impairment, cardiac event(s), central nervous system event(s) or gastrointestinal symptoms, and the following variables from the pre-randomisation visits: left ventricular hypertrophy (LVH) using echocardiography, eGFR, 24-hour urine protein and α -Gal (male patients only). The baseline assessment was compared with that reported for the Fabry Outcomes Survey and Fabry Registry.^{20–22} The assessment of disease course prior to study enrolment was based on medical history data.

Efficacy assessments

All randomised patients with amenable mutations receiving at least one dose of study drug and having baseline and postbaseline GFR measurements were included in the efficacy analyses. This population was defined as modified intent-to-treat.

Annualised change in GFR

The co-primary end points were annualised changes (mL/min/1.73 m²/year) from baseline through month 18 in calculated GFR by eGFR using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formula (eGFR_{CKD-EPI})²³ and measured GFR by iohexol clearance (mGFR_{iohexol}).²⁴ Annualised change in eGFR using the Modification of Diet in Renal Disease (eGFR_{MDRD})²⁵ was a secondary end point.

Composite clinical outcome assessment

The number of patients who experienced any of the following renal, cardiac or cerebrovascular events (including death) was determined:

Renal events

- ▶ a decrease in eGFR_{CKD-EPI} \geq 15 mL/min/1.73 m², with the decreased eGFR $<$ 90 mL/min/1.73 m² relative to baseline;
- ▶ an increase in 24-hour urine protein \geq 33%, with elevated protein \geq 300 mg relative to baseline.

Cardiac events

- ▶ myocardial infarction;
- ▶ unstable cardiac angina, as defined by the American College of Cardiology/American Heart Association national practice guidelines;
- ▶ new symptomatic arrhythmia requiring antiarrhythmic medication, direct current cardioversion, pacemaker or defibrillator implantation;
- ▶ congestive heart failure, New York Heart Association class III or IV.

Cerebrovascular events

- ▶ stroke; transient ischaemic attack.

Echocardiography

Echocardiography measurements were assessed through blinded, centralised evaluation (Cardiocore). Changes from baseline to month 18 were calculated for LV mass index, LV mass, LV posterior wall thickness diastolic (LVPWT), intraventricular septum wall thickness diastolic (IVSWT), LV ejection fraction, diastolic grade (based on E/A ratio), systolic grade (based on ejection fraction) and fractional shortening.

Patient-reported outcomes

Changes from baseline in two questionnaires, the SF-36 v2 Health Survey by QualityMetric²⁶ and the Brief Pain Inventory-Short Form (Pain Severity Component), were summarised using descriptive statistics.

Plasma globotriaosylsphingosine (lyso-Gb₃)

Plasma was assayed for lyso-Gb₃ by liquid chromatography-mass-spectroscopy (LC-MS) at baseline and months 6, 12 and 18. The LC-MS method used ¹³C₆-lyso-Gb₃ as an internal standard (lower limit of quantitation: 0.20 μ g/L, 0.25 nmol/L).^{27 28}

Safety assessment

All randomised patients receiving at least one dose of study medication were included. A chartered data safety monitoring board regularly reviewed safety data.

Statistical analyses: GFR

Annualised rates of change in mGFR_{iohexol} and eGFR_{CKD-EPI} were analysed using an analysis of covariance (ANCOVA) model with the following factors and covariates: treatment group, sex, age, baseline GFR (mGFR_{iohexol} or eGFR_{CKD-EPI}) and baseline 24-hour urine protein. Descriptive statistics on the annualised rate of change were generated for each treatment group from this ANCOVA model, including least-squares means and 95% CIs. Annualised changes in GFR were calculated using linear regression slopes.

The predefined criteria for comparability in the least-squares mean annualised rate of change in mGFR_{iohexol} and eGFR_{CKD-EPI} between migalastat and ERT were a difference between the means in GFR within 2.2 mL/min/1.73 m²/year, and $>$ 50% overlap of the 95% CI. The use of these two criteria together provides a comparison similar to a traditional non-inferiority analysis, but is more relevant in rare disease clinical research where traditional non-inferiority analyses are not feasible due to the sample size required. Based on the final observed data, the minimum difference in GFR that the study was able to detect was 0.71 mL/min/1.73 m²/year for eGFR and 1.24 mL/min/1.73 m²/year for mGFR.

