Comparison of the myotonic dystrophy associated CTG repeat in European and Japanese populations

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Abstract
Gene amplification using polymerase chain reaction (PCR) was carried out on DNA samples from a total of 92 normal subjects and 52 subjects with myotonic dystrophy (DM) from European and Japanese populations, to determine the copy number of the CTG repeat associated with DM for each group. In the two populations, the number of repeats on normal chromosomes only were compared, as CTG copy number on DM chromosomes was difficult to determine by PCR alone. In this study, normal chromosomes were found which had as many as 35 copies of the repeat, which is larger than the normal range reported previously but still does not overlap with the repeat number associated with DM pathology, which is at least 50 copies. Using data from normal chromosomes from unrelated subjects, the frequencies of five, 11, and 13 copies of the CTG repeat were found to be significantly different between the two populations, with five and 11 copies more commonly seen in the European population and 13 copies in the Japanese population. This difference may be the result of natural divergence of the normal chromosomes between the population groups.

(J Med Genet 1992;29:766-9)

Myotonic dystrophy (DM) is the most common form of adult muscular dystrophy, with an average incidence of 1 in 8000 in the European population and a lower incidence of 1 in 20 000 in Japan. DM is characterised by myotonia with muscle wasting and a wide range of accompanying symptoms including cataracts, intellectual impairment, and conduction defects in the heart. The age of onset and severity of the disease show extreme variation both between and within families.

The genetic defect underlying DM was unknown until recently, when it was reported that a fragment of DNA is vastly expanded in DM patients. This expansion is the result of an increased number of a trinucleotide CTG repeat at the 3' end of a gene encoding a member of the protein kinase family.

The repeat copy number has been found to be highly variable in the normal population, with a reported size range between 5 and 30 copies. DM patients are found to have one allele in the normal size range and a larger DM specific allele; mildly affected or presymptomatic subjects have at least 50 copies of the repeat and severely affected patients have alleles containing up to several thousand copies of CTG. The extent of the expansion of the CTG repeat correlates well with age of onset and increased severity of symptoms within families: the larger the number of CTGs, the more severe the effects of the disease, but at least 50 copies are necessary to produce detectable clinical symptoms. The number of repeated sequences can change in succeeding generations, and an increase in repeat number indicates why children born to minimally affected parents can show more severe symptoms. This explains the phenomenon of genetic anticipation seen in myotonic dystrophy families.

Polymerase chain reaction (PCR) using synthetic oligonucleotides flanking the CTG repeat allows DNA amplification of the region containing the repeat. The copy number of the repeat is very variable, and has been shown to decrease as well as increase. It is important for greater accuracy in diagnosis to establish the normal range of alleles. This study directly compares the number of copies of CTG on non-DM chromosomes in European and Japanese populations.

Methods
DNA was prepared from peripheral blood or immortalised lymphoblastoid cell lines. A total of 144 unrelated subjects was studied, 37 normal and 32 DM subjects from Japan and 55 normal and 20 DM subjects from Europe including British, German, Belgian, Swedish, and Finnish families. The largest subgroup in the European population originated from Finland with 16 normal and 11 DM subjects. Statistical values were calculated using the $X^2$ test in $2 \times 2$ tables with Yates's correction. The
Results

Heterozygote frequencies in the normal population studied were 73% (European) and 81% (Japanese). The CTG repeat is very informative and has a PIC value of 0.83 based on the frequency of 19 alleles seen in this study. The CTG repeat alleles showed mendelian inheritance through families, and in 146 meioses studied no new mutations were seen on normal chromosomes but the mutation rate on the DM chromosomes was 100%.

The frequencies of the CTG repeat of normal alleles from the European and Japanese populations are shown in fig 1. The distribution of alleles is indicated, with a peak repeat number of five, and then a second peak between 11 and 14. Very few repeats were found between five and 11; only a single example of an eight copy allele (European) and four of 10 copies (three European and one Japanese) were found.

