Extensive form of aplasia cutis congenita: a new syndrome?

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Abstract

Aplasia cutis congenita is a heterogeneous group of conditions usually involving the scalp as well as any other part of the body and is associated with a number of other congenital anomalies. We report on a newborn male with almost complete absence of skin and subcutaneous tissue in association with choanal atresia, syndactyly, imperforate anus, pulmonary hypoplasia, and other anomalies. To our knowledge, this condition, not only in the extent of the lesion but the associated anomalies, has not been reported previously.

(J Med Genet 1998;35:609-611)

Keywords: aplasia cutis congenita; choanal atresia; syndactyly

Aplasia cutis congenita (ACC) is the congenital absence of skin, which may occur anywhere on the body, most commonly over the cranial vertex. More than 500 cases have been reported since Cordon described the first case in 1767. At present, because the histological appearance varies, diagnosis rests on the presence of eroded, absent, or scarred areas of skin at birth. There appears to be a clear genetic influence in many cases, and it is unlikely that all the lesions would be caused by the same mechanism. Here, a newborn is reported who had almost entire absence of skin, choanal atresia, syndactyly, imperforate anus, pulmonary hypoplasia, and other anomalies, which have not been described before. Several classifications of this heterogeneous disorder have been proposed, but this case does not fit any of them.

Case report

The male baby was born at 38 weeks’ gestation with a birth weight of 1480 g (<3rd centile), a length of 42 cm (<3rd centile), a head circumference of 33 cm (25th-50th centile), and a chest circumference of 24 cm (<3rd centile). His Apgar scores at one and five minutes were 2 and 1 and he died 15 minutes after birth despite cardiopulmonary resuscitation. He was the third child of a 35 year old woman who had no history of exposure to any drugs, radiation, or infectious diseases during her pregnancy. The parents were non-consanguineous and had no family history of congenital malformations or other illnesses. Raised levels of maternal serum and amniotic fluid alphafetoprotein were observed at 19 weeks’ gestation (32 MOM and 35 MOM, normal 0.5 to 2.4 MOM, respectively). However, fetal ultrasonogram showed no definite abnormalities and chromosome study showed a 46,XY normal male karyotype.

Immediately after birth, almost entire absence of skin and subcutaneous tissue was noticed apart from small areas on the buttocks and right thigh. The relatively large cranium was covered with thin, transparent, membranous tissue and multiple small pieces of skull bones, vessels, and even brain were seen through it. He presented with choanal atresia, micrognathia, a short, broad based tongue, and two prenasal teeth, but no ear lobes, ear openings, eyelids, or nasal alae (figs 1, 2, and 3). Blood vessels, muscle fibres, and ribs were seen in his trunk and abdomen. The umbilical cord contained two umbilical arteries and two umbilical veins. Syndactyly I-II-III-IV-V was present with stubby toes and dysplastic nails on both feet (fig 3).

The fingers had no nails. The ribs, long bones, and vertebrae showed normal contours on radiographs (fig 4). At necropsy (fig 5), the thoracic cavity showed narrowing with hypoplastic lungs, a thin diaphragm, and hepatomegaly. The trachea was narrow, measuring 3 mm in diameter. The right kidney (3.2 g) was hypoplastic and was smaller than the left kidney (7.2 g); both testes were located in the
pelvic cavity. The other organs, including the heart and brain, showed no definite abnormalities.

On microscopic examination, the external surface of the body showed diffuse complete absence of all layers of the skin; it was covered only by thin fibrous tissue with loss of subcutaneous tissue (fig 6, below). The localised area with skin covering showed flattened, stratified squamous epithelium and dermis, in which there was no evidence of skin appendages (fig 6, above). The diaphragm was composed mainly of connective tissue with a small amount of skeletal muscle fibres and mononuclear cell infiltrates.

Discussion
In general, ACC is defined as congenital localised absence of skin. Lesions vary in size from pinhead to an extensive symmetrical truncal lesion and may be single or multiple. In the majority of cases of ACC, the lesion involves...
only the epidermis, dermis, and connective tissue; however, in approximately 20% of reported cases there is an underlying bone defect associated with the scalp lesion.1 The ACC in this case was so extensive that only tiny areas of skin were left on the buttocks and right thigh and even these showed abnormal skin findings.

This extreme form of aplasia cutis congenita can be distinguished from restrictive dermopathy, Wiedemann-Rautenstrauch syndrome, Hallerman-Streiff syndrome, Pallister-Hall syndrome, and Johanssen-Blizzard syndrome. Restrictive dermopathy shows clinical resemblance to this patient, but includes normal long bones. Furthermore, except for small areas on the buttocks and right thigh, the entire skin area was covered with thin, fibrous tissue with no dermis or epidermis. There was no hyperkeratosis which is a consistent finding in restrictive dermopathy.8 Wiedemann-Rautenstrauch syndrome shows similarities to the present patient in the general absence of subcutaneous fat and paradoxical fat accumulation in the flanks, buttocks, and anogenital area, but absence of the dermis and epidermis is not usually seen. Besides, brain pathology did not show sudanophilic leucodystrophy,7 which is a consistent neuropathological finding. Johanssen-Blizzard syndrome,10 which shows some of the features of our patient, such as aplasia cutis, imperforate anus, hypoplastic nasal alae, deafness, and pancreatic insufficiency, could be excluded by normal pathology of the pancreas in our patient. Hallerman-Streiff syndrome11 and Pallister-Hall syndrome are easily distinguished from the patient on the basis of typical skin, normal eyes, normal clavicles and ribs, normal brain pathology, and normal pituitary gland.

There have been many hypotheses about the pathogenesis of this disease, including the amniogenic theory,13 vascular theory,14 teratogenic action of medications,15 infectious agents,16 17 genetic factors,18 and so on. However, it is conceivable that one single factor cannot explain the cause of the disease. Several classifications of this heterogeneous disorder have been proposed.3 5 Recently, Evers et al classified the disease as chromosomal, monogenic, teratological/exogenous, and unknown. Since there was no history of maternal infections or drug intake during pregnancy or family history of similar conditions, monogenic and teratological/exogenous causes for this case can be excluded. The normal karyotype of this patient also excluded the possibilities of trisomy 13 and 18, monosomy 4, and tetrasomy 12p. Type 5 ACC on Frieden’s classification1 could be considered, but it is unlikely because of the absence of the expected fetus papyraceus or macromscopic evidence of placental abnormalities. Nevertheless, this case had multiple internal organ anomalies which make it difficult to fit into any classification. Therefore, we suggest that this is a new condition of ACC associated with multiple anomalies not described or classified before. For the better classification of ACC, exact pathogenic mechanisms need to be described in the future.
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*J Med Genet* 1998 35: 609-611
doi: 10.1136/jmg.35.7.609

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