RESULTS

Demographics and baseline characteristics

Sixty patients (18–72 years of age; 56% female) were randomised: 36 were switched from ERT to migalastat and 24 remained on ERT. The first patient was enrolled on 8 September 2011. The last patient completed the study on 27 May 2014. Also, 3 of the 24 patients who were randomised to remain on ERT withdrew informed consent before study medication was administered and were not included in the analyses. At baseline, the treatment groups were balanced (table 1). Patients switching to migalastat had been on ERT an average of 3.1 years. Patients remaining on ERT had been receiving ERT for 3.8 years. After randomisation, when the final GLP HEK assay became available, 53 of the 57 treated patients (34, migalastat; 19, ERT) had mutations categorised as amenable. Per the Statistical Analysis Plan, the four patients with non-amenable mutations were excluded from the primary efficacy analyses but were included in the safety analyses. Five randomised and treated patients (all had amenable mutations) discontinued from the study (2/36 migalastat and 3/21 ERT patients). All discontinuations were due to patient withdrawal of informed consent between weeks 16 and 51. Fifty-two patients (34 in the

Table 1 Baseline characteristics of the safety population

	Migalastat n=36	ERT n=21	All N=57
Age (years)±SEM (min, max)	50.5±2.3 (18, 70)	46.3±3.3 (18, 72)	48.9±1.9 (18, 72)
Sex, n (%)			
Male	16 (44)	9 (43)	25 (44)
Female	20 (56)	12 (57)	32 (56)
Years since diagnosis (mean±SEM)	10.2±2.0	13.4±2.6	11.4±1.6
24-hour protein (mg/24 hours, mean±SEM)	267±69	360±150	301±70
Median	129	108	128
IQR	393	483	408
Min, max	0, 2282	0, 3154	0, 3154
mGFR _{iohexol} (mL/min/1.73 m ² , mean±SEM)	82.4±3.0	83.6±5.2	82.8±2.6
eGFR _{CKD-EPI} (mL/min/1.73 m ² , mean±SEM)	89.6±3.7	95.8±4.1	91.9±2.8
eGFR _{MDRD} (mL/min/1.73 m ² , mean±SEM)	83.6±3.7	87.8±19.0	85.1±28.0
Left ventricular mass index (g/m ²)	97.5±4.7	94.6±5.6	96.5±3.6
ERT, n (%)			
Agalsidase beta	11 (31)	8 (38)	19 (33)
Agalsidase alfa	24 (67)	13 (62)	37 (65)
Use of ACEI/ARB/RI, n (%)	16 (44)	11 (52)	27 (47)
Amenable <i>GLA</i> mutation, n (%)	34 (94)	19 (90)	53 (93)

Based on randomised and treated patients. There were no statistically significant differences between treatment groups for these parameters (*t*-test; Fisher's exact).

ACEI, ACE inhibitor; ARB, angiotensin II receptor blocker; eGFR_{CKD-EPI}, estimated GFR using the Chronic Kidney Disease Epidemiology Collaboration formula; eGFR_{MDRD}, annualised change in estimated GFR using the Modification of Diet in Renal Disease; ERT, enzyme replacement therapy; GFR, glomerular filtration rate; mGFR_{iohexol}, measured GFR using iohexol clearance; RI, renin inhibitor.

migalastat group; 18 in the ERT group) completed the 18-month randomisation phase (figure 1).

At baseline, the majority of patients with amenable mutations had multiorgan system disease ($\geq 88\%$; see online supplementary table S1). Of the patients with an available date of ERT initiation in their medical history (n=48), 63% had multiorgan system involvement prior to the initiation of ERT, indicating an increase in the percentage of patients with multiorgan disease between initiation of ERT and study baseline (average duration of approximately 3 years). The age at enrolment and start of treatment and percentages of patients with involvement of different organ systems were comparable with those reported for the Fabry Outcomes Survey and Fabry Registry (see online supplementary table S2).^{20–22}

Based on published reports of clinical phenotypes associated with specific *GLA* mutations, 19 (36%) patients had mutations associated with the classical phenotype, 21 (40%) with non-classic phenotypes and 2 (4%) with both phenotypes; for the remaining 11 (21%) patients, the phenotype was not previously classified. Also, 10 of the 11 patients, including at least one patient for each of the six unique mutations (3 of 4 for p.G85G), had baseline disease in ≥ 2 organ systems. There were no significant differences in the phenotype categories between treatment groups.

