GENETIC AND FUNCTIONAL EVALUATION OF AN INTERLEUKIN-12 POLYMORPHISM (IDDM18) IN FAMILIES WITH TYPE 1 DIABETES

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Type 1 (insulin dependent) diabetes mellitus (T1DM) [MIM 222100] is an autoimmune disease with both genetic and environmental components. The HLA region is the major genetic susceptibility region, but in addition several minor susceptibility loci have been suggested. Their identification is, however, difficult because of the complexity of the disease.1

Recently, a new susceptibility locus, IDDM18 [MIM 605598], was reported and mapped to chromosome 5q31.1-33.1, close to the IL12B gene, which encodes the p40 subunit of interleukin (IL) 12.2-4 IL-12p40 production influences T cell response, and may therefore be important in T1DM pathogenesis.5 IL-12 drives the differentiation of T lymphocytes towards the Th1 subset, characterised by production of cytokines leading to cell mediated immunity.6-8 Furthermore, in the non-obese diabetic (NOD) mouse, IL-12 has been shown to play a primary role in T1DM induction.9 In addition, IL-12 is important in immune reactivity against infections, but it has been shown that in the absence of infection, IL-12 induced autoreactive T cell responses might predispose to self destructive immunity.10,11 IL-12 is a disulphide linked heterodimer composed of a heavy chain of 40 kDa, p40, and a light chain of 35 kDa, p35, encoded by two separate genes.12 The gene for the p35 subunit, IL12A, is located on chromosome 3p12-13.2. The two subunits of IL-12 are in contrast to most cytokines, which possess only one polypeptide chain. Many cell types express the p35 chain, while the p40 subunit is expressed principally by activated macrophages and B cells.2 The heterodimer, p70 or p75, is the biologically active IL-12.13

IL12B is a candidate for IDDM18, as linkage disequilibrium is confined to a 30 kb region on chromosome 5, in which IL12B is the only known gene.4 Several polymorphisms have been identified in IL12B,14 of which the A allele of a 3’UTR (untranslated region) single nucleotide polymorphism (C1159A SNP) showed strong linkage disequilibrium with the T1DM susceptibility locus in Australian and British diabetes families.4 Interestingly, evidence for functional significance of the 3’UTR polymorphism was found by investigating Epstein-Barr virus (EBV) transformed cell lines.15 A cell line with the genotype A/A showed significantly higher mRNA expression level than a C/C cell line.16 In a recently undertaken Scandinavian T1DM genome scan no evidence for linkage to this region on chromosome 5 was demonstrated.15

Confirmation of the significance of the IL12B 3’UTR polymorphism in T1DM in other populations is important. The aims of our study were to seek confirmation of the involvement of the IL12B C1159A SNP in T1DM susceptibility in a population based Danish family collection of 337 simplex families and in a collection of 795 multinational multiplex families, as well as to evaluate its functional significance.

Key points

- The IL12B gene on chromosome 5q31–33 is a candidate for IDDM18.
- In two large collections comprising 337 Danish type 1 diabetes mellitus (T1DM) simplex families and 795 European and American multiplex families, evidence of association in the presence of linkage disequilibrium of the C1159A SNP of the IL12B gene could not be confirmed.
- Typing of three adjacent microsatellites in the IL12B region and construction of haplotypes of these and the C1159A SNP did not reveal a T1DM association.
- Neither functional significance nor a significant allele dosage effect on either mRNA or protein level could be confirmed, although there was a trend (p = 0.06) for more IL-12 protein to be produced in the presence of the 1159C allele.
- The data suggest interindividual differences in stimulated IL-12 expression levels, and underline the complexity of the IL-12 system.
- In conclusion, both the genetic and the functional data conflict with the original findings, and do not support the IL12B locus as a risk locus for T1DM.