The modal number of copies is five in the European population but 13 in the Japanese. The results of comparing the most common alleles from unrelated subjects from the European and Japanese populations, using the $\chi^2$ test in $2 \times 2$ tables with Yates’s correction, are shown in the table. Linkage disequilibrium between the CTG repeat size and flanking markers on normal chromosomes was looked for: the sample size for the European population was too small to determine if disequilibrium was present, but preliminary data from the Japanese population indicate that disequilibrium exists between 12 and 13 copies of CTG and the probe p37.1. No disequilibrium was found with D19S563.

In looking at the normal range of CTG copies (including the non-DM chromosome from affected subjects) four different persons were seen with more than 30 copies of CTG, 32 and 35 copies on two Japanese chromosomes and 33 and 35 on two European chromosomes (fig 2). In pedigree c in fig 2A, a 35 copy allele is inherited in a mendelian fashion by an affected child (lane 7) on the non-DM chromosome as a normal allele from the unaffected parent (lane 9). In pedigree b in fig 2A, the reverse occurs where 33 copies of CTG are inherited as a normal allele by an unaffected child from the affected parent. These results give a normal range of five to 35 copies for the CTG repeat in these populations.

The DM allele is generally not amplified under the conditions used and the smallest allele sizes for detectable clinical symptoms were only seen in three cases. Under the PCR conditions used, two alleles were seen in three mildly affected subjects and in each case the second (DM) allele was visualised as a faint diffuse band (<400 base pairs in size), which corresponded to repeat copy numbers of approximately 65, 78, and 86 (data not shown).

The polymorphic content of the CTG repeat was calculated using $\text{PIC} = 1 - \frac{\sum \left( \text{No of European chromosomes} \times \text{No of Japanese chromosomes} \right)}{\text{Total copies}}$, where Pi is the frequency of allele i. 13

PCR was carried out using 20 ng of DNA, 50 pmol of each primer 101 and 102, 200 µmol/l of each of dATP, dTTP, dCTP, and dGTP (Pharmacia), 1 unit of Tth polymerase enzyme (Hybaid) in a final volume of 25 µl overlaid with two drops of mineral oil (Sigma). Radiolabel was added to the PCR samples in two ways: (1) end labelling of primer 101 using [γ-32P]ATP (Amersham); 50 pmol of primer 101 was incubated at room temperature for 30 minutes with 2 units of T4 polynucleotide kinase in a 20 µl reaction containing 2 µl of 10 × kinase buffer (final concentration 50 mmol/l Tris-HCl pH 7.5, 10 mmol/l magnesium chloride, 5 mmol/l dithiothreitol, 0.1 mmol/l spermidine), and 1 µl [γ-32P]ATP. 0.5 pmol of radiolabelled primer 101 was added to each PCR sample. (2) Direct incorporation of [γ-32P]dCTP (Amersham) by addition of 20 to 30 nCi [γ-32P]dCTP to each PCR sample.

PCR running conditions were as follows: initial denaturation at 94°C for five minutes, then 35 cycles of 94°C for 1.5 minutes, 62°C for one minute, and 72°C for two minutes. Five microlitres of the PCR product was first checked on a 2% agarose gel (containing equal amounts of NuSieve and regular agarose), run for one hour in 1 × TBE buffer. Then 3 µl of the PCR product was denatured with 2 µl formamide dye (USB Sequenase version 2.0 sequencing kit, Cambridge Bioscience) and run on a 6% denaturing polyacrylamide gel. The polyacrylamide gel was dried and exposed to Hyperfilm-MP (Amersham) for one to two days.
Discussion

DM is caused by a mutation that increases the size of a genomic fragment by the amplification of a trinucleotide CTG repeat. This is similar to the trinucleotide repeat amplifications which cause mental retardation associated with fragile X (CGG) and X linked spinal and bulbar muscular atrophy (CAG). In this study we directly compared the number of copies of CTG on normal chromosomes for the European and Japanese populations by PCR. The results shown in fig 2 indicate a normal range of five to 35 copies for the CTG repeat in these populations, which suggests that the normal range of alleles is greater than previously reported but still does not overlap with the > 50 copies associated with DM pathology. In comparison, fragile X, which also shows anticipation and is associated with a trinucleotide repeat, has a normal range of between six and 54 copies of a CGG repeat and a premutation stage with 52 to over 200 copies of CGG. The alternative explanation, that these subjects with > 30 copies of the CTG repeat could possess a premutation, indicating predisposition to DM, is unlikely, as the 33 and 35 copy alleles were found on normal chromosomes in both normal and DM subjects. Further study of normal subjects is needed to determine the normal range of the CTG repeat length and whether, like fragile X, the DM trinucleotide repeat could have a premutation stage.