The amenable mutations are provided in table 2 (supportive references for the literature phenotypes are provided in the online supplementary table S3). To date, 269 *GLA* mutations have been categorised as amenable to migalastat based on the GLP HEK assay, which has been clinically validated.¹⁸

Effects on renal function

Migalastat and ERT had comparable effects on renal function (table 3). The co-primary end points, eGFR_{CKD-EPI} and mGFR_{iohexol}, met the criteria for comparability: annualised means within 2.2 mL/min/1.73 m²/year and $>50\%$ overlap of

Table 2 Amenable mutations of enrolled and treated patients and the corresponding clinical phenotype

Amino acid change (number of patients with the mutation)	Literature phenotype	Amino acid change	Literature phenotype
p.M96I	Non-classic	p.G260A	Classic
p.L32P (n=3)	Unknown	p.Q279E	Non-classic
p.G35R	Non-classic	p.M284T	Classic
p.D55V/Q57L	Unknown*	p.M296I	Non-classic
p.G85D (n=4)	Unknown*	p.R301P (n=3)	Classic
p.A97V	Non-classic	p.R301Q	Both
p.R112G	Unknown*	p.G328A	Classic
p.R112H	Non-classic	p.Q312R	Non-classic
p.A143T (n=3)	Non-classic	p.D322E (n=4)	Classic
p.A156T (n=6)	Classic	p.R356Q	Non-classic
p.P205T	Classic	p.R363H	Both
p.N215S (n=10)	Non-classic	p.L403S	Classic
p.Y216C	Classic	p.P409T	Unknown*
p.I253S	Unknown*		

Number of patients with each mutation is 1 unless indicated otherwise.

To date, 269 *GLA* mutations have been categorised as amenable to migalastat based on the Good Laboratory Practice human embryonic kidney assay. The supportive references for the literature phenotypes are provided in the online supplementary table S3.

*Ten of the 11 patients, including at least one patient for each of the six unique mutations (3 of 4 for p.G85D), had baseline disease in ≥ 2 organ systems.

95% CIs. Comparison based on medians (results not shown) supports the comparability of migalastat and ERT. The mean change from baseline in 24-hour urine protein was numerically lower for the migalastat group (49.2 mg) than for the ERT group (194.5 mg).

Table 3 Annualised GFR from baseline to month 18

ANCOVA*	Migalastat, mean±SEM† (95% CI), n=34	ERT, mean±SEM† (95% CI), n=18	Means within 2.2 mL/min/1.73 m ² /year	>50% overlap of the 95% CI
eGFR _{CKD-EPI}	-0.40±0.93 (-2.27 to 1.48)	-1.03±1.29 (-3.64 to 1.58)	Yes	Yes
mGFR _{iohexol}	-4.35±1.64 (-7.65 to -1.06)	-3.24±2.27 (-7.81 to 1.33)	Yes	Yes
eGFR _{MDRD}	-1.51±0.95 (-3.43 to 0.40)	-1.53±1.32 (-4.20 to 1.13)	NA	NA

GFR=mL/min/1.73 m²/year.*mITT (randomised patients with amenable mutations receiving at least one dose of study medication and having a baseline and postbaseline efficacy measures of eGFR_{CKD-EPI} and mGFR_{iohexol}).

†Least-squares means.

ANCOVA, analysis of covariance; eGFR_{CKD-EPI}, estimated GFR using the Chronic Kidney Disease Epidemiology Collaboration formula; eGFR_{MDRD}, annualised change in eGFR using the Modification of Diet in Renal Disease; ERT, enzyme replacement therapy; GFR, glomerular filtration rate; mGFR_{iohexol}, measured GFR using iohexol clearance; mITT, modified intention-to-treat population; NA, not assessed.

Composite clinical outcome assessment

The percentage of patients who experienced renal, cardiac or cerebrovascular events during the 18-month treatment period was 29% for migalastat and 44% for ERT ($p=0.36$; [table 4](#)). No patient died during the 18-month treatment period.

Echocardiography

In patients switched from ERT to migalastat, left ventricular mass index (LVMI) decreased significantly from baseline over 18 months (-6.6 g/m²; 95% CI -11.0 to -2.2); a smaller, non-significant change was observed in patients who remained on ERT (-2.0 g/m² (-11.0 , 7.0)) ([table 5](#); see online supplementary figure S1). The LVMI changes from baseline for migalastat-treated patients were largest for patients with LVH ([table 5](#)). LV mass data were consistent with changes in LVMI (results not shown).

The baseline mean and changes at month 18 for IVSWT and LVPWT are provided in [table 5](#). The changes in LVMI over 18 months correlated with changes in IVSWT ($r^2=0.26$, $p=0.0028$) but not with changes in LVPWT ($r^2=0.04$, $p=0.296$).