Methods

Subjects
We used DNA from 337 Danish T1DM simplex families,16,17 Their median age of onset was nine years (range 0 to 29). DNA was also used from a group of Scandinavian T1DM sibling pair (multiplex) families, consisting of 153 Danish families (comprising 166 affected sibling pairs (ASP)), 184 Swedish families (comprising 200 ASP), and 77 Norwegian families (89 ASP), as well as from 126 French families (158 ASP) and 255 American families (310 ASP), detailed in Nerup et al and Delepine et al.18,19

Methods
DNA was extracted from leucocytes using standard procedures17 or prepared as PEP-DNA.20

Genotyping
For the Danish families a polymerase chain reaction (PCR) based restriction fragment length polymorphism (RFLP)

Abbreviations: ASP, affected sibling pairs; T1DM, type 1 diabetes mellitus

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assay for the C1159A SNP was established, using the following primers: 5’ TTGGAGAAAAAGTGGAAAGA 3’ and 5’ AACATCCATACTCCTGAGC 3’. We used 12.5 ng genomic DNA for PCR in a total volume of 20 μl on a Hybaid thermal cycler. In addition, the PCR mixture contained 0.75 unit TaqGold polymerase in 1×PCR buffer (Applied Biosystems), 1 μM of each primer, 50 μM dNTP, 2.5 mM MgCl₂, and water. Denaturing, annealing, and extension temperatures of 95°, 60°, and 72°, respectively, for 30 seconds each in a total of 36 cycles were used, followed by a final extension at 72° for 10 minutes. The resulting PCR products were digested with 5 units TaqI-enzyme (New England Biolabs, Manchester-by-the-Sea, Massachusetts, USA) for 16 hours at 65° and analysed by gel electrophoresis in a 2% agarose gel. The PCR product is 323 base pairs (bp), and in the presence of a TaqI site the product is cut into two: 185 and 138 bp. The Swedish, Norwegian, French, and American families were typed by a slightly different restriction fragment length polymorphism (RFLP) assay, using the primers: 5’ GGCATTTCCTCCAGTTCTCG 3’ and 5’ CCATGCGAAGGAGTCTG 3’ PCR products are 243 bp, and after TaqI digest sizes of 173 and 70 bp (allele C) or 243 bp (allele A) were obtained. Taq-polymerase from Bioline (Bioline, Springfield, New Jersey, USA) and an annealing temperature of 65°C were used. All other conditions were as described above.

Genotyping of the microsatellite marker D5S2941 was done by PCR amplification using a fluorescently labelled forward primer: 5’ FAM-TACACCAAGGTGAGTTTCTATC 3’ and the reverse primer: 5’ TGTGCCCCATGATCCCTTCT 3’. Fluorescently labelled fragments were size fractionated on automated DNA sequencing equipment ABI3100 (Applied Biosystems), according to the manufacturer’s instructions, and allele calling was carried out using GeneMapper software (Applied Biosystems).

**Cell stimulation**

Lipopolysaccharide is a known stimulus for IL-12 production, and preincubation with interferon γ (IFNγ) is known to augment IL-12 production even further.

**Panels A and B**

Cells from 37 individuals in total (9±28 individuals) were isolated. Peripheral blood mononuclear cells, 5 x 10⁶/ml, were stimulated with 1 μg lipopolysaccharide/well, and incubated for 6 or 24 hours (37°, 5% CO₂). The media contained RPMI 1640 with glutamax and 10% fetal calf serum (Gibco, Invitrogen, Carlsbad, California, USA). After incubation, cells were harvested, washed in phosphate buffered saline, and pelleted by centrifugation.

**Panel C**

Cells from 21 individuals were isolated and peripheral blood mononuclear cells, 1 x 10⁶/ml were preincubated with 1000 units of recombinant human IFNγ (BD Biosciences, Franklin Lakes, New Jersey, USA) per ml for 16 hours and afterwards stimulated with 1 μg lipopolysaccharide/well and incubated for 30 hours (37°, 5% CO₂). The media and subsequent handling were exactly as outlined above.