The frequencies of the normal alleles containing 5, 11, and 13 copies of CTG show a significant difference between these two populations (table 1), with a greater frequency of alleles 5 and 11 on European chromosomes and allele 13 on Japanese chromosomes. The mutation originally detected by cDNA-25 as an expanded fragment has also been found in the Japanese population, confirming that the DM locus is not genetically heterogeneous. The cDNA-25 probe detects an EcoRI polymorphism with allele sizes of 9-8 kb and 8-6 kb, with no significant difference in the frequencies of the alleles between Japanese and European populations. Linkage disequilibrium data for the cDNA-25 EcoRI polymorphism and other polymorphic markers in the area with DM indicate that the DM mutation may have arisen as a common ancestral event. This seems to be borne out by the report of Ashizawa and Epstein that the mutation responsible for DM occurred before the migration of North Eurasian groups from Africa to Europe and Japan. Edwards et al state that higher mutation rates are associated with a greater number of core repeats and this correlates well with the high mutation rate (100%) seen for > 50 copies of CTG on DM chromosomes. The low mutation rate for five to 35 copies of CTG on normal chromosomes could account, by natural divergence and genetic drift, for the differences in the frequency of CTG copy number seen between the Japanese and European population groups.

The DM mutation represents the third example of a disease caused by the amplification of a trinucleotide sequence within a gene, suggesting a common genetic mechanism which may be found to be the cause of many more genetic disorders. Since very few alleles are found between five and 11 copies of the CTG, the initial amplification event has been suggested to be a doubling or tripling of the
number of repeats with subsequent slippage, but data on the mechanism of sequence amplification during meiosis or mitosis are not yet available for trinucleotide sequences, such as those involved in DM.

PCR on DNA from most cases of DM patients gives only one band. This is because in severely affected patients the unstable fragment has increased by anything up to 5 kb, and the PCR reaction undergoes allele specific amplification where short stretches of DNA are amplified more efficiently in comparison with longer fragments. Most affected subjects therefore only show the PCR product from the unaffected chromosome. This could be a problem in using PCR alone for diagnostic purposes, as it is difficult to distinguish affected from normal subjects homozygous for a particular CTG copy number. The range of amplification sizes owing to mitotic instability of the DM chromosome will also make it more difficult to visualise any product that is made. This somatic heterogeneity has been seen as a diffuse range of fragments by Southern blotting of digested lymphoblastoid DNA and by PCR, where it becomes difficult to estimate the exact CTG copy number on the affected DM chromosome. Recent work on sequencing SBMA mutations and the detection of the full mutation for fragile X could now be applied to DM to overcome these problems.

In conclusion, the range of normal alleles has been extended from that previously reported, which aids in delineating the range of normal compared to DM alleles. Population differences have been found in the frequency of normal alleles in European and Japanese population groups. This can be explained by population divergence of the normal alleles, as the same mutation for DM has been found in both groups. At the moment PCR alone has a limited use as an informative diagnostic test and for the most accurate prediction Southern blots with BamHI and BglII digests should be used for the initial screening (P Shelbourne, in preparation).

Research at Charing Cross is supported by the MDG through grant number RA3/2571, the MDA/Piton Foundation through a grant under its Task Force in Genetics and the University of London Central Research Fund. JB was on a SERC studentship. Research in Japan is supported by grant in aid for scientific research in priority areas from the Ministry of Education, Science, and Culture and grants from the Ministry of Health and Welfare, Japan. We would like to thank Clare Jones and Tracey van Tongeren for reading this manuscript, Terry Bull for photographic assistance, and Dr Ken MacCrae for statistical advice.

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doi: 10.1136/jmg.29.11.766

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