LV ejection fraction and fractional shortening were generally normal at baseline and remained stable over 18 months. Systolic

and diastolic functional grades were normal at baseline in the majority of patients and remained stable over 18 months (see online supplementary table S4).

Plasma lyso-Gb₃

In patients with amenable mutations, plasma lyso-Gb₃ levels remained low and stable following the switch from ERT to migalastat (see online supplementary figure S2). Comparable results were found in both males and females and in patients previously receiving either agalsidase alfa or agalsidase beta following their switch from ERT to oral migalastat. In two male patients with non-amenable mutations, plasma lyso-Gb₃ increased following the switch from ERT to migalastat compared with the two patients with non-amenable mutations (one male; one female) who remained on ERT.

Table 4 Composite clinical outcome: number of patients (mITT population)

Component	Migalastat (n=34)	ERT (n=18)
Renal	8 (24%) ↑Proteinuria (6), ↓GFR (2)	6 (33%) ↑Proteinuria (4), ↓GFR (3)
Cardiac	2 (6%) Chest pain, VT/chest pain	3 (17%) Cardiac failure, dyspnoea, arrhythmia
CNS	0 (0%)	1 (6%) TIA
Death	0 (0%)	0 (0%)
Any	10 (29%)	8 (44%)

Analyses undertaken in the mITT patients (randomised patients with amenable mutations receiving at least one dose of study drug and having baseline and postbaseline mGFR_{iohexol} and eGFR_{CKD-EPI} measures). Proteinuria event defined as >33% increase in 24-hour urine protein and level >300 mg; GFR event defined as >15 mL/min decline in eGFR_{CKD-EPI} and level <90 mL/min/1.73 m²/year. Two patients in the ERT group experienced one cardiac and one renal event each.

CNS, central nervous system; eGFR_{CKD-EPI}, estimated GFR using the Chronic Kidney Disease Epidemiology Collaboration formula; ERT, enzyme replacement therapy; GFR, glomerular filtration rate; mGFR_{iohexol}, measured GFR using iohexol clearance; mITT, modified intention to treat; TIA, transient ischaemic attack; VT, ventricular tachycardia.

Table 5 Echocardiography-derived changes in patients with amenable mutations

Parameter	Baseline mean	Change from baseline to month 18 (95% CI)
Migalastat: LVMI (g/m ²)		
All (n=33) (% abnormal)	95.3 (39)	-6.6 (-11.0 to -2.2)*
LVH† at baseline (9 females and 4 males)	116.7	-8.4 (-15.7 to 2.6)
ERT: LVMI (g/m ²)		
All (n=16) (% abnormal)	92.9 (31)	-2.0 (-11.0 to 7-0)
LVH† at baseline (n=5) (1 female and 4 males)	123.3 (100%)	4.5 (-20.9 to 30.0)
Migalastat: LVPWT (cm)		
All (n=33)	1.17	-0.035 (-0.077 to 0.007)
ERT: LVPWT (cm)		
All (n=16)	1.08	0.029 (-0.037 to 0.094)
Migalastat: IVSWT (cm)		
All (n=33)	1.16	0.058 (-0.200 to 0.140)
ERT: IVSWT (cm)		
All (n=16)	1.18	0.037 (-0.051 to 0.124)

LVMI (g/m²): normal: female, 43-95, male, 49-115; LVPWT (cm): normal: female, 0.6-1.0, male, 0.6-1.1; IVSWT (cm): normal: female, 0.6-0.9, male, 0.6-1.0.

*Statistically significant (95% CI does not overlap zero).

†LVH; defined as LVMI (g/m²) >95 (females) or >115 (males).

ERT, enzyme replacement therapy; IVSWT, intraventricular septal wall thickness; LVH, left ventricular hypertrophy; LVMI, left ventricular mass index; LVPWT, left ventricular posterior wall thickness; LVPWT, left ventricular posterior wall thickness diastolic.

Patient-reported outcomes

Scores on the SF-36 v2 and Brief Pain Inventory (BPI) Short Form-Pain Severity Component remained stable during the 18-month study for both treatment groups (see online supplementary table S4).

Safety

Treatment with migalastat was generally safe and well tolerated. The frequency of treatment-emergent adverse event (AE)s in the migalastat and ERT groups was comparable (94% and 95%, respectively). The most frequently reported treatment-emergent AEs ($\geq 25\%$) in the migalastat group were nasopharyngitis (33%) and headache (25%). These events had a comparable frequency in the ERT group (33% and 24%, respectively). Most treatment-emergent AEs were mild or moderate in severity. No patient discontinued study drug due to a treatment-emergent AEs.