**Protein measurements**

Two commercially available enzyme linked immunosorbent assay (ELISA) kits were used (Amersham Pharmacia Biotech, Buckinghamshire, UK) according to the manufacturer’s instructions, one measuring the biologically active human IL-12p70, the other measuring total IL-12(p40+p70). Absorbance was measured at 450 nm (ref 620 nm) using an Immunoreader (Spectra II SLT; Wallac, Turku, Finland). The working ranges of the assays were 15.4 to 600 and 25 to 1000 pg/ml, respectively. Sensitivity was <3 pg/ml and 5 pg/ml, respectively. Supernatants were diluted to fit the working range of the assays. All samples were measured in duplicate and the mean of the two measurements was used for the data analysis.

**Semi-quantitative reverse transcription polymerase chain reactions**

Total RNA was isolated using a TRIzol method, according to the manufacturer’s instructions of the RNAzol method (Gibco, Invitrogen) with minor modifications. cDNA synthesis was undertaken by oligo-dT primed reverse transcription of total RNA as described by the manufacturer (TaqMan Reverse Transcription Reagents, Applied Biosystems). Quantitative PCR measuring IL-12 mRNA, with and without lipopolysaccharide stimulation, was carried out using the following primers: 5’CAGGAGCGCTACTATAAGCTCAGC 3’ and 5’AACATCCATACTCCTGAGGC 3’ located in exon 7 and 3’UTR, respectively, in order to avoid DNA contamination. The housekeeping gene SPI was used as internal standard for quantification, comparing transcript expression, as it was stable under the cell stimulation conditions used. The SPI primers were 5’GTATTGACCAAGACCATTC 3’ and 5’TACCTCAAAGGACAGGATGG 3’. These primers were included in the same PCR mixture. The mixture contained 6 μl cDNA as template and 1×polymerase buffer, 50 μM dNTP, 2.5 mM MgCl₂, 0.5 and 0.2 μM of each primer, 1.2 units TaqGold DNA polymerase (Applied Biosystems), 0.123 Mbeq α³¹P, and TTP in water in a total volume of 30 μl. The following protocol was used: initial denaturing for 12 minutes at 96°, followed by denaturing, annealing, and extension temperatures of 95°, 63°, and 72° each for 30 seconds and repeated in 38 cycles, followed by a 10 minute final extension at 72°. Samples were diluted in Stop-buffer and denatured for three minutes at 95°, before being loaded on a preheated 6% polyacrylamide gel and run for two hours at 65 W in 1×TBE. After drying and exposure of the gel to a storage phosphor screen (Molecular Dynamics, Sunnyvale, CA, USA), the transcription products were scanned and quantified on a Taiphoon 8600 variable mode imager (Molecular Dynamics) using ImageQuant software (Molecular Dynamics) and expressed relative to the internal standard (SPI) co-amplified in each PCR reaction. As the polymorphism is located in the cDNA sequence and involves the recognition site of TaqI enzyme, it is possible to evaluate the allele specific mRNA expression on TaqI digested cDNA.

**Statistics**

Allele transmission patterns from heterozygous parents to all affected offspring were analysed by TDT test, calculating χ² and the corresponding p value. Transmission from heterozygous parents to unaffected offspring was also analysed by χ² statistics. Haplotype TDT was calculated by using Genehunter version 2.1 (UK HGMP Resource Centre). For analysing mRNA quantitative data and protein data, one way analysis of variance (ANOVA) was used for comparison. We accepted two sided p values of <0.05 as significant.

**RESULTS**

**TDT analyses**

The IL-12B C1159A SNP was tested in a Danish family collection of 337 T1DM simplex families, as well as in a collection of 795 Danish, Swedish, Norwegian, French, and American multiplex families. All individuals were genotyped using a PCR based RFLP assay, including TaqI digestion and gel electrophoresis analysis. No deviation from the Hardy–Weinberg equilibrium was observed, either in parents or probands.
No significant linkage to T1DM, in the presence of linkage disequilibrium, could be demonstrated for the 3’UTR IL12B polymorphism. In the Danish simplex families, allele A was transmitted 99 times to diabetic offspring from heterozygous parents \( v \) 77 transmissions of allele C \( (p = 0.10) \). Surprisingly, transmission of the alleles to unaffected offspring from heterozygous parents showed significantly increased transmission of allele A \( (109 \) transmissions \( v \) 65 transmissions of allele C \( (p = 0.0009) \). Comparing the transmission patterns to the affected \( v \) the unaffected, however, showed no significant difference \( (p = 0.23) \). In the collection of European and American multiplex families likewise no distorted allele transmission to affected offspring could be demonstrated \( (373 \) transmissions of allele A \( v \) 413 transmissions of allele C \( (p = 0.15) \). The transmission pattern to unaffected was not distorted in this sample \( (155 \) \( v \) 163 transmissions of allele A \( v \) C \( (p = 0.65) \) \( (\text{table 1}) \).