There were no deaths in the study. Serious AEs (SAEs) were less common in the migalastat group (19%) than in the ERT group (33%). No SAEs were considered related to study drug.

No clinically relevant effect of migalastat and no clinically relevant treatment group differences were noted for any laboratory test, ECG variable, vital sign or physical finding.

DISCUSSION

Oral migalastat, a pharmacological chaperone, is being developed as an alternative to ERT in the treatment of Fabry disease. Migalastat reversibly binds to the active site of specific mutant forms of α -Gal (amenable *GLA* mutations) and stabilises and promotes trafficking of the enzyme to lysosomes where α -Gal catabolises accumulated disease substrate. We report on the 18-month results from a phase III study comparing the safety and efficacy of migalastat to ERT in male and female patients with Fabry disease and amenable mutations previously treated with ERT.

The study enrolled and treated 57 patients based on a preliminary HEK assay for responsiveness of the mutant α -Gal to migalastat. Prior to completing the study, the amenability of these mutant forms was assessed using the final GLP HEK assay, which was not available during enrolment. Based on this assay, 53 of the 57 patients had amenable mutations. On the basis of published reports, 36% had *GLA* mutations associated with the classical Fabry phenotype and 40% had *GLA* mutations associated with the non-classic Fabry phenotype. The baseline characteristics and medical histories indicated that a majority of patients in the study had multiple-organ systems affected by Fabry disease. The classic Fabry phenotype has been used to describe patients with early-onset, low-residual α -Gal activity (in male patients) and multiorgan system disease including pain and angiokeratoma in both males and females.^{29–32}

Migalastat and ERT had comparable effects on renal function, assessed by $mGFR_{\text{iohexol}}$ and $eGFR_{\text{CKD-EPI}}$ (the co-primary end points), and $eGFR_{\text{MDRD}}$ in patients with amenable mutations. The 18-month period is sufficient to show a treatment effect, based on data in the literature demonstrating a worsening of renal function over 12–15 months after stopping ERT treatment³³ or reducing ERT dose.³⁴ A separate study with migalastat in ERT-naive patients⁸ also demonstrated that renal function was stabilised following up to 24 months of treatment. Renal dysfunction is present in a majority of patients being treated for Fabry disease,³⁵ progresses over time and can lead to end-stage renal disease.^{36–41} Patients were stratified based on gender and

24-hour urine protein, which are the most important factors impacting renal function in patients with Fabry disease.^{39–42} The progressive decrease in GFR in Fabry disease has also been shown to be a major risk factor for cardiac events.⁴³ Studies in the literature show that annualised rates of decline in GFR are in the range of -2.2 to -2.9 in ERT-treated patients.^{16–44–45} Thus, the effect of ERT is to slow the decline in GFR in patients with Fabry disease. As shown in this study, migalastat has a comparable effect to ERT on renal function, so it has the potential to stabilise or slow decline in renal function, which is an important treatment goal in Fabry disease.

The study found that LVMi decreased significantly from baseline to month 18 in patients treated with migalastat, whereas a smaller non-significant change was observed in patients remaining on ERT. The two treatment groups were balanced. Based on the randomisation ratio (1.5:1), there were fewer patients in the ERT group, which potentially limits the ability to show a statistically significant change. Cardiac disease is currently the main cause of death in patients with Fabry disease.³⁵ The most common cardiac manifestation of Fabry disease is hypertrophic cardiomyopathy.⁴⁶ LVH is an important risk factor for predicting cardiac events (heart failure and myocardial infarction) in Fabry disease.^{43–47} Reduction of LV mass has been associated with improved outcomes in Fabry disease; a 3-year study in patients with Fabry disease without myocardial fibrosis found that post-treatment reductions in LV mass were associated with improvement in stress exercise.⁴⁸ The reductions in LVMi in migalastat-treated patients in this study correlate with changes in septal wall thickness but not posterior wall thickness. These reductions are especially meaningful compared with the known progressive increase of LVMi in untreated patients with Fabry disease^{47–49} and may contribute to a reduction in cardiac complications. The effect of ERT on LV mass is inconsistent.^{50–52} Engelen *et al*⁵¹ reported that the initial improvements observed with ERT decreased over a similar time interval. In a cohort of 45 adult patients treated with agalsidase alfa for approximately 10 years, Kampmann *et al*⁵³ reported no changes in LVMi in patients with baseline values $< 50 \text{ g/m}^2$ but found a decrease in LVMi in males with baseline values $\geq 50 \text{ g/m}^2$. A separate study found that LVMi increased in all male age groups treated for ≥ 2 years with agalsidase beta, except those 18–29 years of age.⁴⁷ The reduction in LVMi with migalastat treatment, which was also demonstrated in a separate study of 24 months in ERT-naive patients,⁸ may reflect the wide tissue distribution of migalastat as an orally administered small molecule, including penetration into cardiac muscle cells, although further study is warranted.