Analyses were also done under HLA stratification in affected individuals who carry the high risk HLA genotype \( (\text{DR}3/4 \) heterozygotes) and other affected individuals \( (\text{non-DR}3/4 \) heterozygotes). There were no significant differences in HLA subgroups, either in the combined material or in the different nationalities. Data were also stratified according to age at onset, separately in affected individuals with young age at onset \( (\text{six years}) \) or older age at onset \( (\text{six years}) \) or more. Likewise, there was no significant transmission distortion in these two subgroups. T1DM association has been demonstrated for an intronic microsatellite marker D5S2941 \( (\text{located in intron 1 of the IL12B gene}) \).\(^{16}\) The transmission pattern to unaffected was not distorted in this sample \( (155 \) \( v \) 163 transmissions of allele A \( v \) C \( (p = 0.65) \) \( (\text{table 1}) \).

RT-PCR
To evaluate a possible functional significance of the C1159A SNP, CDNA from nine genotyped individuals \( (\text{three of each genotype}) \) was prepared and a quantitative PCR assay was performed. CDNA was prepared from six hours of lipopolysaccharide stimulated and from unstimulated peripheral blood mononuclear cells. The results from unstimulated cells showed no constitutive IL-12 production \( (\text{data not shown}) \). In stimulated cells, no significant difference between the IL-12p40 mRNA levels of the three genotypes or allele carrier effect were demonstrated \( (p = 0.70) \) \( (\text{fig 1}) \). Results are expressed as relative expression levels, compared with an internal standard, the housekeeping gene SP1.

ELISA
To furthermore evaluate a possible functional significance of the polymorphism on the protein level, we determined IL-12 levels in supernatants from mononuclear cell suspensions in relation to genotype, using ELISA assays measuring both IL-12p70 and total IL-12p40. We initially tested ten unstimulated cell supernatants and found no IL-12 production, indicating no constitutive expression of either total IL-12 or IL-12p70 \( (\text{data not shown}) \).

Initially the same nine individuals as above were examined, three with each genotype. Cells were stimulated with lipopolysaccharide for six hours, and total IL-12p40p70 and IL-12p70 were measured in the supernatants. The results suggested no statistically significant allele dependent expression when the amounts of IL-12p40p70 \( (p = 0.28) \) and IL-12p70 \( (p = 0.85) \) were compared among the supernatants from the 1159C/C, the 1159C/A, and 1159A/A genotypes \( (\text{figs 2 and 3, panel A}) \).

However, protein levels were in all cases quite low, suggesting that little protein is produced or secreted during only six hours of lipopolysaccharide stimulation. Therefore

<table>
<thead>
<tr>
<th>Affected offspring</th>
<th>Unaffected offspring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allele A, N (%)</td>
<td>Allele C, N (%)</td>
</tr>
<tr>
<td>Danish simplex families</td>
<td>99 (56)</td>
</tr>
<tr>
<td>Multiplex families</td>
<td></td>
</tr>
<tr>
<td>Danish</td>
<td>63 (52)</td>
</tr>
<tr>
<td>Swedish</td>
<td>77 (50)</td>
</tr>
<tr>
<td>Norwegian</td>
<td>45 (47)</td>
</tr>
<tr>
<td>French</td>
<td>59 (47)</td>
</tr>
<tr>
<td>American</td>
<td>129 (44)</td>
</tr>
<tr>
<td>All multiplex families</td>
<td>373 (47)</td>
</tr>
</tbody>
</table>