The findings from the composite clinical outcome analysis provided further support for the efficacy and safety of migalastat. Previous studies have evaluated the effect of treatment on the progression of Fabry disease by a composite analysis of events related to the renal, cardiac and cerebrovascular systems,^{52–54–55} which are the organ systems most associated with morbidity and mortality in Fabry disease.^{36–38–46} In this study, the frequency of events in the migalastat group was 29% versus 44% in the ERT group, indicating that the effect of migalastat compares favourably to ERT in these composite clinical events. Results from both patient-reported outcomes showed that patients experienced no reduction in their quality of life when switched from ERT to migalastat.

Migalastat and ERT had similar effects on Fabry disease substrate in the study. Plasma lyso-Gb₃ is recognised as an important marker of disease severity,^{31–56} and reductions in this substrate have been demonstrated to be associated with

improved outcomes in Fabry disease.⁵⁶ In patients with amenable mutations, migalastat maintained plasma lyso-Gb₃ at the same low levels as ERT. In patients with non-amenable mutations, plasma lyso-Gb₃ increased when the patients were switched from ERT to migalastat. The clear differences in plasma lyso-Gb₃ in migalastat-treated patients with amenable versus non-amenable mutations, as previously demonstrated in a separate study,⁸ support the accuracy and clinical validity of the GLP HEK assay in categorising *GLA* mutations.¹⁸

Based on the proportion of patients with amenable mutations from the Sakuraba listing of Fabry phenotypes,⁵⁷ the findings from the GLP HEK assay¹⁸ and literature reports of screenings in neonates,^{58–60} it is estimated that 35–50% of patients with Fabry disease have amenable mutations and therefore may be treatable with migalastat.

Migalastat was generally safe and well tolerated in this study. No clinically relevant effects were seen in laboratory tests, ECGs, vital signs or physical exams.

In this study, 18 months of treatment with migalastat was associated with a statistically significant decrease in LVMi; in ERT-treated patients, a non-significant change was observed. Migalastat and ERT had similar treatment effects on renal function and compared favourably in a composite clinical end point. Migalastat was safe and well tolerated. Migalastat, a pharmacological chaperone, offers promise as a first-in-class oral alternative to ERT for male and female patients with Fabry disease with amenable mutations.

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Contributors the study was designed by the authors, who vouch for accuracy of the analyses and protocol adherence. Data collection and analyses were undertaken by the sponsor in collaboration with a core group of investigators. The first draft of the manuscript was led by the first author and reviewed by all authors. All authors provided final approval to submit the manuscript for publication.

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Competing interests JB, ERB, JPC, NSK, FJ, JK, CV and JY report being employed by Amicus Therapeutics and owning shares; DJL and PB are former employees of Amicus Therapeutics; CB is a former contractor of Amicus Therapeutics; JPC and DJL report issued patents without royalties related to this study. DGB, DPG, DD, PD, UF-R, OG-A, DAH, AJ, EL, RS, SPS, and WRW report personal fees from Amicus Therapeutics, outside the submitted work. WRW reports receiving fees from Genzyme, Shire and Protalix. KN reports receiving fees from Shire and Genzyme. SPS reports receiving fees from Shire, Biomarin, Protalix and Genzyme. TO reports receiving fees from Genzyme and Dainippon Sumitomo. RL reports receiving fees from Genzyme. AJ reports receiving fees from Genzyme and Shire. OG-A reports receiving fees from Genzyme, Shire and Pfizer. DAH reports receiving fees from Genzyme, Shire and Protalix. UF-R reports receiving fees from Shire and Genzyme.

Patient consent Obtained.

Ethics approval Several IRBs approved this study. The institutions were those in which the principal investigators undertook this clinical trial.

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Oral pharmacological chaperone migalastat compared with enzyme replacement therapy in Fabry disease: 18-month results from the randomised phase III ATTRACT study

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