Allele transmission patterns from heterozygous parents to affected and unaffected offspring are shown; \( \chi^2 \) statistics were used and the corresponding p values are shown.
we also measured total IL-12(p40+p70) and IL-12p70 levels in 28 supernatants from a sample stimulated with lipopolysaccharide for 24 hours. Stratifying these samples according to genotype revealed the same pattern—a slight trend for more IL-12, in total and p70 alone, produced when the C allele is present, but no statistically significant support for an allele dosage effect (figs 2 and 3, panel B). Total IL-12(p40+p70) levels (mean (SD)) after 24 hours of lipopolysaccharide stimulation were 558 (185) pg/ml for genotype 1159A/A (n = 17), 626 (363) pg/ml for genotype 1159A/C (n = 10), and 1585 (1159) pg/ml for genotype 1159/C/C (n = 1).

Owing to uneven distribution of individuals with the different genotypes in this sample, and in order to increase IL-12B induction, we extended the measurements further. A new sample comprising 21 individuals, seven with each genotype, was chosen. Cells were treated according to an optimised protocol, including preincubation with IFNγ for 16 hours, followed by stimulation with lipopolysaccharide for 30 hours to maximise IL-12 production. Equally, in this sample no statistically significant allele dosage effect was seen, although a trend (p = 0.13 for IL-12p40 and p = 0.06 for IL-12p70) is suggested (figs 4 and 5). Analysis of these data independent of genotype suggested interindividual differences (for panel C, p<0.0001). As seen from the figures, the IL-12p70 levels are much lower than the levels of total IL-12(p40+p70), indicating that IL-12p40 is being produced in large excess compared with IL-12p70.

**DISCUSSION**

In two large samples—a population based Danish simplex family collection (337 families) and a collection of almost 800 European and American T1DM multiplex families—we did not find evidence of linkage in the presence of linkage disequilibrium of the C1159A SNP. No evidence for transmission disequilibrium of the 1159A allele was observed in either of these samples (p = 0.10 and p = 0.15). This is in agreement with four other recent published studies, which were also not able to replicate linkage of this polymorphism to T1DM—an intronic marker in the IL12B gene, which was found associated to T1DM by Davoodi-Semiromi et al. However, in contrast to Davoodi-Semiromi’s findings, no haplotype of the C1159A SNP or alleles of this microsatellite marker were shown linked to T1DM in the present study. We also tested the two microsatellite markers used in the Scandinavian genome scan, flanking the IL12B locus on chromosome 5. For D5S410, allele 9 and allele 7 showed distorted transmission patterns to affected offspring; however, p values did not remain significant after correction for the number of alleles tested, which was also the case for a haplotype comprising allele A of C1159A SNP and allele 4 of D5S2941, showing increased transmission. Haplotypes for all four markers in the region did reveal one combination that was found to be linked to T1DM, but again when correcting for the number of comparisons made, this did not remain significant. Although none of these microsatellite markers is likely to be causal, the findings—including the T1DM association of D5S2941 reported by Davoodi-Semiromi et al., though not in the present study—suggest the existence of genetic variation in this region. Analysis of more markers in the region would be interesting but was outside the scope of the present study.

Importantly, it was originally suggested that the IL12B C1159A SNP has functional significance, as the 1159A allele was associated with increased IL-12 mRNA expression. We attempted to evaluate the possible functional significance of

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### Table 2

<table>
<thead>
<tr>
<th>DSS2941</th>
<th>Allele 1</th>
<th>Allele 2</th>
<th>Allele 3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Transmissions (% T)</td>
<td>Non-transmissions (% non-T)</td>
<td>Transmissions (% T)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Danish simplex</td>
<td>79 (52%)</td>
<td>72 (48%)</td>
<td>71 (47%)</td>
</tr>
<tr>
<td>Danish multiplex</td>
<td>59 (52%)</td>
<td>55 (48%)</td>
<td>55 (48%)</td>
</tr>
<tr>
<td>Combined</td>
<td>138 (52%)</td>
<td>127 (48%)</td>
<td>126 (48%)</td>
</tr>
</tbody>
</table>

All p values were non-significant.

---

### Table 3

<table>
<thead>
<tr>
<th>Haplotypes C1159A and DSS2941</th>
<th>Transmissions (% T)</th>
<th>Non-transmissions (% non-T)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haplotype A-1</td>
<td>120 (54%)</td>
<td>102 (46%)</td>
<td>0.23</td>
</tr>
<tr>
<td>Haplotype A-2</td>
<td>16 (55%)</td>
<td>13 (45%)</td>
<td>0.58</td>
</tr>
<tr>
<td>Haplotype C-1</td>
<td>1 (33%)</td>
<td>2 (67%)</td>
<td>0.56</td>
</tr>
<tr>
<td>Haplotype C-2</td>
<td>89 (45%)</td>
<td>111 (55%)</td>
<td>0.12</td>
</tr>
<tr>
<td>Haplotype C-3</td>
<td>2 (100%)</td>
<td>0 (0%)</td>
<td>0.16</td>
</tr>
</tbody>
</table>

Transmission of haplotypes of C1159A and DSS2941.
Corresponding p values are shown.
the polymorphism on both mRNA and protein levels. The mRNA level was evaluated by means of semiquantitative PCR of cDNA from lipopolysaccharide-stimulated and unstimulated human peripheral blood mononuclear cells. The protein level was examined by ELISA, measuring the levels of the biologically active IL-12p70 and total IL-12(p70+p40). We could not confirm a possible functional significance or show a significant allele dosage effect on either mRNA or protein level.

In addition to forming heterodimers with p35, the p40 subunit may also form homodimers. These p40 homodimers can compete with the p35-p40 heterodimers and thereby modulate IL-12 function. IL-12p40 can bind to the IL-12 receptor, but does not trigger biological activity. On the contrary, it is even believed to specifically inhibit IL-12 mediated responses. The p40 subunit is produced in large excess over IL-12p70, and has been proposed to be a natural IL-12 antagonist. In addition, the IL-12p40 homodimer has been shown in NOD mice to suppress diabetes development.

Our non-significant functional results on this polymorphism are in agreement with the findings of Dahlman et al., whereas the trend we report for a possible allele carrier effect of the C allele is the same as reported by Seegers et al., but opposite to that originally described by Morahan et al.

Overall, the studies of the effect of this polymorphism on IL-12B expression are not conclusive.

In relation to functional significance, the design of our studies differs in important aspects from previously published reports. Two of those studies used only unstimulated cell lines. Interestingly, in human peripheral blood mononuclear cells we could not detect any unstimulated IL-12B expression on either mRNA or protein level. The third functional study used RNA extracted from peripheral blood lymphocytes after lipopolysaccharide stimulation from three heterozygous individuals for their expression studies. Their study suggested that the expression of the 1159A allele was <50% higher than that of the 1159C allele. We undertook a similar analysis on three heterozygous individuals without demonstrating preferential transcription of any of the alleles.

The fact that the functional protein is assembled by two subunits means that only looking at transmission patterns of the one subunit variant might not be the best approach and should be followed by functional studies. We found that the amount of p40 homodimer is much greater than the amount of IL-12p70. This might indicate that the amount of the...
antagonist—the p40 homodimer, apparently produced in much greater proportion than the IL-12p70—could be very important in determining the action of IL-12. This indicates that the correlation between IL-12B mRNA and protein levels is not simple and that extrapolation from mRNA expression level to function of IL-12 molecules will certainly prove difficult.

To evaluate expression at the protein level as well we have used several stimulation protocols and a large number of individuals. They all produced consistent observations of no significant correlation between genotype and IL-12 production, although a trend for higher expression of the 1159C allele in healthy controls was seen, conflicting with the findings of Morahan et al. However, the data suggest interindividual differences in lipopolysaccharide and IFNγ stimulated IL-12 expression levels.

Conclusions

We could not confirm T1DM association of the tested IL12B polymorphism in large multiallelic cohorts. Support for disease association through functional studies—both on mRNA and protein levels—was not achieved either.

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